

# WHAT'S NEW IN PLETT 14 JANUARY 2021

# HelenMelon

### PROPERTIES

SEASIDE LONGSHIPS. This immaculate home is unique in terms of proximity to Robberg beach and accommodation provided. 12 bedrooms (9 en-suite); 11 bathrooms; Shower room; 2 x open plan living/dining/kitchen; Pool lounge; Laundry; Covered entertainment area with built in braai; 2 swimming pools; Covered breezeway; 3 decks: Conversation pit; Parking for 6 cars. Price includes furniture. R13 850 000.00. Web-Ref: 4433862

OLD PLETT. Gracious home with sweeping views that simply take your breath away. Entrance Hall; Living & dining room; Kitchen; 3 bedrooms (2 en-suite); 3 bathrooms; Study; Television room; Living room; Covered & open patios; Double garage with single tandem & workshop; Carport; Flat. R12 000 000.00. Web-Ref: 4433890

SEASIDE LONGSHIPS. Simply fabulous, highly appointed, modern, north facing home minutes' walk from sanctuary beach on double stand. 4 en-suite bedrooms: 4.5 bathrooms: Open plan living/dining/kitchen: Scullery/laundry: TV lounge: Study: Linen cupboard: Storeroom: Covered patio: 3 garages: Borehole, fully automated irrigation system. R7 200 000.00. Web-Ref: 4385195

**UPPER CENTRAL**. Looking for a change in lifestyle. This family home filled with charm and character is a child's haven. Living Room; Dining Room; Kitchen; Scullery/Laundry; TV Room; 5 bedrooms (2 en-suite); 4 bathrooms; Office; Storeroom; Cellar; Double garage; Covered veranda; Pool. **R5 950 000.00. Web-Ref: 4413054** 

BRACKENRIDGE. Looking to downscale and live in one of Plett's premier estates? Call now to view this prized gem. Entrance hall; Open plan living/dining/kitchen; Scullery/Laundry; 3 bedrooms (all en-suite); 3.5 bathrooms; Study; Linen cupboard; Open & covered patios; Double garage; Enclosed yard; Rim flow pool; Large storeroom. R4 650 000.00. Web-Ref: 4303678

BRACKENRIDGE. Single storey bright and airy modern home. 3 Bedrooms (m.e.s); 3 Bathrooms; Study; Open plan living/dining/kitchen; Scullery/Laundry; Double garage; Covered patio with built-in braai. R4 300 000.00. Web-Ref: 3787523

**SEASIDE LONGSHIPS.** Light, sunny north facing family home in walking distance of the beach with income producing flat. Entrance Hall; Open plan living/dining/kitchen; Scullery; Laundry; 5 Bedrooms (4 en-suite); 5 Bathrooms; Study; Double garage; Fire pit; Covered patio. **R 3 950 000.00. Web-Ref: 4428970** 

PRICED TO SELL. Warm, north facing family home with work from home or income producing opportunity. 3 bedrooms (m.e.s); 2 bathrooms; Open plan living/dining/kitchen; Scullery/laundry; Tandem garage; Linen cupboard; Covered patio; Flatlet. R2 200 000.00. Web-Ref: 4495285

WHALE ROCK VILLAGE. Private, well presented ground floor apartment. 2 Bedrooms (both en-suite); 2.5 Bathrooms; Study; Open plan living/dining/kitchen; Laundry; Covered patio; Single carport; Enclosed yard. R2 100 000.00. Web-Ref: 4096232

**CASTLETON.** Immaculate, modernised front row unit with mesmerising views. 3 Bedrooms (2 en-suite); 3.5 Bathrooms; Study/4<sup>th</sup> bedroom; Open plan living/dining; Kitchen; 3 Patios; Single covered carport. R1 850 000.00. Web-Ref: 4433879

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proverb



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24 hrs / Office hrs 044 501 3230 SEA RESCUE - 044 533 2744 / 082 990 5975 ANIMAL WELFARE - PAWS - 083 287 9917 VETS - 044 533 3100 / 044 533 0124 /

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Thursday, 14 January 2021, 11:00-17:00

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A Moment of JOY By Rose Scott The Blessing of Routine

Perhaps my memory has faded the trauma of previous challenges, I have been through some tough times, like all of us, but had the good fortune to have a family to help me through. In terms of levels of trauma, I think that 2020 has been the worst in my personal experience to date. Something that has been an enormous blessing has been the strict routines that I was taught as a child. In times of overwhelming trauma and stress we can become frozen and stop performing the daily

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rituals that life is comprised of. This compounds feeling powerless and overwhelmed. There were many days when I woke up, made my bed, had my quiet time, exercised, and dressed on autopilot, waking the children, preparing meals, attending to client needs - having the habitual structure to my days was incredibly beneficial. As a feen I naturally rebelled against the routine my parents encouraged us to develop, but I am deeply grateful for the structure and "backbone" this created in life. Without this I doubt I would be here to share my insights with you. With businesses and schools closed and other restrictions in place you may not be able to do all that you used to, but if you are still feeling very much alone and lost at sea understand that a regular routine is like finding the ground under your feet again. Even if another wave comes you have rested in routine for some time and caught your breath. Routine helps us know what to expect and when - and this is the true blessing in a

AL ANON. Is your home unhappy because someone drinks/drugs too much? Al anon is for the families and friends of problem drinkers/users. Meetings on Thursdays 12:30 pm till 14h00 at The House of Steps. Call: 083 256 0841.'

global situation where we are all feeling

rather lost and shell shocked.

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Thursday, 14 January 2021, 11:00-17:00

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Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela Child Welfare Plettenberg Bay Tel 044 533 2257

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missed.

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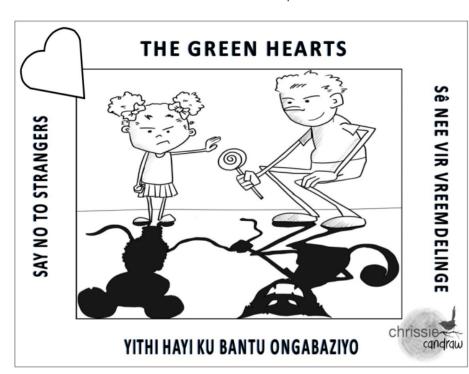
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#### MORNING GAME DRIVE

Collection from Guest House in Summer-Strand P.E between 06h00 - 06h30

Duration of Game Drive 07h00 - 12h00 We enter the Park through the Addo Colchester Gate, Camp Matyholweni. The first few hours are good to see antelope, zebra and some of the cats. Between 09h00 and 09h30 we serve a delicious continental breakfast in the picnic area. Usually one has good sightings of elephants and buffalo after 10h00 nearer the waterholes. We return to the Gate around 12h00 and then back to the Guest House. Refreshments are available throughout the drive.

#### AFTERNOON GAME DRIVE

Collection from Guest House in Summer-Strand P.E between 13h00 - 13h30

Duration of Game Drive 14h00 - 18h00 We enter the Park through the Addo Colchester Gate, Camp Matyholweni. The early afternoon is good for elephant and buffalo sightings, near the water holes, as well as some antelope and zebra. We stop mid-afternoon at a disembarkment point or picnic area for teas, coffee, refreshments, scones and snacks. The latter part of the afternoon is usually good for antelope and the illusive rhino. The Park has thick bush and offers an abundance of birds, tortoise, dung beetles and other creatures.

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#### Child welfare South Africa- Plettenberg Bay would like to locate the following person:

The biological mother or family member of the children born out of a relationship between a man unknown and Ms. Susan Christolene Ruiters, who was last seen in April 2019.

If you have any information regarding the whereabouts of the above-mentioned persons, please contact:

Ms.S. Ndlebe

Reg. Social workers at: Child Welfare SA- Plettenberg Bay on 0445332257/0445330661

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Plett Community.
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FNB, Plett branch, 210514
Acc no: 62048095063
Acc name:
The PlettAid Foundation.

# Plettenberg Bay Gymnastics Club



Fun classes for all children from 3yrs old and older.

Competitive classes available for all children in Primary & High School.

Keep fit, improve strength, flexibility & learn amazing new skills and tricks!

Bring your child for a FREE lesson any time in November.

Email:
plettgymnasticsclub@gmail.com
For any further info
and to book a spot.

#### BROCHURES, PRICE LISTS, STATEMENTS, COMPLIMENT SLIPS, BUSINES CARDS, LABELS,

... You name it... We do it!
Great prices, good quality.
at The Print Shop - 20 High Street, Plett
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Zuurberg Mountain Village, Addo Private Cottages, Family Suites Hiking Trails/Game Drives zuurberg@addo.co.za



- \* Curtains & Blinds
- Lounge Suites
- \* Upholstery
- \* Furniture

Stockists of Carrol Boyes

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# MAKE SAFER WARD CHOICES

We're all eager to get back to our pre-COVID-19 lives.

Managing the risks can help us get there faster.



Think about the size of a venue. If you cannot maintain a safe, 1.5m distance, then consider going somewhere else.



**Think about the smart choice.** Having drinks with friends to celebrate? Keep it responsible.



Think about the next person. Always wear your mask in public and when you are finished eating.



**Avoid crowds and confined spaces.** Remember that masks, a safe distance and good ventilation will lower the risk of the spread of COVID-19.



**Fresher is better!** Ask to be seated outside if you're eating out.





IF YOU SEE a horse, mule or donkey in need of help please phone 072 370 2830 (Plett)

**DELICIOUS OILY SPOILS** With doTERRA essential oils available at Mels Shoppe

BAY GAS Gas Installation Service & Repairs Ph. Frankie 074 133 9302

I am looking for job as a gardener call Genesis 073 9583 694

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# THRIVING or SURVIVING?

LIFE COACHING

ANTONY GARDY

INTEGRAL PROFESSIONAL COACH

www.antonygardycoaching.com





**INCREDIBLE VALUE** 

TEST + FRAME + LENSES Cash Package Deal



R595

Bifocals from... R1095 Multifocals from... R1795

Please 044 533 4291 Now for an appointment.

Marine Building, Main Street, Plettenberg Bay Next to Plett Optical...

\*For all T&C's enquire at Budget Optix
Budget Optix A division of Plett Optical Inc. Reg No 2003/010223/2'

BROCHURES, PRICE LISTS, STATEMENTS, COMPLIMENT SLIPS, BUSINES CARDS, LABELS,

... You name it... We do it!
Great prices, good quality.
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Your local printers.



Iqos Heated Devices

# NOW AVAILABLE

**Trading Hours:** 

Mon - Fri 7:30 - 19h00 Sat 08:00 - 17h00 Sun 09h00 - 14h00

044 533 0625

#### **ELECTRICAL REPAIRS/MAINTENANCE**

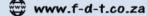
Registered electrical contractor operating in Plettenberg Bay for the last 8 years available for any electrical works - visit my website for customer feedback.

> Small Install Works Electrical Maintenance Certificate of Compliance Garage Door Motor Repairs Intercom Installs & Repairs **Gate Motor Repairs** Inverter Installs Geyser Repairs Solar Installs

073 836 9349

FUTURE DESIGN





## ECHNOLOGIES



#### **WE CURRENTLY HAVE 195 ACTIVE** CASES IN PLETT

and still a lot of people are being quite careless about it.

We cannot afford to take chances. please plett lets social distance, elbow great, mask up and sanitise let's keep plett healthy. Many thanks to Anton Muller who updates the numbers for us every day. (info as at Monday 28 December 2020)

#### WORK WANTED

The following people are all looking for work, let's support where we can: CHARLES is looking for general maintenance and general housework with drivers licence call 073 261 4698 ref avail **ELMARIE** is looking for domestic work ref

avail call 073 2691 469

MITCHELL Zimbabwean is looking for housekeeping or baby sitting job with exp call 065 127 0479

LYDIA is looking for domestic work ref avail 073 8252 637

**FLORENCE** is looking for housekeeping or domestic work

call 078 504 8773 / 062 377 6828

## DR BRYCE TAVERNER

(M.Tech Chiro, MCASA, MCsp)

Chiropractic and Alternative Medical Therapies



Adjusting bodies - Adjusting lives

Whalesong Lodge / 1 Marine Way / Plettenberg Bay

GOT PAIN?

Contact us: 044 533 4113 082 072 0105 STANLEY Malawian is looking for gardening, painting or any domestic work. Work permit avail and ref avail call 073 901 9229

**HENRY** is looking for gardening job, painting or domestic work. Work permit avail and ref call 073 901 9229

MARCY is looking for house or baby sitter with 4yrs exp ref avail

call 073 901 9229 / 071 087 5782 PRECIOUS Malawian is looking for

gardening job call 062 081 9642 MARK Malawian is looking for

housekeeping or gardening job call 061 9990 898

CHARLES Malawian is looking for painting, waterproofing job call 061 9990 898

**KENNETH** Malawian is looking for Saturday job as a painter call 078 105 0634

WITNESS is looking for domestic work call 071 781 6286 for ref call Gabriella 082 589 3427

MONICA is for domestic work 9 yrs exp call 073 5690 248

**ALLAN** is looking for job as a handyman and maintenance with exp call 078 3744 359

**VIRGINIA** Malawian is looking for domestic work or baby siiter full time with exp ref avail call 073 821 3892

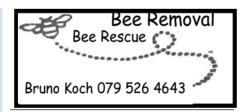
VINCENT Malawian guy is looking for gardening or painting job

call 071 922 11441

**UNITY** South African is looking for domestic work with exp call 063 979 5246 WILFRED is looking for job as a general

worker for 2-3 days ref avail call 078 949 7556

CHRIS is looking for job as a house cleaner or baby sitter 3yrs exp call 078 949 7556 GENESISI is looking for gardening job call 073 9583 694



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#### **FOR ALL YOUR** SWIMMING POOL REQUIREMENTS

- Maintenance
- Safety nets
- **Pool blankets**
- Chemicals
- Pump repairs
- Heaters. chlorinators & installations

### Arlene's Pool Services

Now at Unit 2 Greenpoint Ave

Tel: 082 927 9557

arlenespools@telkomsa.net www.arlenespools.com

PETER Malawian is looking for general work for 1-2 days 8yrs exp in painting, gardening work permit avail 061 1067 205 EDWARD is looking for gardening and painting job with 6yrs exp call 061 4548 471 / 061 1067 205 SILLENCE is looking for general worker, gardening and painting call 084 8424 999 **EVENS** is looking for general worker 3yrs exp call 060 414 5297 / 079 2552 718 RAPHAEL Malawian is looking for gardening job as a painter 2yrs exp call 068 072 7915 for ref call Mr. Bester 084 5000 8200 SAM Malawian is looking for general worker, housekeeping call 080 8424 999 **EVANS** Malawian is looking for painting, gardening take care of dogs job call 060 145 297 / 079 255 2718 JOSEN is looking for gardening job call 067 894 7965 BRAVE Malawian is looking for gardening

job call 078 7021 291 BLESS Malawian guy is looking for

gardening job for Mondays only call 073 574 7734

FLAT FURNISHED to rent Santini R9800. 082 3691 692

# antony gardy dentistry

general · cosmetic · implant

044 533 0961



GET FIT GET HEALTHY HAVE FUN! ZUMBA FITNESS CALL MERLE 081 580 5520

OZOPURE OZONATOR - The optimal choice for looking after your health at home/ office/B&B/spa. Ozonates air, drinking water, fruit/veg, eliminates odours & kills germs, room sanitation, wound healing, etc. R2800. Call 076-012-4040

PLETT HANDYMAN - General Home Maintenance, 072 477 3230

FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships.
Also for depression abuse, trauma, parenting and grief.
Please call 044 533 0515.

MARK MALAWIAN is looking for job as a housekeeper and maintenance call 061 999 0898

INTERCOMS Repairs, Service & Installations. Quality products. Contact 082 468 4760

HUSBAND ON CALL building plumbing tiling carpentry and all maintenance John 060 5824 667 for all things you don't have the time

DEFY REPAIRS to stoves, washing machines, dishwashers, tumble driers & microwaves. Prompt service + Guaranteed repairs. Call Jon CX Appliance Plett 0721493351

JANSEN MAINTENANCE carpentry, building, tilling, painting, waterproofing. Trust worthy guys Phone 060 337 0743

GATE MOTORS Centurion motors & other quality motors installed & repaired. Best Prices. 082 468 4760

JOSEN is looking for gardening job or any job avail call 067 894 7965

BOOKS—I BUY Books, esp SA History, Art, Biogr, War, Good fiction 7 Non-fiction. Ph Tony 073 220 6015 / 072 367 2652

FRED THE FELLER Tree Felling Services, Garden & Plot Clear up's, Bush Clearing & Pruning. Personal Supervision. Fully Insured Fred 082 4489503

**DELICIOUS OILY SPOILS** With doTERRA essential oils available at Mels Shoppe



# Chiropractic care for the entire family.

Phone 044 533 0230 083 453 5331 116 Longships Dr, Plett

Zuurberg Mountain Village, Addo DBB Accommodation Swimming pool, Mountain views 042 233 8300

#### CASH FOR GOLD

Your unwanted or broken gold jewellery. Best prices guaranteed Appointment at your convenience All deals very discreet Call Domenico tel. 083 266 2500

RESIDENTS AND VISITORS: Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

GET FIT GET HEALTHY Have fun! Zumba Fitness Call Merle 081 580 5520

CCTV CAMERA'S installations, repairs, service. Commercial & domestic systems. Call 0824684760

IF YOU SEE a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

BAY GAS Gas installation service & repairs – Frankie@ 074 133 9302

GARDEN / RUBBLE removal one and a half ton truck services. Garden clean-up's and maintenance, Roll-on lawn, tree felling and landscaping Smart Garden Company. Contact: Gary on 083 516 2429 or Rish 079 432 8427

GOLD TRADER KNYSNA IS NOW GOLD-EX. Same business, same people, new name and location next to Standard Bank, Knysna Mall – West End. Tel: 044 – 382 0417 or 082 7888 700.

JACQUI BOTHA PHYSIOTHERAPY 0826562979



# CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975** 

#### give the the following info:

- Your name and telephone number.
- 2. Your Position
- Position of casualty.
- 4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open. If problems with above cell number try the below:

Deon Truter 082 569 5542 Marc Rodger 082 780 6427 Steff Le Roux 082 440 0932 Rob Gibson 083 277 0992

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We can assist you with new kitchens and built in cupboards, refurbishment of existing kitchens, counter top upgrades and all your renovation needs!

Contact +27 (64) 542-6533 www.baykitchens.co.za