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- Position of casualty.
- 4. Nature of casualty.

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If problems with above cell number try the below:

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suspect abuse, PAWS on 083 287 9917

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Registration enquiries: trainingknysna@famsa.org.za/

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#### Keep Plett Clean

is a registered NPO run by volunteers to keep Plett and surroundings neat, clean and litter free.

Established in 2014, this campaign is run and managed by Alison Bryant and David Scott, who are assisted by Joseph Charles and Joseph Khebe who have worked full time for the campaign for a number of years. Keep Plett clean is sponsored by Spar Eastern Cape and Beacon Isle Kwikspar, who's continuous support enable us to pay staff wages and fuel for the Keep Plett Clean staff scooter. We rely heavily on public donations as well. A recently formed splinter group now covers the Keurbooms

Apart from general litter collection, we also:

- Weed and trim vegetation in public areas.
- Clean storm water drains.
- Sweep and rake area.
- Use eco-friendly weed products in certain
- Organise e-waste recycling collections drives in Plett.

We depend on the help of Bitou Municipality for processing of litter collected.

Why is this campaign so vital for the upkeep of Plett?

Many of South Africa's municipalities do not have the resources to maintain a high level of cleanliness in towns. Plett being an international tourist destination needs to portray a clean, tidy and tourism-friendly image, beyond what our municipality can offer. Over the past 8 years, this campaign

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has created and must maintain this image. Apart from our two staff members, the clean up crews are made up entirely of volunteers, who have a love for the town, as well as a vision for a clean and neat image.

What areas do we cover?

Airport Road to airport turn off. Robert Nature reserve road. Longships Rd.



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How can you help?

Get involved and join the clean up crew on Tuesday eveningś in Plett, where we tackle problem areas and clean them for a hour each week. Pick up any litter in your area as and when you see it...every bit helps. Cash donations for running costs are also welcome. **KEEP PLETT CLEAN** NEDBANK: ACC1096711974:

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Cell: 076 116 1132

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# THE PLETTENBERG

#### Letter via The Editor

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Kind regards Frendell Shaun Terblanche

#### IF YOU HAVE ANY BOOKS TO GIVE

AWAY. Please contact Wil Hiemstra on 084 584 7729 or visit the Saturday Harkerville Market. This is in aid of FAMSA

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#### LAX WITH TAX?

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UnCommon Sense
By Rose Scott
Diamonds in the Rough

"Explorers of the Nile", which I recently read, is an interesting account of the discovery, between 1856 and 1871, of the source of the Nile – The Triumph and Tragedy of a Great Victorian Adventure. What is significant are the risks and responsibilities that explorers like Livingstone, Speke and Burton took and the courage and perseverance needed to achieve their objectives

It is pioneering souls such as these that have forged their way ahead over the centuries – it is their triumphs and endurance, demonstrating amazing personal growth that have gone down in the annals of history.

Physical and mental challenges are a way of life – how we cope with the resulting stress, often over long periods is important. We can either burn with bitterness and anger – or transform ourselves. When we are in a situation where there is no light at the end of the tunnel the only option is to carry on regardless. In hindsight we realise that it is during these periods that we grow the most. Wisdom is attributed to those that have lived long enough to acquire it - the greatest part of being wise is understanding that the only way round a problem is through it. Certainty replaces

After the multiple traumas our "global village" has faced on unprecedented scale in the recent past, I hope that the increased pressure brought to bear develops gems with good hearts, compassion and kindness and a new approach to creating brighter futures.

Our main lesson from times like these should possibly be "If you want to go fast, go alone. If you want to go far, go together." www.obpractice.co.za

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Wishing the following people a very happy birthday this coming week

'AL ANON. Is your home unhappy because someone drinks/drugs too much? Al anon is for the families and friends of problem drinkers/users. Meetings on Thursdays 12:30 pm till 14h00 at The House of Steps. Call: 083 256 0841.

PSYCHOLOGIST, DR JANE LUCK, Plett/Crags, 083 256 0841.

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As for me and my house, We will serve the Lord. Joshua 24:15

Anton: 082 878 4193 / Graeme 083 628 1648

A word fitly spoken is like APPLES OF GOLD in a setting of silver-Proverbs 25v11

Last week we saw how the Book of Proverbs is crammed full of wisdom and how to get it. Today I want to share some of the blessings of wisdom from chapter 3v13: "Blessed are those who find wisdom". What blessings can we expect? Let's look at chapter 2 where three are named

are named. First of all is DISCERNMENT: chapter 2v9: "Then you will discern righteousness, justice, and integrity, and every good path. For wisdom will enter your heart, and knowledge will be delightful to your soul". Discernment is a wonderful quality and means to be able to make good judgements with respect to righteousness, justice, integrity and good walk. If we have this quality we are blessed with contentment. Because each of us is a soul housed in a body, we experience life through the windows of the soul which are our five senses of sight, hearing, smell, touch and taste. Sadly, they are the way sin enters our minds as 1 John 2v16 makes clear: "For everything in the world the lust of the flesh, the lust of the eyes, and the pride of life - comes not from the Father but from the world." But the good news is that if we have new life in Christ, our senses have been awakened by wisdom and if we have wisdom in our hearts what we taste, see, hear, smell and touch will keep us spiritually healthy. For instance, if we are feasting on God's Word our taste buds discover from Psalm 119v103: "How sweet are your words to my taste, sweeter than honey to my mouth!" Two verses later we read that God's Word is what our eyes need: "Your word is a lamp for my feet, a light on my path" (Psalm 119v105). As far as our smell is concerned, our lifestyle is the most desirable fragrance ever made: "For we are to God the pleasing aroma of Christ among those who are being saved and those who

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are perishing" (2 Corinthians 2v15). Finally, what we hear has to change us "Do not merely listen to the word, and so deceive yourselves. Do what it says" (James 1v22). God Bless. Graeme Greenwood

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#### WHEN

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#### WHERE

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Enquiries/Navrae: Cell 0834792037 Pastor Sam Fortuin

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WHAT'S NEW IN PLETT - 26 MAY 2022 WWW.HELLOPLETT.CO.ZA PREVENT FRAUD, AND DON'T BE A VICTIM OF SCAMS.
PEOPLE MUST BE AWARE AND BE VIGILANT.

\* Don't give out personal information on the phone, through the mail or over ther internet unless you have initiated the contact or know whom you are dealing with. \*Verify if the representative posing on behalf of the company does indeed work at the company

\* Criminals sometimes uses the names of banks and their officials to give credibility to their "referrals" or support other aspects of their "to good-to be-true "business pro-

oosals

\* The offer may even be backed with impressive-looking documentation and letterheads, which may even be genuine, that have been stolen or reproduced.

\* Once you are hooked, you will be asked to deposit money to help the transaction take place.

\* If you make a deposit , you will never see the money again.

\* Under no čircumstances should you attempt to reply, either by email, phone or nost

We urge you not to become another statistic in these scams.

#### **ZUMBA FITNESS**

Classes daily , Monday to Friday Mornings and evenings Call Merle 0815805520

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**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062



We meet every Monday

17h30 - 19h15

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# Plettenberg Bay Gymnastics Club



# Congratulations

to the following gymnasts who were selected on Saturday 21st may at Eden trials to represent the Eden team at Western Cape Championships in Saldana.

Ava du Buisson Micaela Tockar Katie Dodd Pepper Rose Juretic Chelsea Marais Courtney Mathieson Daniella Muller Callan Kiewitt Aria Kotze Mackenzie Janse van Rensburg **Gray Kerekes** Paige Klette Ruby Brewer Skye Taylor Linda Gerber Georgia Loughran Ayla Cornick Rose Steyn Neena Jacobs Ayla Rose Jamieson Mitchell Mabhango

▼ A *huge thank yeu* to **Chelsi**, their coach who puts in extra time and effort and who is absolutely fabulous ♥

20 High Street, Plettenberg Bay Phone 044 533 2530

PHOTOCOPIES —THE PRINT SHOP

Jaco Kruger, NSRI Plettenberg Bay station commander, said:
NSRI are appealing to the public to exercise caution on the Keurbooms
River and along the Plettenberg Bay coastline due to shark activity. During a routine exercise on Wednesday evening, 18 May, on the Keurbooms River, NSRI Plettenberg Bay duty crew came across a White Shark, approximate length 3.5 meters, in the Keurbooms River, about 300 meters upstream of the Keurbooms River Mouth - about half way between the river mouth and the N2 bridge. It is unusual to find a shark in the river itself. Marine Scientists, of the South African Shark Incident Committee, suspect that the shark may be ill or disorientated. But the warning is a precaution to alert the public of the presence of a shark in the Keurbooms River and a reminder that at this time of year sharks are known to feed inshore along the coastline and increased shark activity has been noticed along the Plettenberg Bay coastline. Caution is advised.

JILL SKOWNO PSYCHOLOGIST (Plett) landline discontinued. Please use cell or whatsapp 083 268 5402.



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## PROPERTIES OF THE WEEK

#### IMMACULATE HOME IN AN A+ POSITION - R 3 500 000

This 3 bedroom home in Seaside Longships is within walking distance to the beach with a large, gorgeous garden, dual access to the corner property means you will have lots of space for toys or an expansion.

Web ref: RLS905000 | 3 bedrooms | 3 bathrooms | 1 garages

Piet Maree 073 059 0640 | Alet Ollemans 083 657 5678

#### WELL MAINTAINED FAMILY HOME CLOSE TO AMENTITIES - R 3 500 000

This three bedroom property has been beautifully maintained and is eminently suitable for a comfortable family home.

Web ref: 4633447 | 3 bedrooms | 2 bathrooms | 2 garages

Daniel van Renen 082 883 6271

#### FABULOUS 4 BEDROOMED APARTMENT WITH GARAGE - R 1 850 000

This bright and spacious apartment is set in the upper town area of Plettenberg Bay.

The development is gated and pet friendly (on application) with a sparkling pool.

A very big plus is that every unit has its own lockup garage.

Web ref: RLS900385 | 4 bedrooms | 2 bathrooms | 1 garages

Connie Peet 083 353 5971 | Carol Zoutendyk 083 300 1121

#### MODERN PET FRIENDLY APARTMENT IN SECURE ESTATE - R 2 999 000

This modern, pet friendly, 4-bedroomed apartment is situated on the ground floor in the middle of a high-quality secure estate.

Web ref: RLS910148 | 4 bedrooms | 3 bathrooms | 2 parkings

Andrew Iles 082 462 0432

#### EXCEPTIONAL THREE BEDROOMED HOME CLOSE TO BEACH - R 3 850 000

This owner built, pretty, facebrick home has been lovingly cared for over the past eighteen years. A paved forecourt fronts the double garage, to the left of which is a lovely welcoming entrance with a "broekie lace" verandah.

Web ref: RLS910460 | 3 bedrooms | 2 bathrooms | 2 garages

John Carpenter 082 460 3838

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