

# Helen Melon

## PROPERTIES

### PLETT'S EXCLUSIVE BOUTIQUE AGENCY

**SEASIDE LONGSHIPS.** North facing double storey family home, a 5-minute walk from Robberg Beach. Sitting room: Office: Dining Room: Kitchen: Bar: Scullery/ laundry: 6 Bedrooms (4 en suite): 5.5 Bathrooms: Study: 2 Covered patios: Double garage: Garden: Built-in-Braai: Swimming pool. R9 500 000.00. Web Ref: 116638254

**WHALE ROCK.** Luxurious home with breathtaking sea views in walking distance to the boardwalk. 6 Bedrooms (all en-suite): 6.5 Bathrooms: Study: Open plan living/ dining/ kitchen/ braai area: Scullery/laundry: TV/playroom: Covered patio: Swimming Pool: 3 Garages: Solar and inverter: Water storage. R13 850 000.00. Web Ref: 116638222

**LOWER ROBBERG.** Set over two levels, this north-facing family home offers versatile living. Ideally located with a mere 5-minute walk from Plettenberg Bay's Robberg 5 beach. 6 Bedrooms: 4.5 Bathrooms: Open plan TV room/Dining/Kitchen: Scullery/Laundry: TV room: Open plan living/bar: 3 Patios: Built in braai. Double automated garage. R7 500 000.00 Web Ref:116465968

**SCHOONGEZICHT.** This prime, large elevated 1902m<sup>2</sup> vacant stand is ideally positioned on an east-facing slope in Plettenberg Bay's sought-after Schoongezicht Country Estate. R2 350 000.00. Web Ref: 116937193

**TWIN RIVERS.** This brand-new contemporary home is in one of Plettenberg Bay's most desirable riverfront estates. 3 Bedrooms: 3.5 Bathrooms: Open pan living, dining, kitchen: Scullery: Covered patio: Built-in-braai: Double garage: Communal Club House, Pool and Tennis Courts. R7 950 000.00. Web Ref: 116706126

**4.3128-HECTARE** stand in Ladywood, Plettenberg Bay presents a rare and exciting opportunity to create a truly independent, off-grid homestead surrounded by natural beauty. R3 000 000.00. Web Ref: 116829741

**GLEN EDEN RETIREMENT VILLAGE.** Its location, security, low levies and proximity to the town centre make it a highly sought after destination for the mature homeowner. Entrance hall: Open plan lounge/dining/kitchen: Scullery/laundry: 2 bedrooms (m.e.s): 2 bathrooms: Study: Sunroom: Covered veranda: Built in braai: Single garage: Single Carport. R5 150 000.00. Web Ref: 116913827

**BOWTIE.** Beautifully presented north facing home with fabulous sea, lagoon and mountain views. 3 Bedrooms: 2.5 Bathrooms: Semi open plan living/dining/kitchen/TV/Study: Built-in braai: extra length single garage: Man Cave: Carport: Patio: Cottage – open plan living/dining/kitchenette & en-suite bedroom R6 500 000.00 Web Ref: 116984153

**WHALE ROCK SUN** This delightful and charming corner stand presents a truly special and rare opportunity to build your dream home in the heart of Whale Rock, Plettenberg Bay. The vacant 492 m<sup>2</sup> stand is ideally positioned within the estate, allowing you to take advantage of the gorgeous views of the sea and Robberg. R1 850 000.00. Web Ref: 117023224

**SCHOONGEZICHT.** This elevated 1214m<sup>2</sup> stand, bordering onto a large expansive greenbelt, provides utterly unique and magnificent views over indigenous fynbos, and the ocean. R1 600 000.00. Web Ref: 116912509.

**GOOSE VALLEY.** This ground-floor two-bedroom, one-bathroom apartment offers an excellent opportunity to secure a home in this highly sought-after golf estate. Perfectly positioned within the estate, the property enjoys a peaceful setting, overlooking the 10<sup>th</sup> fairway, with the lifestyle benefits that come with estate living. R 2 650 000.00. Web Ref: 117037126.

**WHALE ROCK.** This exceptional 1150m<sup>2</sup> stand in Plettenberg Bay offers a rare opportunity to create your dream home in one of the most sought after locations. R5 000 000.00. Web Ref: 116692675.

**GREAT VALUE OPPORTUNITY IN A SECURE COMPLEX.** Its location, security and proximity to the town centre make it a highly sought after unit for the discerning homeowner looking for a property to personalise. Entrance hall: Open plan lounge/dining/kitchen: Laundry: 4 bedrooms: 3 bathrooms: Study: Private Pool: Covered veranda: Double Carport. R5 000 000.00. Web Ref: 117086581



# What's New in PLETT

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aka

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We are proud to introduce the Bliss Empowerment Bags, a collaboration between Bliss Mobile Hair & Beauty Service, Legacy House School, and SHIELD GBV Response & Safeguarding. These bags are placed in victim support rooms to help create comfort and dignity for individuals affected by Gender-Based Violence. Each bag includes small but meaningful items such as water, snacks, hygiene essentials, lip balm, nappies, and other comfort items to support someone during a difficult time.

Every donation helps bring care, dignity, and support to someone when they need it most.

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Together we can create safer spaces and support healing in our community

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# PLETT STANDS AGAINST GENDER-BASED VIOLENCE

## NO MORE SILENCE

### IN THIS TOWN WE BELIEVE:

- No one should live in fear
- Consent is non-negotiable
- Survivors deserve to be heard and believed



**WE STAND WITH VICTIMS**



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### A quiet act of kindness

moved through Plettenberg Bay this week, as handcrafted cupcakes made by a local baker were delivered across the community — simply to show appreciation.

The deliveries were carried out by SHIELD, who personally visited Tracey from Paws, Shannon from Crush, Cindy from the Print Shop, Mary-Anne from the Shelter, Ursula's Health Shop (where staff received on her behalf), and Lynne Pinksalt Marketing. Each stop was intentional. Each cupcake carefully made and thoughtfully delivered — not as a promotion, but as a genuine gesture of gratitude. What makes this initiative even more meaningful is that it doesn't end here. This is part of something ongoing — a quiet commitment to uplifting others and recognising the people who contribute to the community every day. In a world that often moves quickly, this is a reminder that small acts of kindness still carry great impact.

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**PLEASE NOTE:**

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*Who adored our Plett Community  
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The PlettAid Foundation.

**"Two Sisters — One Story":** New Awareness Talk Highlights What Children Experience Inside Domestic Violence A new awareness talk titled "Two Sisters — One Story" is set to bring an important and often overlooked perspective to the conversation around gender-based violence (GBV): the child's experience.

Presented by sisters Victoria and Sarah through SHIELD GBV Response & Safeguarding Consultancy, the talk focuses on what children truly experience inside homes affected by domestic violence — not only the visible incidents, but the atmosphere, the fear, the silence, and the long-term impact that shapes their understanding of love, safety, and self-worth.

While public conversations around GBV often focus on adult relationships, "Two Sisters" shifts the lens to the child who watches, listens, and learns from what happens behind closed doors.

"Children may not always understand the words," Victoria explains, "but they understand the feeling. They feel tension. They feel fear. And those feelings shape their identity long before they have language for what is happening."

The awareness talk explores how repeated exposure to violence can normalise unhealthy patterns, sometimes carrying into adulthood. It addresses themes such as trauma bonding, the cycle of abuse, community silence, and the difficult realities surrounding leaving abusive environments. Importantly, the talk does not aim to blame or sensationalise. Instead, it encourages reflection and responsibility.

The sisters share how children often attempt to become protectors in violent homes — stepping into adult roles far too early. They also highlight how communities sometimes see warning signs but remain silent out of fear, uncertainty, or the belief that domestic violence is a "private matter." "Silence protects perpetrators more than it protects victims," Sarah says. "Awareness creates choice. And choice creates change."

Through storytelling combined with educational insight, "Two Sisters" encourages audiences to recognise that violence is not only physical. Emotional control, isolation, intimidation, and constant criticism can all create environments of fear — environments that children absorb deeply. The talk concludes with a powerful reminder: while the past cannot be changed, awareness gives communities the opportunity to respond differently for the next generation.

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Consultancy offers awareness talks, workshops, and community education programmes aimed at strengthening early response and prevention. Organisations, schools, workplaces, and community groups interested in hosting the "Two Sisters — One Story" awareness talk can contact:

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*Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela Child Welfare Plett 044 533 2257*

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## Strandloper Project

Marine Wildlife Strandings in the Garden Route.

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization.

### WHAT TO DO IF YOU FIND A TURTLE.

1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization. 5) Get a location pin

### WHAT TO DO IF YOU FIND A LIVE SEAL.

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.

4) Take a location pin to share with the rescuers.

### WHAT TO DO IF YOU FIND A PENGUIN

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.

4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

### WHAT TO DO IF YOU FIND A DOLPHIN

1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs and crowds.

#### Plett area

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## Riley Clark: A Plett Teen with a Big Tennis Dream

If you've been anywhere near the courts at Plett Country Club, you've probably heard Riley Clark before you've seen him. At 17, Riley brings a mix of talent, energy, and unmistakable enthusiasm to every match he plays — the kind of presence that makes tennis fun to watch and impossible to ignore. Riley first picked up a racket at six years old, and from that moment, tennis became part of who he is. By ten, he had joined **The Olsen Tennis Academy**, where he found the coaching and competitive environment that helped turn his passion into real progress. Over the years, he's built a reputation not just for his ability, but for the spirit he brings to the court — loud, lively, and always fully committed. Here in Plett, Riley is a regular at the Country Club courts. He thrives on the social side of the sport just as much as the competitive side, and he especially loves being invited to the annual

### Wimbledon Mixed Doubles Tournament

— an event that suits his personality perfectly: fun, competitive, and full of community. This year, Riley reached a milestone that reflects years of hard work and dedication: **he has been selected for the South African U19 Schools Tennis Team**. It's an incredible achievement for a young player from our small coastal town,

and it opens the door to an exciting opportunity — travelling to the **United Kingdom** to compete internationally as part of the SA team. The experience will expose him to new opponents, new conditions, and a level of tennis that will help him grow even further. As with most international sporting tours, the costs are significant. Riley's family is working hard to make the trip possible, and the community's support — whether through sponsorship, donations, or simply spreading the word — will help him take this important step in his tennis journey. Riley is a vibrant, hardworking, and proudly Plett teenager who gives everything he has to the sport he loves. With the backing of the community that has watched him grow, he'll head to the UK not just as a member of the SA Schools Team, but as a spirited ambassador for the town that shaped him. Riley Clark, FNB, 6242 271 9867

<https://www.backabuddy.co.za/campaign/help-riley-clark-go-on-his-sa-tennis-tour>

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## SHIELD – Description

SHIELD is a GBV Response and Safeguarding Consultancy focused on providing practical, survivor-centred support and clear response pathways for individuals, organisations and communities affected by Gender-Based Violence.

Our work centres on creating safer responses through compassionate guidance, ethical support practices and strong referral networks. SHIELD assists individuals by offering confidential support, helping them understand their options, and connecting them to trusted services such as counselling, legal assistance, medical care and social support.

In addition to direct support, SHIELD provides awareness talks, educational workshops and safeguarding guidance to com-

munities, schools, organisations and businesses. These sessions aim to increase understanding of GBV, promote prevention, and empower people with the knowledge to respond safely and responsibly.

Our mission is to improve how GBV is responded to — making support accessible, coordinated, trauma-informed and community-focused.

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[kalvinhinds@gmail.com](mailto:kalvinhinds@gmail.com)

## Plett Shark Spotters

It's that time of year again when we start keeping our eyes peeled for the arrival of white sharks in Plettenberg Bay! In 2024, our first sighting was in May, with activity peaking around September. Robberg remains a truly special place, one of the few spots where you can witness these apex predators cruising just metres from shore, right alongside the mountain. Recently, four white sharks were tagged along the east coast and eight in Mossel Bay. Shark Spotters are now operating daily from 07:00 to 18:00 at five beaches: Lookout Beach, The Wedge, Central Beach, Robberg 1, and The Wreck. Lifeguards will raise the white shark flag if a shark has been seen within the past hour.

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New Zealand, gathered together and coordinated 90 gifts for them to open. Their contribution to the Plett community over the years has truly mirrored their love and dedication to this area and the people who live here. Maurice and Joy are still active members of U3A.

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On the 29th of March Maurice and Joy Robin's family and friends got together to celebrate their 90th birthdays. Arriving in Plett in 1980, Joy opened Joyland, a toy shop and a while later Maurice became a partner in the law firm Hutchinson, Theron and Robin. Both Joy and Maurice joined the Rotary Club and spent many years as committee members, facilitating beneficial projects in the Plett community. Those in the Plett art world will know Joy, whose paintings hang on walls around the globe. Those in the sailing community will remember Maurice with his Hobie cat, Midas Touch, and his competitive streak in regattas. Their family, from as far away as

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**Plettenberg Bay Rotary Club Golf Day**  
10 April 2026  
Betterball Stableford  
12:00 Shotgun start  
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All bookings and payment directly through the Proshop. R650 per person.



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**RESIDENTS AND VISITORS:** Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

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*Wishing the following people a very happy birthday this coming week*

10 April - Tanya Hyde ; Emile Sonnekus ; Tavin Jacobs

11 April - Claudette Bonthuys ; Janie Steyn Immink

12 April - Tarryn Wild ; Juanine Maree ; Jes Philips ; Juanet Davel

13 April - Karushah Moodley ; Geoff Mills ; Lance Foster

14 April - Susan Koen

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# PROPERTIES OF THE WEEK

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**CONTEMPORARY COMFORT IN COVETED WHALE ROCK GARDENS - R 6 850 000**, Beyond the 24-hour manned gate of Whale Rock Gardens Estate, this beautifully maintained enclave feels like a little parcel of paradise, offering an attractive balance of security, natural beauty, and coastal lifestyle. Deep within the grounds, you arrive at this single-level home, its contemporary grey façade and black tiled roof a striking yet understated presence. **Web ref: RLS999574** | Bedrooms 3 | Bathrooms 2 | Garages 2 **Daniel van Renen 082 883 6271**

**GROUND-FLOOR EASE IN SANTINI VILLAGE APARTMENTS - R 2 250 000**, You arrive through the 24-hour manned gate of Santini Village, where beige buildings crowned with terracotta roof tiles whisper of elegant Spanish influence. Wide green-scapes stretch between the buildings, immaculately maintained, with stone picnic tables blissfully shaded by tall trees, and quaint garden patches that invite residents to grow a little beauty of their own. **Web ref: RLS997328** | Bedrooms 2 | Bathrooms 2 | Parking 2 **Carin Botha 083 342 7284**

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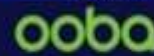
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## Probus



– What is it?

The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community.

The objectives of Probus include:  
To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. We have regular meetings either for an informal breakfast or a luncheon during which a presentation on popular current day topics of interest is given at venues in and around Plett. So don't delay – JOIN NOW!  
Phone Len Swimmer our Chairman at 082 452 1799 or email: [lens@telkomsa.net](mailto:lens@telkomsa.net)

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Transforming Lives: FAMSA Knysna/Plettenberg Bay/Sedgefield Offers Life-Changing Counselling Course for Volunteer Counsellors – USHO – Understanding Self to Help Others

For those with the passion to help others and the time to learn, a remarkable opportunity awaits. FAMSA (Families South Africa) Knysna/Plettenberg Bay/Sedgefield, a trusted name in strengthening families and communities, is offering a comprehensive counselling course that equips volunteers with the skills to support individuals through life's most challenging moments. The course, which is both transformative and practical, is open to individuals who are ready to dedicate their time and heart to making a difference. Designed with both theory and hands-on experience, this training prepares participants to become FAMSA volunteer counsellors — capable of providing emotional support, guidance, and practical tools to those in need. It also improves skills and knowledge to helping professionals.

"We believe that anyone with empathy, commitment, and time can become a powerful force for healing," said Karin, Director of FAMSA Knysna. "This course doesn't just teach counselling techniques — it shapes

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compassionate listeners who can help others rebuild their lives." As shared below by a 2025 USHO Graduate explaining the impact of the course on his life:  
"USHO (Understanding Self to Help Others) counselling course was the onset of change for me, as well as the platform for processing decades worth of trauma and self-trauma. It emancipated me from my old-self and stimulated growth into new areas of my life which were under-developed, or just plain stagnant. In short, "I found me". Do it for yourself and in time you will indirectly, and directly inspire and help others who surround you.

Participants learn about trauma support, relationship counselling, communication skills, crisis intervention, and more. The program includes supervised practical sessions, group work, and regular feedback, ensuring volunteers are confident and competent by the time they begin their service. Graduates of the course not only gain invaluable skills but also join a community of dedicated volunteers who are changing lives every day. Whether you're looking to give back, explore a new path, or grow personally, this course is a stepping stone to meaningful impact.

One of our volunteer counsellors says: *We give our clients this safe place (counselling room), we peel back the layers to their gold centre and we are witness to their struggles ... past and in recent years. It is a privilege to walk a little way with our clients ... we walk them to a place of healing.* ♥

The next intake is open, and FAMSA is encouraging all interested individuals to apply early as spaces are limited. If you have the time to learn and the heart to help, this may be your moment to make a real difference.

For more information or to apply, contact FAMSA at [trainingknysna@famsa.org.za](mailto:trainingknysna@famsa.org.za) or visit our website: <https://famsaknysna-plett.org.za/>.

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