What's New In Plett

aka

WHAT'S THE BUZZ IN BITOU

Keeping you in touch with our WHOLE community!

29 OCTOBER 2026



IF YOU WANT IT ALL
ZEAL IS FOR YOU.

- Hidden hearing
- Superb Speech Clarity & Sound Quality
- Open Fit (no voice echo)
- Brilliant Audio & Phone Streaming
- Portable Rechargeable Case

ALL IN ONE MINIATURE DEVICE:
A WORLD FIRST

VISIT US FOR A LIVE DEMONSTRATION & TRIAL OF THIS AMAZING NEW TECHNOLOGY:

OTICON: exclusive to Private Audiology



Ask about our launch price special deals (T&C apply)

25 years + Hearing care in the Eastern Cape & Garden Route

HEAR ClearlyGroup

ENHANCE YOUR HEARING • ENRICH YOUR LIFE

Hutton Medical Centre, 4 Longships Drive, Plett
Bookings: 044 285 0926 / WhatsApp 0818966476

WWW.HEARCLEARLY.CO.ZA

Port Elizabeth | Jeffreys Bay | Plettenberg Bay | Sedgefield |Knysna | George | Hartenbos Mossel Bay

Est 1983

Call / W/A **084 775 3973**

printshop@mweb.co.za
www.helloplett.co.za

EMERGENCY NO'S

CRIME PREVENTION ASS. 082 251 8134
POLICE: 10111 / 044 501 1900/1907/1908
- DURING LOADSHEDDING: 079 894 1644
DOCTORS: 044 5332415 / 044 5330186 / 044 5330933 / 0445330400
AMBULANCE -.Govt. 10177
Baycare Private 072 054 9110 / 044 533 6444
ER 24 hrs - 083 320 1199
Town Clinic 044 501 3700
MEDI CLINIC Plett 044 501 5100
FIRE/RESCUE EMERGENCY - 044 533 5000, 24 hrs / Office hrs 044 501 3230
SEA RESCUE - 044 533 2744 / 082 990 5975
ANIMAL WELFARE - PAWS - 083 287 9917
VETS - 044 533 3100 / 044 533 0124 / 044 533 9019
DENTISTS - 044 533 2734 / 044 533 3446 / 044 533 0961/ 044 533 6363/ 044 533 0911
PHYSIOTHERAPISTS
044 533 6999 / 044 533 6966 / 044 533 3123
CHEMIST - 082 852 4696 / 044 5014620 / 044 5331370 / 044 5332278
FAMSA 044 533 0515 / 079 640 6883
LOCKSMITHS -044 533 3013 / 083 701 3434 / 084 326 1806
MUNICIPALITY - 044 501 3000
MUNICIPAL HELPLINE 0861-248-686
SECURITY GUARDS–081 325 7385 / 044 533 1691
VEHICLE BREAKDOWN - 044 5359303 / 083 269 8958 / 0445333259 / 0825682479
OPTOMETRISTS 044 533 2191 / 044 533 5195
CANSA CARE - 044 533 1813
CHIROPRACTOR - 044 533 4113 / 533 0230
HOMOEOPATHS - 082 788 1550/ 082 728 7161
MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119
SNAKES ALIVE - REPTILE RESCUE. 074 120 9416
WOUND CARE 079 891 4325
PARKINSONS SUPPORT 083 2591763
PLETT MARINE ANIMAL STRANDING NETWORK HOTLINE - 079 463 4837

PLETT STRANDING NETWORK

0794634837

HOSPICE PLETT

044 533 5616 or Wilma 081 024 2503

Your donations to our
CHARITY SHOP
help us provide holistic palliative care to patients who are facing life-limiting illness.

In memory of our precious
Charmaine Wild,
Who adored our Plett Community
Plett Hospice Banking Details
FNB, Plett branch, 210514
Acc no: 62048095063
Account name: PlettAid Foundation.

PERFECT SYSTEMS

For all your
COMPUTER & I.T REQUIREMENTS
Jaco Grobler +27 82 676 2390

CX REMOVALS We do furniture / goods wrapping & packing Nationwide.
078 254 8279 cxremovals@gmail.com

CC RECRUITMENT AGENCY

+27 82 259 4610 (w/app)
www.ccrecruitment.co.za
cecile@ccrecruitment.co.za

RICARDO'S GLASS

Glass, balustrades, aluminium doors & windows, framed and frameless showers, mirrors, clear burglar bars

072 739 0534
24/7 callout / emergency

TCS Wi-Fi

proudly local PLETT INTERNET

ENJOY BETTER INTERNET
WITH LOCAL SERVICE & SUPPORT!

Visit us at 17 High Street, Plettenberg Bay
044 533 3275 | www.tcsplett.co.za

YOUR POTENTIAL IS ENDLESS, GO DO WHAT YOU WERE CREATED TO DO.

1st PLETT SEA SCOUTS

WEEKLY MEETINGS
Monday : 17h30 - 19h15
Cubs (7 - 10 years)
Scouts (11 - 18 years)
Contact: 081 724 5366
plettenbergbay@scouts.org.za

Adventure, outdoors, life skills, f first aid, sailing, brother/sister hood, badges, planning, fun.

WE PAY CASH for all your unwanted furniture and 100% working appliances!
Call / whatsapp 078 775 8677

FOR ALL YOUR SWIMMING POOL REQUIREMENTS

- Maintenance
- Safety nets
- Pool blankets
- Chemicals
- Pump repairs
- Heaters, chlorinators & installations

Arlene's Pool Services
Now at Unit 2 Greenpoint Ave
Tel: 082 927 9557
info@arlenespools.co.za
www.arlenespools.com

Flagman
branding specialists

MANUFACTURERS OF ALL INDOOR AND OUTDOOR BRANDING PRODUCTS.

GAZEBOS FLAGS BANNERS

MADE TO ORDER 072 210 9022

sales@flagman.co.za www.flagman.co.za

NSRI Plett duty crew were activated following a request for medical assistance from a group of hikers reporting a female in their group suffering an injury and unable to continue on the walk.
John Bozman, NSRI Plett station Coxswain, said: "At 14h03 on Saturday 17 October, NSRI Plettenberg Bay duty crew were activated following a request for medical assistance from a group of hikers. They reported that a woman in their group had been injured and was unable to continue walking. They indicated that they were near the Fountain Shack on the Robberg Nature Reserve hiking trail. Our duty crew responded to our Station 14 rescue base, and the NSRI rescue craft *The Courtenay's Rescuer* and *Rescue Ray* were launched. On arrival at the Wild Side of Robberg Nature Reserve, NSRI rescue swimmers and our NSRI station doctor, carrying medical equipment, were deployed into the water at The Point. They reached the shore and hiked to the nearby hiking party. On reaching the scene, they began medical treatment on the 56-year-old woman from Johannesburg, whose injury prevented her from walking. Our station doctor, assisted by our NSRI medics, stabilised the patient. Our rescue crew then helped move her to the shoreline, where we secured her in our floating stretcher, and our rescue swimmers floated her out to the waiting rescue craft. The patient was taken safely on board and brought to our rescue base. The rest of the hiking party hiked back to the car park without incident. A Medlife ambulance had been activated and was standing by at our rescue base. The patient, in a stable condition, was handed into the care of paramedics and transported to hospital by ambulance. She is expected to make a full recovery.
The rescue operation was completed at 15h48."

CHARLES PAINTING & WATERPROOF & maintenance sub contractor phone 072 941 9838. for all your painting, waterproofing, high pressure roof & gutter cleaning work.

THEMBA'S SHUTTLE SERVICE
Plettenberg Bay, Knysna & garden route call 072 035 2224

ALCOHOLICS ANONYMOUS.
Call 078 045 6988

YELLOW FEVER VACCINATION ph 082 557 5255 Eden Travel

CARPET & UPHOLSTERY cleaning, protection and more...Call Chem Dry KPS plett@chemdry.co.za or 082 563 1741

ALANON MEETINGS.
Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 12h30 at The House of Steps. .



We print BUSINESS CARDS
Small or large quantities @
Great prices, good quality.
Single, 2, 3 or Full Colour at The Print Shop
20 High Street, Plett
Tel & WhatsApp 084 775 3973
Your local printers.

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

Unplanned Pregnancy **HOPE CENTRE** can help. 078 177 5119

PELLS / MYBURGH PHYSIOTHERAPY
044 533 6966

WE SPECIALIZE IN TRANSFERS, SHUTTLES AND CAR RENTALS.

Garden Route Cars
HIRE & FOR SALE

Neels 082 604 5943

PLEASE NOTE: DISCLAIMER:
The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

PERFECT SYSTEMS

- Internet Connectivity
- VOIP - Voice over IP
- Backup Solutions / Cloud Services
- VPN - Virtual Private Networks
- Hardware & Software Solutions
- Computer Support
- Enterprise Email
- Surveillance / Cameras

FOR ALL YOUR I.T & COMPUTER SOLUTIONS

Jaco Grobler +27 82 676 2390
Jaco.grobler@me.com



It is with a heart full of love and gratitude for a beautiful life lived to the full that I share the sad news that my bestie and co-founder of nPod, **Hanlie**, died peacefully this morning (25/10/26) after a courageous battle with cancer. She was smart, kind, funny, caring, strong, loyal, determined, and passionate. Her family meant everything to her and even at her lowest of lows, she made sure to show up with a smile and a chirp.
Dashing off before the sun rose to catch the first rays, pushing her endurance levels by entering many adventure races, running the comrades twice, nipping around on her scooter for a quiet dip in the sea, checking in on clients at the pod, going the extra mile for someone who needed some special pampering, and raising a glass of bubbles as the sun set with her special family and friends who adored her.
Hanlie loved nPod, where we employ women with a purpose and our clients are not just business. It's a special tribe and you had best believe she would be telling us to wipe our tears because saltwater ruins a fresh top coat
Lorna

GOLDEX KNYSNA offers easy access, privacy and security with all your gold, silver and Krugerrand transactions. Conveniently situated in the centre of Knysna Mall, opposite Woolworths. Also open Saturdays 9 to 1.Tel: Glen 082 7888 700 or Natasha 073 819 7492 or 044 - 382 0417.

WE PRINT INVOICE BOOKS @
Plett Print Shop,
20 High Street, Plettenberg Bay .
Tel & WhatsApp 084 775 3973
printshop@mweb.co.za
We'd love to be of service to you!

LAX WITH TAX?
Take part in being tax smart!
Contact Sean M. Com (Tax), CA (SA)
for professional advice 044 533 0598

DRUG PROBLEM?
Narcotics Anonymous
Helpline 086 1006 962 www.na.org.za

SNAKES ALIVE - REPTILE RESCUE.
Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416



Contact Marianne 082 414 8425 to arrange for a memorial plaque for your pet.
Only R100 donation to PAWS gives you a plaque with your preferred wording.

Strandloper Project

Marine Wildlife Strandings in the Garden Route. If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization. **WHAT TO DO....**

IF YOU FIND A TURTLE.
1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization. 5) Get a location pin

IF YOU FIND A LIVE SEAL.
1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.
4) Take a location pin to share with the rescuers.

IF YOU FIND A PENGUIN
1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.
4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

IF YOU FIND A DOLPHIN
1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs and crowds.
Plett area Plett Stranding Hotline - +27 79 463 4837

LEDZ
QUALITY LED'S
Expert Advice. Quality LED Lighting
LED
Expert Advice. Quality LED Lighting
www.LEDZ.co.za



Quiz at the Country Club on Friday 13th November, also 5:30 for 6pm, and a meal will be served as normal after the first two rounds. Teams to consist of 6 people maximum*, so please contact Nicole Fox hospitality@plettcountryclub.co.za and remember to inform her of any dietary requirements. Due to the very busy holiday season forecast at the Country Club, this will be the last Quiz held there this year and, as usual it is on behalf of PAWS and hopefully we will get a full house.
*We occasionally accept Teams larger than 6 on the understanding that they do not qualify for the Team prizes if they win.
All the Best, Barry 072 890 6238

A reminder to our community.
FAMSA assists with all forms of emotional and relationship challenges,
e.g. depression , abuse, grief, trauma, parenting and divorce counselling.
We would love to assist and make a difference. **Call 044 533 0515 for info.**

SNAKES ALIVE - REPTILE RESCUE.
Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416

ALANON MEETINGS.
Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held at 12H30 (Mondays)
at The House of Steps "little wooden hut behind Piesang Valley Hall and Gym"

IF YOU SEE a lost or injured animal, or suspect abuse,
please call PAWS on 083 287 9917

ZUMBA FITNESS, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

CASH FOR GOLD
Your unwanted or broken gold jewellery.
Best prices guaranteed
Appointment at your convenience
All deals very discreet
Call Domenico tel. 083 266 2500

COMPUTER SUPPORT.
Internet Connectivity
VOIP - Voice over IP.
Backup Solutions / Cloud Services.
VPN - Virtual Private Networks.
Hardware & Software Solutions.
Enterprise Email.
Call Jaco at Perfect Systems 082 676 2390

COAST2COAST ALUMINIUM
Paying too much for your aluminium?
We currently have lots of specials?
Give us a call 073 329 4442
Windows, Doors, Showers, Frameless glass, Balustrades, Roller blinds, Maintenance, Replacements

Plett Fireplaces
Wood stoves
Fireplaces
Braais
Installation
Service
Chimney sweep
083 628 0300
www.plettfireplaces.co.za



PLETT PINK WALK

Pink on me Power in me

WALK | AWARENESS | SUPPORT | HOPE

30 OCT 2026
FRIDAY

LONGSTONE PARK
PLETTENBERG BAY

17:00 FOR 17:30 START

R50
UNDER 12 YEARS
R70
12 YEARS AND OLDER
R200
FAMILY OF 4

ENTER ON QUICKET LINK:
https://qkt.io/mLzfdf

PINK TREES FOR PAULINE

Plett's schools, businesses and individuals are invited to make a bold statement and dress their trees in pink fabric from mid-September to the end of October 2026.

The funds raised will make a direct positive impact in our community when used to support local cancer programmes and patients treated by Plett Cancer Care.

PINK trees for pauline

WRAPPED IN COLOUR.

UNITED IN HOPE.

CANSA
Cancer Association of South Africa
Research • Educate • Support

CONTACT
Alda Mills: 082 334 4204 | aldamills@gmail.com

www.cansa.org.za | Toll-free 0800 22 66 22

PROPERTIES OF THE WEEK

Seeff

Success with every move.

Ground-floor apartment with a picture-perfect outlook – R 2 995 000. This ground-floor apartment in Marine View offers easy coastal living with a glass-wrapped dining space, built-in braai, and beautiful northeastern views over the bay towards Formosa Peak, all within walking distance of Main Street.
Web ref: RLS1010088 | 2 bedrooms | 2 bathrooms | 1 garage. **Carin Botha 083 342 7284**

Brand new upper floor apartment with spectacular lagoon views – R 9 950 000, This brand-new upper-floor apartment in The Hill Estate offers a double garage with internal access, and spectacular east-facing lagoon and sea views that are drawn deep into the living spaces. Set within an esteemed estate known for its elevated position above Plett, it combines coastal contemporary living with easy access to beaches, shops, and Main Street.
Web ref: RLS1007126| 4 bedrooms | 4½ bathrooms | 2 garages. **Daniel van Renen 082 883 6271**

A gem in sought-after seaside longships – R 6 500 000, Located on a corner stand within walking distance of Sanctuary Beach, this fully furnished, double-storey home features multiple lounge areas, a double garage, and staff accommodation. The open-plan ground level seamlessly flows onto a private patio and swimming pool area, with three bedrooms—including a spacious master suite—offering direct poolside access. Upstairs, a sunlit pyjama lounge and two additional guest bedrooms open onto a wide balcony.
Web ref: RLS1007648| 5 bedrooms | 3½ bathrooms | 2 garages. **Susan Duncan 072 968 0779**

Sea and Robberg views – R 2 900 000, Endless possibilities, with this attractive gently sloping view stand. Capturing the Plett golf course and a wide vista. A double storey build would give you superb elevated views. Houses behind and in front are built already so your architect can plan your dream house perfectly. Surrounded by fynbos and nature in beautiful Schoongezicht Estate. Position is great, its above centre, in this top security Eco Estate.
Web ref: RLS1002539| Erf Size: 1 650m² **Paul Lewry 082 857 8835**

We have pre-qualified tenants looking for homes to rent in your area. If you are interested to maximize your financial property investment through exploring holiday or long-term letting opportunities and having it professionally managed, please call **Helen on 082 450 0007** | helen.moulster@seeff.com, **Richard on 082 825 3331** | richard.ashton@seeff.com or **Kelly on 082 625 0311** | kelly.bloom@seeff.com

Tel: 044 533 0311 **Fax: 044 533 0339** **Email plett@seeff.com**

plettenbergbay.seeff.com | private property | ooba | In association with HAMPTONS

DIANE ZIMAN garden consultant & project manager. Your garden. My expertise. Plettenberg Bay & surrounding areas 083 576 8169

MUGG & T-SHIRT PRINTING @ PLETT PRINT SHOP
20 HIGH STREET, PLETT
Tel & WhatsApp 084 775 3973

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

INTERNET CONNECTIVITY
Call Jaco at Perfect Systems 082 676 2390

PLETT PRINT SHOP
& HELLO PLETT BUSINESS DIRECTORY

BROCHURES, PRICE LISTS, MENUS, STATEMENTS, COMPLIMENT SLIPS, BUSINES CARDS, LABELS, CUP & T-SHIRT SUBLIMATION PRINTING



... YOU NAME IT... WE DO IT! GREAT PRICES, GOOD QUALITY.

TEL & WHATSAPP 084 775 3973 **20 HIGH STREET, PLETT**
www.helloplett.co.za **printshop@mweb.co.za**

GET YOUR BUSINESS LISTED
WITH **HELLO PLETT** BUSINESS DIRECTORY
(Plett's most comprehensive business directory since 1983)



CHARMAINE'S HOUSE OF HAIR

Keeping you
FUNKY AND FABULOUS!

CHARMAINE 072 657 0156

3 CRESCENT STREET, BELOW ZANZIBAR, PLETT

ELECTRONIC WASTE COLLECTION DAY

WHAT

Bring anything that is powered by electricity or batteries. Examples are old cell phones, fridges, tumble dryers, TV's, computers, laptops, kettles, toasters, hairdryers, tools, leads, batteries etc.

WHEN

SATURDAY, 31 OCTOBER
09:00—12:00

WHERE

PIESANG VALLEY HALL, PLETTENBERG BAY



HOME FOR HOPE SOUP KITCHEN
The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie 063 840 7154

PARKINSONS SUPPORT GROUP
Maurice Hartshorne. Tel: 083 259 1763

INTERCEDING PRAYER NETWORK/ VOORBIDDING GEBEDSNETWERK
Enquiries/Navrae: Cell 0834792037 Pastor Sam Fortuin

24 HOUR CRISIS LINE -Drug Addiction, Alcoholism, Depression, Relationships & Obsessions. Call 044-532 7547. *Discretion is assured.*

SALTY OLIVE
bespoke platters and catering

PLATTERS AND CATERING FOR GATHERINGS AND EVENTS.

SPECIALITY GREEK AND ITALIAN CUISINE

COOKING CLASSES

Contact Monique 060 540 4791 or moniquevboom@gmail.com



5 November 2026
NG Church Hall, Marine Drive, Plett
6pm for 6:30pm
Tickets Adults R100. Kids R60
Bookings: Quicket

Moon Shine on Whiskey Creek - The Crags. We are offering super special discounts for off-peak stays. From 15% to 25%Direct bookings only
www.whiskeycreek.co.za
WhatsApp 072 200 6656

DIAMOND EXPERT - I will buy your diamonds or provide professional advice and valuations if you want to keep them. 083 266 2500

FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships.
Also for depression abuse, trauma, parenting and grief.
Please call 044 533 0515.

RESIDENTS AND VISITORS: Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

GET FIT GET HEALTHY
Have fun ! **Zumba Fitness**
Call Merle 081 580 5520

PARKINSONS SUPPORT GROUP
Maurice Hartshorne. Tel: 083 2591763

COLOUR COPIES

PLETT PRINT SHOP , 20 High Street, Plett , Tel & WhatsApp 084 775 3973

PLEASE NOTE: DISCLAIMER: \
The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

ADDO GAME DRIVES



Discover the magic of the **Addo Elephant National Park** with our expertly guided Full Day and Half Day safaris. Enjoy close encounters with majestic elephants and diverse wildlife while our experienced guides bring the landscape to life. Whether you choose a quick escape or a full adventure, each safari promises an unforgettable African wildlife experience.

Gqeberha - (Port Elizabeth) - Eastern Cape.

+27 66 1799 170
reservations@addogamedrives.co.za
www.addogamdrives.co.za

WORK WANTED
The following people are all looking for work, let's support where we can:
JANE seeks cleaning job for 3 days call 063 023 3430
FLORIDA seeks cleaning job 067 6322 932
ALIFE seeks cleaning job 067 6322 932
DIANA seeks housekeeping job 068 598 8048
QUEEN seeks housekeeping job 081 5978 358
JOSEPH seeks gardening, painting and housekeeping job 064 4249 453
REALY seeks housekeeping 067 844 9193
ESTER seeks housekeeping or domestic work call 084 4088 745
LILIAN seeks housekeeping job 065 6404 358
CHRISPIN seeks general work 9yrs exp in painting, gardening and housekeeping job 061 1067 205
LUCY seeks housekeeping job 073 389 1380
OWEN seeks gardening work 073 389 1380
PHUMEZA seeks housekeeping job 069 266 9053

GOLD & SILVER KRUGERRANDS have proven to be sound investments. Bought and sold privately and efficiently at Goldex, centre of Knysna Mall, opposite Woolworths. Contact Glen 082 7888 700 or Natasha 073 819 7492 or 044 – 382 0417.

SUBLIMATION PRINTING ON MUGS & T-SHIRTS @ PLETT PRINT SHOP
20 HIGH STREET, PLETT
Tel & WhatsApp 084 775 3973

PLEASE NOTE: DISCLAIMER: The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

"Two Sisters — One Story": New Awareness Talk Highlights What Children Experience Inside Domestic Violence

A new awareness talk titled "Two Sisters — One Story" is set to bring an important and often overlooked perspective to the conversation around gender-based violence (GBV): the child's experience.

Presented by sisters Victoria and Sarah through SHIELD GBV Response & Safeguarding Consultancy, the talk focuses on what children truly experience inside homes affected by domestic violence — not only the visible incidents, but the atmosphere, the fear, the silence, and the long-term impact that shapes their understanding of love, safety, and self-worth.

While public conversations around GBV often focus on adult relationships, "Two Sisters" shifts the lens to the child who watches, listens, and learns from what happens behind closed doors.

"Children may not always understand the words," Victoria explains, "but they understand the feeling. They feel tension. They feel fear. And those feelings shape their identity long before they have language for what is happening."

The awareness talk explores how repeated exposure to violence can normalise unhealthy patterns, sometimes carrying into adulthood. It addresses themes such as trauma bonding, the cycle of abuse, community silence, and the difficult realities surrounding leaving abusive environments. Importantly, the talk does not aim to blame or sensationalise. Instead, it encourages reflection and responsibility.

The sisters share how children often attempt to become protectors in violent homes — stepping into adult roles far too early. They also highlight how communities sometimes see warning signs but remain silent out of fear, uncertainty, or the belief that domestic violence is a "private matter."

"Silence protects perpetrators more than it protects victims," Sarah says. "Awareness creates choice. And choice creates change."

Through storytelling combined with educational insight, "Two Sisters" encourages audiences to recognise that violence is not only physical. Emotional control, isolation, intimidation, and constant criticism can all create environments of fear — environments that children absorb deeply.

The talk concludes with a powerful reminder: while the past cannot be changed, awareness gives communities the opportunity to respond differently for the next generation.

SHIELD GBV Response & Safeguarding Consultancy offers awareness talks, workshops, and community education programmes aimed at strengthening early response and prevention.

Organisations, schools, workplaces, and community groups interested in hosting the "Two Sisters — One Story" awareness talk can contact:

- Support Line: +27 78 252 8046
- shieldgbv.consultancy@gmail.com

antony gardy dentistry
general • cosmetic • implant
044 533 0961 **plettdentist.com**

IF YOU SEE a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

THRIVING or SURVIVING?
LIFE COACHING
ANTONY GARDY
INTEGRAL PROFESSIONAL COACH
www.antonygardycoaching.com
IPC

We specialize in the supplying & installation of standard & custom

IGS

TRELLIDOR

- Aluminium windows
- Aluminium doors
- Frameless balustrades
- Showers
- Pergolas
- Garage doors & shutters
- Servicing & Maintenance of Aluminium Windows, Doors & Showers
- We also supply timber door frames & doors

071 102 3748 | 087 550 3098
officeigsplett.co.za | www.igsplett.co.za

WATER BOREHOLE DRILLING

BLUE DOT DRILLING
https://bluedotdrilling.co.za

079 621 9919

IF YOU SEE a horse, mule or donkey in need of help please phone 072 370 2830

GET IN SHAPE, Lose weight, have fun. **ZUMBA FITNESS** , Merle 0815805520

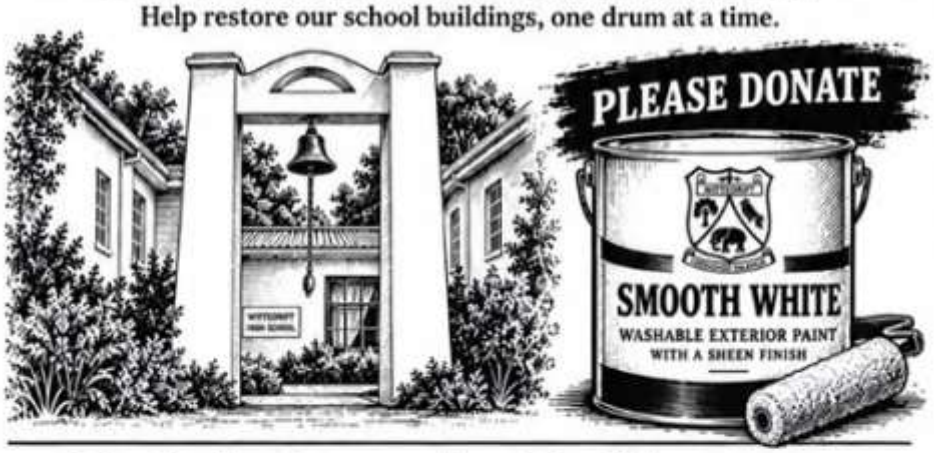
WITTEDRIFT HIGH SCHOOL

EST. 1863

HELP PAINT A PIECE OF HISTORY

BUY A DRUM. RESTORE A LEGACY.

Help restore our school buildings, one drum at a time.



Buy a drum at any participating store below and donate it to Wittedrift High School.

Write your name or business name and contact details on the drum so the school can thank you.

OUR SUPPORTING STORES

Dulux Paint Centre Plettenberg Bay | BUCO Hardware Plettenberg Bay | ATLAS HARDWARE Market Square • Plettenberg Bay

CITY PAINT & TOOL Plettenberg Bay | DIY DEPOT Plettenberg Bay | Build it Plettenberg Bay

The small school with a HUGE heart!

For more info, follow us: Instagram: @wittedrift.highschool | Facebook: Wittedrift High School

Bliss Empowerment Bags

We are proud to introduce the Bliss Empowerment Bags, a collaboration between Bliss Mobile Hair & Beauty Service, Legacy House School, and SHIELD GBV Response & Safeguarding. These bags are placed in victim support rooms to help create comfort and dignity for individuals affected by Gender-Based Violence. Each bag includes small but meaningful items such as water, snacks, hygiene essentials, lip balm, nappies, and other comfort items to support someone during a difficult time.

Every donation helps bring care, dignity, and support to someone when they need it most.

shieldgbv.consultancy@gmail.com
WhatsApp: +27 78 252 8046

Together we can create safer spaces and support healing in our community ♡

Keep Plett Clean is making this happen – and YOU can be part of it! Some of our posts reach up to 38,000 people, giving your business incredible visibility while showing you care about the community and the environment.

♡ 3 Ways to Sponsor:

- ✓ Once-off: R10 000 - R15 000
- ✓ Monthly: R1,000 or
- ✓ Monthly: R500

Your support keeps Plett beautiful, boosts tourism, and positions your brand as a local hero.

Contact: Alison Bryant 082 572 1027
Join us today. Let's keep Plett clean – together!

CASH IN YOUR UNWANTED GOLD jewelry, silverware and Krugerrands at Goldex, Knysna.
Conveniently situated in the centre of Knysna Mall, opposite Woolworths. Also open Saturdays 9 to 1. Tel: Glen 082 7888 700 or Natasha 073 819 7492 or 044 – 382 0417.

Probus

– What is it?

The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community. The objectives of Probus include: To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. We have regular meetings either for an informal breakfast or a luncheon during which a presentation on popular current day topics of interest is given at venues in and around Plett.
So don't delay – JOIN NOW!
Phone Roger Houghton our Chairman at : 082 371 9097 / houghton@mweb.co.za

---

Let's celebrate the following Birthdays

29 Oct - Kenny Krugel ; Lisa Chase ; Francina Oliphant ; Damaley Jantjies

30 Oct - Siyabulela Gova

1 Nov - Andre Jonkers ; Udo Martinussen

2 Nov - Arelene Wallace ; Sipho Sikhundla ; Nhinhi Sikhundla

3 Nov - Bruce Tucker ; Louann Waters

4 Nov - Sibusiso Faku

COMPUTER SUPPORT.
Internet Connectivity
VOIP - Voice over IP.
Backup Solutions / Cloud Services.
VPN - Virtual Private Networks.
Hardware & Software Solutions.
Enterprise Email.
Jaco Perfect Systems -082 676 2390

IF YOU SEE a lost or injured animal, or suspect abuse, call PAWS on 083 287

SPECIALS ON AIRCON UNITS

12000 BTU GREEN - R7999.00
12000 BTU GREEN INVERTER - R9300.00
Back to back installation included

Garden Route Airconditioning (GR/AC) is situated in Plett and we supply, install and maintain all aircon units, cold/freezer rooms, under-bar fridges, upright fridges, domestic household fridge/freezers, washing machines, tumble driers, microwaves, etc.
also supply solar aircons and air purifiers
Our Chigo Lite and Green Aircons are corrosion treated in the factory and increase operation for more than 5 years.
GR/AC offer 3 years guarantee on all their Aircon units provided units are serviced once a year.

Garden Route AIRCONDITIONING

Neels Bouwer:
082 604 5943
neels@gardenrouteaircon.co.za
www.chigo.co.za
PLETT, KNYSNA & SEDGEFIELD

BROCHURES, PRICE LISTS, STATEMENTS, COMPLIMENT SLIPS, BUSINES CARDS, LABELS, SUBLIMATION PRINTING ON MUGS & T-SHIRTS
... You name it... We do it!
Great prices, good quality.
at Plett Print Shop - 20 High Street, Plett
Tel & WhatsApp 084 775 3973
Your local printers.

TREE FEELING, pruning, bush clearing, plot cleaning, waste removal, fencing, paving. phone Godfrey 0783377886.

NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

***Give as much information as possible* & stay in position and keep your telephone line open.**

If problems with above cell number try the below:

Deon Truter 082 569 5542
Marc Rodger 082 780 6427
Steff Le Roux 082 440 0932
Rob Gibson 083 277 0992

POP IT INN

A-GRADE SAFE SELF STORAGE

New state of the art security system allows for convenient key card access to suit your individual needs

For more information contact Rina van Huyssteen

call or whatsapp 079 268 2306

popitinn@gmail.com

www.popitinn.co.za

NOW AT OUR NEW PREMISES

Marine Way Animal Hospital

Put their paws in experienced hands

Dr Pete Dahlmann

Tel 044 533 3100
A/H 082 956 2111
marinewayvet@gmail.com

59 Beacon Way, Plett

www.helloplett.co.za

HELLO PLETT BUSINESS DIRECTORY

Your directory of businesses, services,
restaurants & entertainment venues in our area.

AVAILABLE ONLINE

MAKE SURE YOUR BUSINESS IS LISTED

A Print Shop Publication

20 HIGH STREET - 084 775 3973

PRINTSHOP@MWEB.CO.ZA

Transforming Lives: FAMSA Knysna/Plettenberg Bay/Sedgefield Offers Life-Changing Counselling Course for Volunteer Counsellors – USHO – Understanding Self to Help Others

For those with the passion to help others and the time to learn, a remarkable opportunity awaits. FAMSA (Families South Africa) Knysna/Plettenberg Bay/Sedgefield, a trusted name in strengthening families and communities, is offering a comprehensive counselling course that equips volunteers with the skills to support individuals through life's most challenging moments. The course, which is both transformative and practical, is open to individuals who are ready to dedicate their time and heart to making a difference. Designed with both theory and hands-on experience, this training prepares participants to become FAMSA volunteer counsellors — capable of providing emotional support, guidance, and practical tools to those in need. It also improves skills and knowledge to helping professionals. "We believe that anyone with empathy, commitment, and time can become a powerful force for healing," said Karin, Director of FAMSA Knysna. "This course doesn't just teach counselling techniques — it shapes compassionate listeners who can help others rebuild their lives." As shared below by a 2025 USHO Graduate explaining the impact of the course on his life:

"USHO (Understanding Self to Help Others) counselling course was the onset of change for me, as well as the platform for processing decades worth of trauma and self-trauma. It emancipated me from my old-self and stimulated growth into new areas of my life which were under-developed, or just plain stagnant. In short, "I found me". Do it for yourself and in time you will indirectly, and directly inspire and help others who surround you. Participants learn about trauma support, relationship counselling, communication skills, crisis intervention, and more. The program includes supervised practical sessions, group work, and regular feedback, ensuring volunteers are confident and competent by the time they begin their service. Graduates of the course not only gain invaluable skills but also join a community of dedicated volunteers who are changing lives every day. Whether you're looking to give back, explore a new path, or grow personally, this course is a stepping stone to meaningful impact.

One of our volunteer counsellors says: *We give our clients this safe place (counselling room), we peel back the layers to their gold centre and we are witness to their struggles ... past and in recent years. It is a privilege to walk a little way with our clients ... we walk them to a place of healing.* ♡

The next intake is open, and FAMSA is encouraging all interested individuals to apply early as spaces are limited. If you have the time to learn and the heart to help, this may be your moment to make a real difference.

For more information or to apply, contact FAMSA at trainingknysna@famsa.org.za or visit our website: https://famsaknysna-plett.org.za/.

Karin du Plessis Director

Jana, professional, certified Massage Therapist

Come spoil yourself



ALMOST SUMMER SPECIAL

Foot & Calf Massage (30 minutes) R250.00

Neck and Head Massage (30 minutes) R250.00

Back, Neck, and Shoulder Massage (40 minutes)
Ladies: R350.00 Men: R400.00

Full Body Massage (1 hour)
Ladies: R450.00 Men: R500.00

Bookings essential

Jana 082 070 9417

Plett Carpet Cleaners

EST 1986



We clean carpets,
upholstery, blinds,
curtains, rugs
& mattresses.
We clean & seal tiles!
Professional & Reliable Services. Alison Bryant

082 572 1027

The Experts in Carpet & Upholstery Care!

CASH for your unwanted GOLD AND DIAMOND jewellery. Expert advice and discretion. No deal too big or small. 083 266 2500

PLETT PRINT SHOP for Posters, labels, copies, binding, laminating, scanning and all sorts of other printing too
Tel & WhatsApp 084 775 3973
printshop@mweb.co.za

PLEASE NOTE: DISCLAIMER:
The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.