

WHAT'S NEW IN PLETT 24 AUGUST 2023

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WHAT'S NEW IN PLETT - 24 AUGUST 2023



We meet every Monday

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- DURING LOADSHEDDING: 079 894 1644
DOCTORS: 044 5332415 / 044 5330186 / 044 5330933 / 0445330400
AMBULANCE - Govt. 10177
Baycare Private 072 054 9110 / 044 533 6444
ER 24 hrs - 083 320 1199
Town Clinic 044 501 3700
MEDI CLINIC Plett 044 501 5100
FIRE/RESCUE EMERGENCY - 044 533 5000, 24 hrs / Office hrs 044 501 3230
SEA RESCUE - 044 533 2744 / 082 990 5975
ANIMAL WELFARE - PAWS - 083 287 9917
VETS - 044 533 3100 / 044 533 0124 / 044 533 9019
DENTISTS - 044 533 2318 / 533 2734 / 533 3446 / 533 0961 / 533 6363 / 533 0911
PHYSIOTHERAPISTS
044 533 6999 / 044 533 6966 / 044 533 3123
CHEMIST - 082 852 4696 / 044 5014620 / 044 5331370 / 044 5332278
FAMSA 044 533 0515 / 079 640 6883
LOCKSMITHS - 044 533 3013 / 083 701 3434 / 084 326 1806
MUNICIPALITY - 044 501 3000
MUNICIPAL HELPLINE 0861-248-686
SECURITY GUARDS-081 325 7385 / 044 533 1691
VEHICLE BREAKDOWN - 044 5359303 / 083 269 8958 / 0445333259 / 0825682479
OPTOMETRISTS 044 533 2191 / 044 533 5195
CANA CARE - 044 533 1813
CHIROPRACTOR - 044 533 4113 / 533 0230
HOMOEOPATHS - 082 788 1550 / 082 728 7161
MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119
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WHAT'S ON

**PREVENT FRAUD, AND
DON'T BE A VICTIM OF
SCAMS.**

**PEOPLE MUST BE AWARE
AND BE VIGILANT.**

- Don't give out personal information on the phone, through the mail or over the internet unless you have initiated the contact or know whom you are dealing with.
- Verify if the representative posing on behalf of the company does indeed work at the company
- Criminals sometimes use the names of banks and their officials to give credibility to their "referrals" or support other aspects of their "to good-to-be-true" business proposals
- The offer may even be backed with impressive-looking documentation and letterheads, which may even be genuine, that have been stolen or reproduced.
- Once you are hooked, you will be asked to deposit money to help the transaction take place.
- If you make a deposit, you will never see the money again.
- Under no circumstances should you attempt to reply, either by email, phone or post.
- We urge you not to become another statistic in these scams.



PLEASE NOTE: Disclaimer:

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ALCOHOLICS ANONYMOUS.

Call 078 045 6988

YELLOW FEVER VACCINATION ph 082 557 5255 Eden Travel

ZUMBA FITNESS

Classes daily, Monday to Friday
Mornings and evenings
Call Merle 0815805520

BUYING OR SELLING KRUGERRANDS?

See Glen at Goldex, Knysna Mall – West End (near Spar) Tel 082 7888 700 or 044 – 382 0417

ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 13h00 at The House of Steps. Call 083 256 0841.

PARKINSONS SUPPORT GROUP

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PINEDENE STORAGE Safe, secure, easy access on tar road near Airport. Store anything from Household goods to boats and cars. Dave & Jacky Martin Phone/Fax 044 533 9119 Cell 082 849 5011

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

IF YOU SEE a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

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WHAT'S NEW IN PLETT - 24 AUGUST 2023
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NOTICE OF THE PLETT TOURISM ANNUAL GENERAL MEETING 2023

MEMBERS and ASSOCIATE MEMBERS OF PLETT TOURISM AND INTERESTED PARTIES ARE INVITED TO ATTEND THE AGM ON **30 AUGUST, 11h00 - 13h00** AT THE BEACON ISLE RESORT CONFERENCE ROOM

As we enter a post-pandemic world of travel, the hospitality industry still faces unprecedented challenges to set the direction going forward. Strategies have changed and new partnerships and relationships have been developed. In the light of the fact that the existing Plett Tourism Association Board has been in place for the 3 years constitutional period, this is a voting year for the 5 hospitality sector seats, details of which will accompany this notice. Tier 1 and Tier 2 Paid Members will be asked to cast votes, share ideas and concerns and appoint a proxy should they be unable to attend.

AGENDA

1. Welcome (Bruce Richardson)
2. Attendance Register and Proxies
3. Apologies
4. Quorum
5. Confirmation of Previous Minutes / Video
6. Matters Arising
7. Presentation and adoption of Plett Tourism's Annual Report (Patty Butterworth)
8. Presentation and approval of Annual Accounts (Patty Butterworth)
9. Memorandum of Understanding (MOU) with the Bitou Municipality details
10. Any Other Business (Bruce Richardson)
11. Date of Next Meeting

Please **RSVP** to the Plett Tourism office on 044 533 4065 or email thandi@pletttourism.com

plett
it's a feeling!

Strengths and Career Workshop

Kids ages 10 - 18

Date: Kids workshop - contact us for the next date.

Parent feedback workshop TBC

For too long parents, teachers and society focused on identifying and fixing kids' weaknesses to improve academic performance. But what if every child can find success in life if we start focusing on their strengths? Be bold and take the first step. Dare to be you! **DISCOVER, DEVELOP, USE and LIVE your STRENGTHS!**

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dare to be you

Cost: R900 per student
Includes psychometric strengths assessment, Kids Strengths workshop and parent feedback.



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Tested research to train the body to use fat rather than carbohydrates
Feel better, live better, optimal health.

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Contact: Sandra. 084 411 0755

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Parking

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27 August 2023

Protected from Rain / Smooth

• Ramps • Food • Skate

Time: 1 - 4pm. All welcome



INTERCEDING PRAYER NETWORK/ VOORBIDDING GEBEDSNETWERK

Enquiries/Navrae: Cell 0834792037 Pastor Sam Fortuin

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A reminder to our community.
FAMSA assists with all forms of emotional and relationship challenges, e.g. depression, abuse, grief, trauma, parenting and divorce counselling. We would love to assist and make a difference. **Call 044 533 0515 for info.**

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Police - 044 501 1900

Public Safety - 044 533 5000

Medlife Ambulance 044 533 6444

ER24 Ambulance 084 124

Fire & Rescue 044 501 3230

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Veterinary Clinics and pet supply shops.
PAWS poo bags may be purchased at
R20.00 for a roll of 30 biodegradable
bags. Please Support Paws and keep our
Town clean. Thank you

**Well done to Cliff Barnard for winning
PGA Golf Club Professional Award for
Southern and Eastern Cape in the Region
awards! We are all so Proud of you and
Plett is lucky to have a Coach like you!**

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Or visit our show room Shop 13 in Sun Centre, Main Street, Plettenberg Bay. (Below ABSA)

DID YOU JUST TEST POSITIVE FOR COVID-19?

You may be eligible to participate in a research study



Tsitsikamma Clinical Research Initiative is seeking volunteers to participate in a research study of an investigational medicine being evaluated to see if it reduces hospitalization and death in patients with COVID-19 at high risk for disease progression.

Are you eligible?

- Tested positive for COVID-19 within the last 5 days
- Symptoms started within the last 5 days
- **Must** meet one of the following:

80 years or older	Or	65 years or older with at least one of the following:	Or	18 years or older with at least one of the following:
		<ul style="list-style-type: none">• Obesity• Heart disease (including hypertension)• Lung disease		<ul style="list-style-type: none">• Down syndrome• Sickle cell disease• Dementia• Have a weakened immune system condition• Receiving a treatment that lowers the activity of the body's immune system• Parkinson's disease• Care home resident

Study participation will include:

- Up to 8 study visits within a 60-day period
- Study procedures include several blood tests, nasal swabs, physical examination, and vital signs (blood pressure, heart rate, respiratory rate, and body temperature)
- Study medication or placebo, two pills twice a day for 5 days, in addition to standard COVID-19 treatment prescribed by study doctor

To learn more, contact a member of the study team:

Bianca Vollgraaff, Study Coordinator

Email: bianca.vollgraaff@tcri.org.za

Phone: +27711652792

The research was approved by a Health Research Ethics Committee and the South African Health Products Regulatory Authority (SAHPRA).



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Hello Plett Business Directory

**Your directory of businesses,
services, restaurants &
entertainment venues in our area.**

AVAILABLE ONLINE
Make sure your business is listed
A Print Shop Publication

20 High Street - 044 533 2530
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Letter via The Editor

The VMHC- Voluntary Medical male circumcision program is a program that works hand in hand with the department of health. We have these programs once a month and we have professionals that do the circum.



Additional information is also provided on the day or at your nearest health facilities and you can also get it from the mobilisers. We cut from the age of 10 yrs and older. It is utmost important to remove the foreskin to prevent getting any infections of any kind and it's a very safe way to do it. For any information or a booking, please so contact me on Facebook/ Whatsapp (0735135119).

Kind regards
Frendell Shaun Terblanche

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REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

Unplanned Pregnancy **HOPE CENTRE** can help. 078 177 5119

CLINICAL PSYCHOLOGIST

Dr Ilza Botha
Cell: 076 116 1132

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Contact Sean M. Com (Tax), CA (SA)
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Fun classes for all children
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Competitive classes available for all
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For any further info
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PAWS Heroes

We are blessed that most of our dogs and cats that are up for adoption rarely spend extended periods at our kennels and find their forever homes quite quickly. We are truly grateful to all the kind people who have opened their homes and hearts to our animals, especially if the new arrivals have taken time to settle in. While we spend time socialising our kennel residents, some adapt more quickly to their new environment while others have had unhappy experiences and need far more patience. Thank you to all the people who have given them a new start in life by showing love and endless understanding. Thank you one and all for being our heroes.



GET FIT GET HEALTHY
Have fun! Zumba Fitness
Call Merle 081 580 5520

PARKINSONS SUPPORT GROUP
Maurice Hartshorne. Tel: 083 2591763

IF YOU SEE a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

ADVANCED FOOT CARE Sr Gillian
Corns Callouses, Ingrown Nails etc
072 672 4162

2600m² PLOT AVAILABLE for commercial rental / lease in Kranshoek industrial area. Available from 1st Aug 2023. contact for more info Heather: 072 9381 226 / 044 533 2638 or Liwona: 082 931 3373

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All deals very discreet
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also supply solar aircons and air purifiers
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PLETT, KNYSNA & SEDGEFIELD

TEMPORARY LAND USE DEPARTURE FOR THE PLETT RAGE AND PLETT SEASON: PORTION 71 OF THE FARM GANSE VALLEI NR. 444, BITOU MUNICIPALITY

Applicant: Planning Space:
Lundi@planningspace.co.za

Owner: Bitou Municipality

In Addition to the subject notice published In What's New on 17 August 2023.
The Temporary land use departure is proposed for a period of 5 years from
2023-2027.

The land use will be operated in summer seasons only
(i.e. November – December).

The closing day and requirements for written comments will remain unchanged as
per the requirements of the notice published on 17 August 2023.

The closing day for comments will be **16 September 2023.**

RESIDENTS AND VISITORS: Please do
not put out your garbage bags until the
morning of collection. There are baboons in
the area, as well as seagulls which tear
open the bags

*Safety and security don't just happen, they
are the result of collective consensus and
public investment. We owe our children, the
most vulnerable citizens of our society, a life
free of violence and fear – Nelson Mandela
Child Welfare Plett 044 533 2257*

JILL SKOWNO PSYCHOLOGIST (Plett)
landline discontinued. Please use cell or
whatsapp 083 268 5402.

REACH FOR RECOVERY - Breast Cancer
Support Group. Phone June 044-533 3062

CASH IN YOUR UNWANTED GOLD
jewelry, silverware, diamonds and top end
watches at Goldex, Knysna Mall – West End
(near Spar). Tel. Glen 082 7888 700 or 044
– 382 0417.

ALANON MEETINGS.
Is your home unhappy because someone
drinks/drugs too much? Al anon offers help,
free of charge, to the families and friends of
problem drinkers/users. Meetings are held
on Mondays at 13h00 at The House of
Steps. Call 083 256 0841.

IF YOU SEE a horse, mule or donkey in
need of help please phone 072 370 2830

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VOIP - Voice over IP.
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SNAKES ALIVE - REPTILE RESCUE.

Snakes play a very important role in our
eco-system. Don't kill them, call us. We
capture and re-release them back into wild
protected areas. 074 120 9416/534 8056

PSYCHOLOGIST, DR JANE LUCK,
Plett/Crags, 083 256 0841.

24 HOUR CRISIS LINE -Drug Addiction,
Alcoholism, Depression, Relationships
& Obsessions. Call 044-532 7547.
Discretion is assured.



CHARMAINE'S HOUSE OF HAIR

CHARMAINE 072 657 0156
3 CRESCENT STREET, BELOW ZANZIBAR, PLETT



NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel
number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open.

If problems with above cell number try the below:

Deon Truter 082 569 5542

Marc Rodger 082 780 6427

Steff Le Roux 082 440 0932

Rob Gibson 083 277 0992



25 August

Freddy Jansen ; Mandy Martin Swartz
Akhanya Quma

26 August

Darren van der Westhuizen;
Zelda Majavie

27 August - Connor Wild

28 August

Max Muruchio ; Jane Pitchford
Chantel Yates ; Veda Zipp ; Victoria Scher
Fritz Steyn

30 August

Sean Chemaly; Jodie Jaimes
Yolandi De Hoog

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WE SPECIALIZE IN TRANSFERS, SHUTTLES AND CAR RENTALS.

Neels 082 604 5943

Obituary

David Alban Witherington



Our dear David Alban Witherington, age 68, passed away after a long battle with cancer on Thursday August 17, 2023, at his home in Plettenberg Bay. He was the only son of Alban and Teresa Witherington. He was born and grew up in Bedfordview and earned a degree in law from the University of the Witwatersrand. David began his career running a large engineering firm in Johannesburg, followed by farming macadamia nuts in the Eastern Transvaal and later establishing and operating a very successful timber mill in Harkerville.

David did not have any children of his own but enjoyed mentoring and spending time with his nephews and nieces who have treasured memories of their "Uncle Davie".

David lived life to the fullest through simple pleasures like cooking for and entertaining his friends and family and creating a beautiful tropical garden and orchard on his farm. He was a history buff with a vast knowledge of World War I and II and kept abreast of current world affairs and politics.

He is survived by his wife Sharlene; her daughter Ashleigh Fourie (Andre) and their children Aidan and Ainsley, living in Johannesburg; his sisters, Carol Pardini living in Glasgow, Scotland and Diane Mason (Richard) living in Chicago, USA; his

nephews Wayne Southcott living in Glasgow, Scotland, Andrew (Abra) and Eliot Mason living in Chicago, USA, Anthony Pardini living in Los Angeles, USA; and his nieces, Lara Southcott of Plettenberg Bay and Claire Zahlten (Nikolas) living in Atlanta, USA.

David's family and friends are relieved that he is no longer suffering and will forever cherish the beautiful memories of David during happier times.

FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief.
Please call 044 533 0515.

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info@robbergvet.co.za

56 Longships Drive, Plettenberg Bay



The 176 000 hectare Greater Addo Elephant National Park is the third largest National Park in Southern Africa.

The variety of wildlife found in the Park is astounding, with 417 species of birds, 95 kinds of mammals, including the Big 5 and of course the 600 elephants that roam there, it is an absolute treat for nature lovers.

FULL DAY, MORNING GAME DRIVES & AFTERNOON GAME DRIVES AVAILABLE

drive and narration will be done by our very knowledgeable guides.

INCLUDED IN GAME DRIVE
An experienced Guide |
All drinks and snacks | Blankets

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*As for me and my house,
We will serve the Lord. Joshua 24:15*

Anton: 082 878 4193 / Graeme 083 628 1648

A word fitly spoken is like APPLES OF GOLD in a setting of silver-Proverbs 25v11

As we continue our studies in the Book of Ephesians on practical Christian living, we come to chapter 5 verse 8-14, where we are told to 'Live a life of light'. What does this mean?

Darkness is the absence of light and Paul reminds us in these verses that immediately we commence a relationship with Jesus Christ, we move out of spiritual darkness into light because God's light shines into our hearts. An atheist once asked an eminent Christian why Christians are scared of the dark. He immediately responded by asking why atheists are scared of the light. He is quite right - because so many people refuse to become Christians because they are scared that they will lose control of their lives. They don't believe Jesus when He said that He wants to give us life to the full including contentment, joy, peace and above all meaning to life. But light cannot be seen if it is hidden and sadly when Christians live compromised lives, the light that Jesus wants to display through us becomes dim and ineffective. Verse 14 likens that person to one who is dead and lifeless, unable to reflect God's goodness, righteousness and truth (v9) because they are pre-occupied with the here and now. How many of our friends and acquaintances are wallowing in darkness because our light is hidden? Is the light of the Lord shining out of your life? If not, confess your sins and pray that He will put a desire in your heart to be a vessel that His light will shine through. In verse 10 we are commanded to find out what pleases the Lord - how do we do that? Scripture is full of numerous verses which answer this question and some are **faith** (Hebrews 11v6), **prayer** (Psalms 15v8), **to do good** and **share with others** (Hebrews 13v16) and **obedience to parents** (Colossians 3v20). In verse 11, we are warned to avoid



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fruitless works of darkness and instead to be fearless in exposing them as fraud. In conclusion, let us not be chameleons that change colour so we can blend in with the surroundings, but rather be beautiful sun-birds whose colours reflect the sun's light. Next week we will discuss what it means to live a life of wisdom.
God Bless, Graeme Greenwood

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Web ref: RLS921485 | 7 bedrooms | 7½ bathrooms | 6 parkings

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Dirk Green 082 814 4508 | Elize Green 072 119 3710

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Web ref: RLS934746 | 3 bedrooms | 3 bathrooms | 1 garages

Connie Peet 083 353 5971 | Carol Zoutendyk 083 300 1121

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