

### WHAT'S NEW IN PLETT 24 JUNE 2021



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Your directory of businesses, services, restaurants & entertainment venues in our area.

Printed annually and available online.

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A Print Shop Publication

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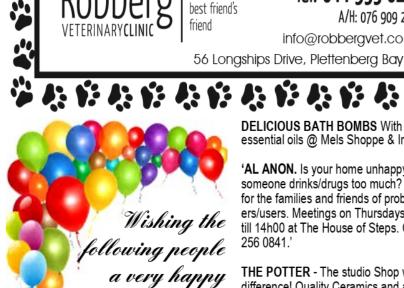
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\*\*\*\*\*\*\*\*

Your

24 June

Gerry Kriga; Elna Lawrence Desmond Lawrence : Agnes Arnolds

25 June

Eben Oliphant + Matthew Beale

27 June

Octavis Leonie + Mary Lefleur

Luiz Da Fonseca + Leora Givati Saleem Maree

29 June

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30 June Abigail Taylor



birthday this

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INTERNET CONNECTIVITY Call Jaco at Perfect Systems 082 676 2390

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

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# Metamorphosis Massage

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A Moment of Joy Week 27 What is JOY? "Instead of worrying about the future, we should focus on reinventing it.' Denise Linn

This quote is particularly pertinent in the world we are living in where I have had more than one person say that we are not in the same boat – same storm, but different boats. I find this interesting as for many years people did speak about being in the same boat, now that concept of being in our own boats seems safer with social distancing. The sad thing is that without others in your boat it is tough to weather any storm especially one that is off the Saffir-Simpson scale used to measure the intensity of hurricanes. There are few people that are still alive to recall the impact of the Depression or World War II, so'l would consider that the Covid Lockdowns are off the scale that most of us can use as a benchmark for life experiences. It is up to each one of us then to do what we can to focus on reinventing the future so that we do not "invest" time and energy on worry when the same time and energy can be utilised to better effect. It is time for reassessing what out true needs are, to sharpen the focus on the discretionary aspects of life. If something is not beautiful, useful or brings us joy, is there any reason for clinging to it, pining for it or being envious of others who may have it. I watched an inspiring YouTube clip a couple of weeks ago titled "45 pieces of advice from a 90-year-old" – much of the advice shared is not new - my parents and grandparents knew and shared much of what the clip contained. It never grows old to receive a reminder of good advice though. Along similar lines is considering if something will still seem so important five years from now. I tend to lean heavily on this advice as a parent of teens! It helps to find perspective on those things we confront today that we may feel are all

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consuming, but if reassessed in this light, we agree do not matter at all in that context. I think that this can also help to shape the future we all hope will be brighter than today and most important I think is to not judge others lest you be judged by the same standards that you apply. Perhaps the most important advice – "Grow through what you go through." – take a moment to consider what you have learned - about yourself, about the world and the people in your family and social circle - in the last sixteen months? Make a note where you will be able to look back on this at times when you feel you that your reading on the JOY scale is taking a dip. Find yourself a great crew and invite them aboard your "boat". Tough times feel tougher when going it alone.

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In memory of our precious

### Charmaine Wild,

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deal with testing situations on my behalf. Our natural instinct is to lose control of our emotions, fight back, get even, often causing even more pain and damage than we started out. Moses was such a fine example of how best to go forward when all seem's hopeless and lost. There he was standing at the edge of the Red sea, with around 2million Israelites shouting him down. 'What were you thinking Moses, the Egyptians are coming and here we are stranded'. But Moses trusted God to literally 'see them through' and says to the people in Exodus 14:14. 14 The LORD will fight for you; you need only to be still." God has an armoury full of ways in which he fights for us. He can cause people to back off for no apparent reason, He can change hearts when all seems lost, but he can also change You and change Me and make us the trophies of Forbearance that he intended us to be. With much Christian Love :

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#### MORNING GAME DRIVE

Collection from Guest House in Summer-Strand P.E between 06h00 - 06h30

Duration of Game Drive 07h00 - 12h00 We enter the Park through the Addo Colchester Gate, Camp Matyholweni. The first few hours are good to see antelope, zebra and some of the cats. Between 09h00 and 09h30 we serve a delicious continental breakfast in the picnic area. Usually one has good sightings of elephants and buffalo after 10h00 nearer the waterholes. We return to the Gate around 12h00 and then back to the Guest House. Refreshments are available throughout the drive.

### AFTERNOON GAME DRIVE

Collection from Guest House in Summer-Strand P.E between 13h00 - 13h30

Duration of Game Drive 14h00 - 18h00 We enter the Park through the Addo Colchester Gate, Camp Matyholweni. The early afternoon is good for elephant and buffalo sightings, near the water holes, as well as some antelope and zebra. We stop mid-afternoon at a disembarkment point or picnic area for teas, coffee, refreshments, scones and snacks. The latter part of the afternoon is usually good for antelope and the illusive rhino. The Park has thick bush and offers an abundance of birds, tortoise, dung beetles and other creatures.

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Phakama Kwa-Nokuthula, a new Plett community mural is unveiled "Mural Brings life to Kwanokuthula Stadium Walls!"

By Siphokazi Mnyobe.

It looks like the future of artist in Kwa-Nokuthula is bright, as Siyabulela Mdoda introduces a Mural to Kwano youth. A story of Kasi Life, vision, and aspirations is told on a mural in Kwa-Nokuthula stadium walls.

This community's new outdoor mural held the youth, as they went through the four days of spray painting the wall, bringing the community's vision into a powerful visual. The unveiling of the mural took place on the 28th of May 2021, after a three-week process. Planning for the mural included four phases, each phase was an integral part of the development of the project which led to the final unveiling of the mural. The first phase was planning, which included finding a wall to host the mural. The second phase was getting the community together to have a conversation about the impact the mural would have on the locals and potential tourists, for Siya's mural project getting input from the community is fundamental. Phase three was conceptualising and painting the mural, and the last phase was an unveiling attended by contributing artists and key stakeholders in the project.

This mural project was funded by the National Arts Council, under the Isizwe Stimulus Individual Programme. Siyabulela Mdoda, also Known as Siya, was introduced to the arts by his uncle, in King Williams

Town where he was born. Art was in his blood, and after falling in love he decided to move to East London where he received fundamental basic skills for the creation of visual arts at a local art gallery. After traveling all over South Africa attending exhibitions, arts festivals and events, Siya moved to Plettenberg Bay where he found a home in Kwa-Nokuthula. "Wherever I go, I leave a mark," says Siya. This local, proud artist has dreams of uplifting everyone who is inspired by his work and providing opportunities for those who want to extend a hand by introducing the area youth to the arts. Though he doesn't know how long he is planning to stay in Plett, he believes his stay here could be beneficial to the youth. With the installation of this mural, Siya dreams of hope for all local artist who have been inspired to become in the arts Industry. Local aspiring artist Nyaniso Donovan Dyossop, who worked with Siya on this project, said, "I wish this program could continue, there are many artists in Kwano, that would jump at the opportunity to showcase their craft". He also commented, "I am grateful I was able to showcase my skills, the mural will bring life to the walls in

One of the kids who expressed a fascination is local resident Qhawe, aged 12. He kept Siya and the other artists on their toes as he would guess what was being created as he watched daily. "I've never seen a live artist before and I've never seen anyone do this type of art – this is something I have only seen on TV," he said.

Though I have seen Bhut Siya before, I did not know what kind of work he does. I for one, am happy to know that in Kwano we also have someone to look-up to in our community who is an artist and interested to teach his skills to other interested individuals.

In my opinion, having murals in different locations throughout Plett will enhance our community and could possibly become an exciting new tourist attraction. Wouldn't it be great for tourists who visit the area to be taken on an art tour; speaking with the artist

and listening to their stories about what the art means to them. The possibilities are endless!

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"There is great power in public art, and we are excited about this new addition to Kwano. Murals help bring customers to locations, they may attract new business and will more than likely boost the economy. This is hopefully the start of other creative opportunities to be showcased. Community murals and public art can transform space," says Patty Butterworth (CEO, Plett Tourism).

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