

WHAT'S NEW IN PLETT 4 DECEMBER 2025



# What's New in PLETT

aka Est 1983

## WHAT'S THE BUZZ IN BITOU

Keeping you in touch  
with our  
WHOLE community!

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084 775 3973**

Email: [printshop@mweb.co.za](mailto:printshop@mweb.co.za)  
Website: [www.helloplett.co.za](http://www.helloplett.co.za)



# WISE GUYS

SINCE 1998

**WISE GUYS PLETT  
PROUD STOCKISTS OF  
NAVADA**



**THE SQUARE ON MAIN  
BELOW SHOPRITE  
PLETTENBERG BAY  
064 671 6547**



"THE HOLIDAY SEASON  
IS A PERFECT TIME  
TO REFLECT ON OUR BLESSINGS  
AND SEEK OUT WAYS TO  
MAKE LIFE BETTER  
FOR THOSE AROUND US."

-TERRI MARSHALL

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Your donations to our **CHARITY SHOP**  
help us provide holistic palliative care to patients  
who are facing life-limiting illness.

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WHAT'S NEW IN PLETT - 4 DECEMBER 2025



We meet every Monday

17h30 - 19h15

We accommodate:

Cubs (7-10yrs)

Scouts (11-18yrs)

Contact: 081 724 5366

[plettenbergbay@scouts.org.za](mailto:plettenbergbay@scouts.org.za)

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[www.arlenespools.com](http://www.arlenespools.com)

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[cecile@ccrecruitment.co.za](mailto:cecile@ccrecruitment.co.za)



### EMERGENCY NO'S

CRIME PREVENTION ASS. 082 251 8134  
POLICE: 10111 / 044 501 1900/1907/1908  
- DURING LOADSHEDDING: 079 894 1644  
DOCTORS: 044 5332415 / 044 5330186 /  
044 5330933 / 0445330400  
AMBULANCE - Govt. 10177  
Baycare Private 072 054 9110 / 044 533 6444  
ER 24 hrs - 083 320 1199  
Town Clinic 044 501 3700  
MEDI CLINIC Plett 044 501 5100  
FIRE/RESCUE EMERGENCY - 044 533 5000,  
24 hrs / Office hrs 044 501 3230  
SEA RESCUE - 044 533 2744 / 082 990 5975  
ANIMAL WELFARE - PAWS - 083 287 9917  
VETS - 044 533 3100 / 044 533 0124 /  
044 533 9019  
DENTISTS - 044 533 2318 / 533 2734 / 533 3446 /  
533 0961 / 533 6363 / 533 0911  
PHYSIOTHERAPISTS  
044 533 6999 / 044 533 6966 / 044 533 3123  
CHEMIST - 082 852 4696 / 044 5014620  
/ 044 5331370 / 044 5332278  
FAMSA 044 533 0515 / 079 640 6883  
LOCKSMITHS - 044 533 3013 / 083 701 3434  
/ 084 326 1806  
MUNICIPALITY - 044 501 3000  
MUNICIPAL HELPLINE 0861-248-686  
SECURITY GUARDS-081 325 7385  
/ 044 533 1691  
VEHICLE BREAKDOWN - 044 5359303 /  
083 269 8958 / 0445333259 / 0825682479  
OPTOMETRISTS 044 533 2191 / 044 533 5195  
CANSACARE - 044 533 1813  
CHIROPRACTOR - 044 533 4113 / 533 0230  
HOMOEOPATHS - 082 788 1550 / 082 728 7161  
MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119  
SNAKES ALIVE - REPTILE RESCUE.  
074 120 9416 / 044 534 8056  
WOUND CARE 079 891 4325  
PARKINSONS SUPPORT 083 2591763  
PLETT MARINE ANIMAL STRANDING  
NETWORK HOTLINE - 079 463 4837

### RICARDO'S GLASS PLETT 072 739 0534

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Jaco.grobler@me.com

PSYCHOLOGIST, DR JANE LUCK,  
Plett/Crags, 083 256 0841.

IF YOU SEE a lost or injured animal, or  
suspect abuse, call PAWS on 083 287 9917

## Christmas at Shabby Tufu

with Mel Botes on guitar

### STARTERS

#### Shrimp & Avo Surprise

Juicy shrimp nestled against creamy avocado - a refreshing opening

#### Gold Calamari Rings

Lightly deep fried to a crisp perfection, served with garlic aioli - dances between crunch and tenderness.

### MAIN COURSES

#### Flavoured Lamb Shank

Slow-braised until meltingly tender, bathed in a rich red wine and herb sauce.

#### Smoked Colden Glazed Gammon

Tender deboned gammon, slow-smoked and furnished with a rich golden glaze.  
The perfect festive meal.

### DESSERTS

#### Malva Pudding

A South African classic - warm, sticky sponge soaked in caramelised syrup.  
Served with custard. Comfort in its most indulgent form.

#### Apple Crumble

Tart apples baked beneath a golden buttery crust, paired with cream or custard

#### Ice Cream with Chocolate Sauce

A playful finale - cool scoops of ice cream draped in glossy chocolate sauce.

Adults - R495. Kids over 12 - R295 includes live show  
Bookings: 044 532 7814 082 375 3245

## Plett Shark Spotters

It's that time of year again when we start keeping our eyes peeled for the arrival of white sharks in Plettenberg Bay! In 2024, our first sighting was in May, with activity peaking around September. Robberg remains a truly special place, one of the few spots where you can witness these apex predators cruising just metres from shore, right alongside the mountain. Recently, four white sharks were tagged along the east coast and eight in Mossel Bay. Shark Spotters are now operating daily from 07:00 to 18:00 at five beaches: Lookout Beach, The Wedge, Central Beach, Robberg 1, and The Wreck. Lifeguards will raise the white shark flag if a shark has been seen within the past hour.

P.B.C.P.A - 082 251 8134

N.S.R.I - 082 990 5975

Police - 044 501 1900

Public Safety - 044 533 5000

Medlife Ambulance 044 533 6444

ER24 Ambulance 084 124

Fire & Rescue 044 501 3230

**DIAMOND EXPERT** - I will buy your diamonds or provide professional advice and valuations if you want to keep them.  
083 266 2500

**THE PRINT SHOP** for Posters, labels, copies, binding, laminating, scanning and all sorts of other printing too  
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**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

## INCREDIBLE COUNSELLING COURSE PRESENTED TO PEOPLE WHO HAVE TIME TO LEARN TO BECOME A FAMSA VOLUNTEER COUNSELLOR

For those ready to dedicate their time and commitment to supporting others through life's challenges, a transformative counselling course is now being offered by FAMSA. This program provides volunteers with essential skills and knowledge in various counselling techniques, preparing them to make a meaningful difference in their community.

FOR MORE INFORMATION  
OR TO APPLY,  
CONTACT FAMSA

Email: trainingknysna@famsa.org.za



FAMSA





- Class for boys and girls of all ages.
- Toddlers - adults
- Competitive or non competitive
- Artistic & rhythmic gymnastics as well as acro / contemporary dance.
- Fitness class coming soon.

**Chelsi: 083 955 6945**

St. Christopher Parish Hall, Church St

**CERTIFIED DIAMONDS** sold at Goldex, Knysna Mall, opposite Foschini. Good selection at wholesale prices. Contact Glen 082 7888 700 or 044 - 382 0417.

### We print BUSINESS CARDS

Small or large quantities @ Great prices, good quality. Single, 2, 3 or Full Colour at The Print Shop 20 High Street, Plett Tel & WhatsApp 084 775 3973 Your local printers.

### SNAKES ALIVE - REPTILE RESCUE

Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416/534 8056

### DRUG PROBLEM?

Narcotics Anonymous Helpline 086 1006 962 [www.na.org.za](http://www.na.org.za)

*Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela Child Welfare Plett 044 533 2257*

**IF YOU SEE** a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

**ZUMBA FITNESS**, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

### LAX WITH TAX?

Take part in being tax smart! Contact Sean M. Com (Tax), CA (SA) for professional advice 044 533 0598

### DRUG PROBLEM?

Narcotics Anonymous Helpline 086 1006 962 [www.na.org.za](http://www.na.org.za)

**JACQUI BOTHA PHYSIOTHERAPY**  
082 656 2979



**AMELIA'S**  
at The Plettenberg

## FLAVOURS OF THE OCEAN BEAUTY OF THE BAY



[www.theplettenberghotel.com](http://www.theplettenberghotel.com) | 044 533 2030

**GET IN SHAPE**, Lose weight, have fun.  
**ZUMBA FITNESS**, Merle 0815805520

WHAT'S NEW IN PLETT - 4 DECEMBER 2025  
[WWW.HELLOPLETT.CO.ZA](http://WWW.HELLOPLETT.CO.ZA)

**paWS Memorial Wall**  
In remembrance of your beloved Dog or Cat

Plaque in the heart of Plettenberg Bay	Plaque in the heart of the Plettenberg Bay	Plaque in the heart of the Plettenberg Bay
R100 per plaque	R100 per plaque	R100 per plaque

For more info contact:  
Marianne Wardle  
082 414 8425 / [mawg1942@gmail.com](mailto:mawg1942@gmail.com)

Contact Marianne 082 414-8425,  
[Mwag1942@gmail.com](mailto:Mwag1942@gmail.com) to arrange for a memorial plaque for your pet.  
Only R100 donation to PAWS gives you a plaque with your preferred wording.

## Plett Fireplaces

Wood stoves  
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**RESIDENTS AND VISITORS:** Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

**GET FIT GET HEALTHY**  
Have fun! **Zumba Fitness**  
Call Merle 081 580 5520

**PARKINSONS SUPPORT GROUP**  
Maurice Hartshorne. Tel: 083 2591763

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**REACH FOR RECOVERY - Breast Cancer Support Group.** Phone June 044-533 3062

Unplanned Pregnancy **HOPE CENTRE** can help. 078 177 5119

**PELLS / MYBURGH PHYSIOTHERAPY**  
044 533 6966

**YELLOW FEVER VACCINATION** ph 082 557 5255 Eden Travel

**PLEASE KEEP OUR BEACHES AND STREETS CLEAN** when taking your pet for a walk. Poo Bags are available from all the Veterinary Clinics and pet supply shops. PAWS poo bags may be purchased at R20.00 for a roll of 30 biodegradable bags. Please Support Paws and keep our Town clean. Thank you

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[WWW.HELLOPLETT.CO.ZA](http://WWW.HELLOPLETT.CO.ZA)

**PLETT BALLROOM ETC**  
**Latin, Ballroom & Linedance**

**LATIN & BALLROOM**  
Wednesday 18h15 - 19h15  
R680pp monthly . R180pp

**LINEDANCE**  
Tuesday 09h00 - 10h00  
Thursday 09h00 - 10h00 + 18h00 - 19h00  
R450pp monthly / R120pp drop in

WhatsApp Alex 081 831 6647



**Is your child water safe?**

**WHAT WE OFFER:**

- Aquatots (6 months - 3 years)
- Learn to swim (3 years - adults)
- Stroke development

- 1 x 30 min lesson per week R800p/m
- 2 x 30 min lesson per week R1440p/m
- R300 once-off registration fee

**Contact Us**

- 071 065 0794
- [www.aquaticzone.co.za](http://www.aquaticzone.co.za)
- Airport road, Plettenberg Bay

**BEST OF JOBURG**  
READER'S CHOICE  
AWARDS 2025

**AFFORDABLE DIAMONDS** available at Goldex, in the centre of Knysna Mall. Good selection to choose from. Contact Glen 082 7888 700 or Natasha 044 - 382 0417.

**WE CAN BIND YOUR DOCUMENTS @**  
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**ARON IS LOOKING FOR A JOB** as a gardener 3yrs experience available Mondays to Saturdays call 071 7161 694

**CARPET & UPHOLSTERY** cleaning, protection and more... Call Chem Dry KPS  
[plett@chemdry.co.za](mailto:plett@chemdry.co.za) or 082 563 1741

**ALANON MEETINGS.**  
Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 13h00 at The House of Steps. Call 083 256 0841.

**RUG AND TAG CLEANER** we clean houses, carpets, upholstery, lose mats, car interior, windows, mattresses and more contact Eslina @ 073 830 5550 / 084 970 2019

**Please Help!!!**  
**KEEP PLETT CLEAN**  
Account Name: Keep Plett Clean NPC  
Bank: Nedbank  
Account Number: 128 679 3319  
Branch Code: 198765  
SWIFT Code (for international payments): NEDSZAJJ  
[info@keepplettclean.co.za](mailto:info@keepplettclean.co.za)

**INTERCEDING PRAYER NETWORK/ VOORBIDDING GEBEDSNETWERK**  
Enquiries/Navrae: Cell 0834792037 Pastor Sam Fortuin

**PHOTOCOPIES —THE PRINT SHOP**  
20 High Street, Plett  
Tel & WhatsApp 084 775 3973

**HOME FOR HOPE SOUP KITCHEN**  
The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

**ALCOHOLICS ANONYMOUS.**  
Call 078 045 6988





The 176 000 hectare Greater Addo Elephant National Park is the third largest National Park in Southern Africa.

The variety of wildlife found in the Park is astounding, with 417 species of birds, 95 kinds of mammals, including the Big 5 and of course the 600 elephants that roam there, it is an absolute treat for nature lovers.

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All drinks and snacks | Blankets

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www.addogamedrives.co.za

A reminder to our community.

**FAMSA** assists with all forms of emotional and relationship challenges,

e.g. depression, abuse, grief, trauma, parenting and divorce counselling.

We would love to assist and make a difference. Call 044 533 0515 for info.

*In memory of our precious  
Charmaine Wild,*

*please help Hospice  
/ Plett Aid Foundation  
to continue doing the amazing  
job they do for our  
Plett Community.*

*Plett Hospice Banking Details  
FNB, Plett branch, 210514  
Acc no: 62048095063  
Acc name:  
The PlettAid Foundation.*

## PRINGLE @ NORSEMAN MENSWEAR OF SCOTLAND - Demar Centre, Main Str, Knysna ph 044 382 1984

**Moon Shine on Whiskey Creek - The Craggs.** We are offering super special discounts for off-peak stays. From 15% to 25% Direct bookings only  
www.whiskeycreek.co.za  
WhatsApp 072 200 6656

**FAMSA** provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief. Please call 044 533 0515.

**IF YOU SEE** a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917



PLETT EVANGELICAL  
FELLOWSHIP

Every Sunday 9am

Anton: 082 878 4193

Andrew: 082 462 0432

www.plettevangelical.co.za

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### DRUG PROBLEM?

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Helpline 086 1006 962 www.na.org.za

### COMPUTER SUPPORT

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VOIP - Voice over IP.  
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VPN - Virtual Private Networks.  
Hardware & Software Solutions.  
Enterprise Email.  
Call Jaco at Perfect Systems  
082 676 2390

### WALK IN HEELS FOR CHANGE!

Join Bitou Youth Pioneers on Saturday 6th December at 11am - 1pm. Starting at the Taxi Rank and walking along Main Road. Don't look away - it is always your responsibility.

**CASH** for your unwanted GOLD AND DIAMOND jewellery. Expert advice and discretion. No deal too big or small. 083 266 2500

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Have fun! **Zumba Fitness**  
Call Merle 081 580 5520

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### WE PRINT INVOICE BOOKS

@ The Print Shop,  
20 High Street, Plettenberg Bay.  
Tel & WhatsApp 084 775 3973  
printshop@mweb.co.za  
We'd love to be of service to you!

### ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on 1300 to 1230 (Mondays) at The House of Steps. Call 083 256 0841

### PLEASE NOTE: Disclaimer:

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WWW.HELOPLETT.CO.ZA

## THRIVING or SURVIVING?

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Back to back installation included

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GR/AC offer 3 years guarantee on all their Aircon units provided units are serviced once a year.

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**neels@gardenrouteaircon.co.za**

**www.chigo.co.za**

**PLETT, KNYSNA & SEDGEFIELD**

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20 High Street, Plett

Tel & WhatsApp 084 775 3973



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**FUNKY AND  
FABULOUS!**

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**3 CRESCENT STREET,  
BELOW ZANZIBAR, PLETT**



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Mondays to Saturdays call 071 7161 694

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**ZUMBA FITNESS**, Merle 0815805520

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**www.helloplett.co.za**



*Put their paws in experienced hands*

**Dr Pete Dahlmann**

**Tel 044 533 3100**

**A/H 082 956 2111**

**marinewayvet@gmail.com**

**Corner Marine Drive & Muller Street  
Plettenberg Bay**



*Wishing the  
following people a very  
happy birthday this  
coming week*

**4 December**

Luisa Schneider ; Matthew Wild

**5 December** - Tamlyn Hagerman

**8 December** - Tash Pells

**9 December** - Michelle Greyling

## INTERCEDING PRAYER NETWORK/ VOORBIDDING GEBEDSNETWERK

Enquiries/Navrae: Cell 0834792037 Pastor  
Sam Fortuin

**CARPET & UPHOLSTERY** cleaning,  
protection and more... Call Chem Dry KPS  
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## SUSPECT DOG FIGHTING ?

Phone Manager Public Safety/Law  
Enforcement all hours. You can stay  
anonymous. Tel. 044 533 5000

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## PARKINSONS SUPPORT GROUP

Maurice Hartshorne. Tel: 083 259 1763

## PLEASE KEEP OUR BEACHES AND

**STREETS CLEAN** when taking your pet for  
a walk. Poo Bags are available from all the  
Veterinary Clinics and pet supply shops.  
PAWS poo bags may be purchased at  
R20.00 for a roll of 30 biodegradable  
bags. Please Support Paws and keep our  
Town clean. Thank you



## PROPERTIES OF THE WEEK

# Seeff

Success with every move.

**DISCOVER ANDILOMI FOREST LODGE – R 8 995 000**, Set in the heart of Storms River, Andeloni Forest Lodge is an established business offering twelve rooms immersed in pristine Tsitsikamma nature. While guests aren't out enjoying the world-renowned adventure and ecotourism, they can unwind in forest gardens, enjoy the English pub, dine in the restaurant, relax by the pool, or gather in the French-style courtyard. Don't miss this rare opportunity to combine lifestyle and livelihood in the Garden Route's most gorgeous destination.

Web ref: RLS984486 | 12 bedrooms | 12 bathrooms | 2 garages. **Dirk Green 082 814 4508 | Elize Green 072 119 3710**

**OWN A THRIVING RESTAURANT, PRIVATE RESIDENCE AND AWARD-WINNING VINEYARD - R 19 000 000**, This 6.3-hectare property presents a spectacular opportunity to own a beloved and thriving restaurant set within 3 hectares of boutique vineyard. Peacefully secluded from the public side of the property, a modern farm-style residence with four bedrooms and three bathrooms enjoys gorgeous countryside views and with only 500m<sup>2</sup> of the property's designated 10,000m<sup>2</sup> of commercial space currently in use, there's ample room for expansion. Web ref: RLS976853 | 4 bedrooms | 3 bathrooms | 2 garages. **Helene Gartner 081 053 1911**

**BRAKKLOOF - SUITED FOR FUTURE DEVELOPMENT – R 17 000 000**, This property off Robberg Road is one of the last available pieces of land suitable for future development as it falls within the Strategic Development Area of Plettenberg Bay. It has a Northern aspect with a moderate North/Westerly slope. Web ref: RLS979459 | Size: 19 ha. **Hennie Smit 083 269 8432**

**BEAUTIFUL SUNNY SEA AND MOUNTAIN VIEWS – R 14 950 000**, This brand-new contemporary home in coveted Whale Rock Hill Estate, with north-facing sea and mountain views that astound at every glance, complemented by the home's tranquil greenbelt backdrop. Sleek modern design and spacious interiors boast seamless indoor-outdoor flow, and a sparkling pool completes a picture-perfect setting of luxury coastal living. Web ref: RLS979442 | 5 Bedrooms | 5½ bathrooms | 2 garages. **Paul Lewry 082 857 8835**

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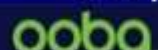
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## Men's Probus

What is it?  
The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community. The objectives of Probus include:  
To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. So don't delay, join now!  
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2. Your Position
3. Position of casualty.
4. Nature of casualty.

*Give as much information as possible & stay in position and keep your telephone line open.*

If problems with above cell number try the below:

Deon Truter 082 569 5542  
 Marc Rodger 082 780 6427  
 Steff Le Roux 082 440 0932  
 Rob Gibson 083 277 0992

### Letter via The Editor

The VMCM- Voluntary Medical male circumcision program is a program that works hand in hand with the department of health. We have these programs once a month and we have professionals that do the circumc.

Additional information is also provided on the day or at your nearest health facilities and you can also get it from the mobilisers. We cut from the age of 10 yrs and older. It is utmost important to remove the foreskin to prevent getting any infections of any kind and it's a very safe way to do it. For any information or a booking, please so contact me on Facebook/ Whatsapp ( 0735135119).

Kind regards  
Frendell Shaun Terblanche

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

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**IF YOU SEE** a horse, mule or donkey in need of help please phone 072 370 2830

A reminder to our community. **FAMSA** assists with all forms of emotional and relationship challenges, e.g. depression, abuse, grief, trauma, parenting and divorce counselling. We would love to assist and make a difference. Call **044 533 0515** for info.

**IF YOU SEE** a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

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The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

**Woohee Elana Jacobs**  
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**PSYCHOLOGIST, DR JANE LUCK**, Plett/Craggs, 083 256 0841.



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Transforming Lives: FAMSA Knysna/Plettenberg Bay/Sedgefield Offers Life-Changing Counselling Course for Volunteer Counsellors

For those with the passion to help others and the time to learn, a remarkable opportunity awaits. FAMSA (Families South Africa) Knysna/Plettenberg Bay/Sedgefield, a trusted name in strengthening families and communities, is offering a comprehensive counselling course that equips volunteers with the skills to support individuals through life's most challenging moments. The course, which is both transformative and practical, is open to individuals who are ready to dedicate their time and heart to making a difference. Designed with both theory and hands-on experience, this training prepares participants to become FAMSA volunteer counsellors — capable of providing emotional support, guidance, and practical tools to those in need.

"We believe that anyone with empathy, commitment, and time can become a powerful force for healing," said Karin, Director of FAMSA Knysna. "This course doesn't just teach counselling techniques — it shapes compassionate listeners who can help others rebuild their lives."

Participants learn about trauma support,

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relationship counselling, communication skills, crisis intervention, and more. The program includes supervised practical sessions, group work, and regular feedback, ensuring volunteers are confident and competent by the time they begin their service.

Graduates of the course not only gain invaluable skills but also join a community of dedicated volunteers who are changing lives every day. Whether you're looking to give back, explore a new path, or grow personally, this course is a stepping stone to meaningful impact.

One of our volunteer counsellors says: We give our clients this safe place (counselling room), we peel back the layers to their gold centre and we are witness to their struggles ... past and in recent years. It is a privilege to walk a little way with our clients ... we walk them to a place of healing. ♥

The next intake is open, and FAMSA is encouraging all interested individuals to apply early as spaces are limited. If you have the time to learn and the heart to help, this may be your moment to make a real difference.

For more information or to apply, contact FAMSA at [trainingknysna@famsa.org.za](mailto:trainingknysna@famsa.org.za) or

visit our website: <https://famsaknysna-plett.org.za/>.

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## Strandloper Project

Marine Wildlife Strandings in the Garden Route.

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization.

### WHAT TO DO IF YOU FIND A TURTLE.

1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization. 5) Get a location pin

### WHAT TO DO IF YOU FIND A LIVE SEAL.

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers.

### WHAT TO DO IF YOU FIND A PENGUIN

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

### WHAT TO DO IF YOU FIND A DOLPHIN

1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs

and crowds.

### Plett area

Plett Stranding Hotline - +27 79 463 4837

### Nature's Valley

Nature's Valley Trust- 044 531 6820

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**PILIRANI** Malawian is looking for a job as a cleaner with exp call 078 0132 744

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