



What's New in PLETT

aka

WHAT'S THE BUZZ IN BITOU

Keeping you in touch
with our
WHOLE community!

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Email: printshop@mweb.co.za
Website: www.helloplett.co.za



WHAT'S NEW IN PLETT 23 JANUARY 2020

Helen Melon

PROPERTIES

TWIN RIVERS. Relax, unwind & enjoy soothing river vistas from this magnificent 970sqm waterfront home. 5 Bedrooms (all en-suite); 5½ Bathrooms; TV lounge; Living room; Open plan dining/kitchen; Laundry & Scullery; Pantry; Open & covered patios; Pool; Gazebo; 3 Garages; Rim flow pool; Mooring; Enclosed yard.
R14 000 000.00. Web-Ref: 3787703

WHALE ROCK. This simply magnificent north-east facing home has uninterrupted views stretching from the Robberg Peninsula across the Bay to Formosa Peak and the Tsitsikamma Mountains. Entrance hall; Open plan lounge/kitchen/dining; Study; Scullery & laundry; Walk in pantry; TV lounge with kitchenette; Covered patio with braai; 4 bedrooms (2 en suite); 3.5 bathrooms; Double garage; Rim flow pool.
R9 250 000.00. Web-Ref: 3787467

CUTTY SARK. Gracious, north facing family home with simply breath-taking lagoon, sea and mountain views perfect for a large family and retirees alike. 5 Bedrooms (2 en-suite); 3.5 Bathrooms; Open plan living/dining; Kitchen; Laundry; TV Room; Covered patio; 3 Garages. **R4 250 000.00. Web-Ref: 3811398**

BOWTIE. Simply superb Martin Rattray designed home with views of breaking waves, the lagoon & mountains. Entrance Hall: Open plan Kitchen/Living Room/ Dining Room: Walk in Pantry: Separate scullery: Covered patio & balcony: 4 bedrooms (3 en-suite); 4.5 bathrooms: Staff room: Double garage: Pool with water feature: Storeroom. **R6 850 000.00. Web-Ref: 3919880**

SIGNAL HILL. A fantastic opportunity to acquire a conveniently situated home which is ideally configured to be run as a guesthouse within close walking distance of the town centre, shops, restaurants and central beach. 6 Bedrooms (en-suite); 6 Bathrooms; Kitchen; 2 x Kitchenette; 2 x Living/dining rooms; Private patios; Laundry/linen room; Double garage. **R3 560 000.00. Web-Ref: 3786847**

CUTTY SARK. Immaculate home with breath-taking all-encompassing views of the lagoon, bay and mountains. 3 Bedrooms (m.e.s); 2.5 Bathrooms; Guest loo: Open plan living/dining/kitchen; Kitchenette; Study; Sitting room; Double garage; Store-room; Workshop; Staff facilities; Covered & open patios; Enclosed yard.
R3 250 000.00. Web-Ref: 3824944

UPPER ROBBERG. Spectacular family home with expansive sea and mountain views. 3 Bedrooms (m.e.s); 2 Bathrooms; Kitchen; Scullery & Walk-in pantry; Open plan living/dining; Upstairs living room; Study; Covered patio; Open patio; Double garage; Garden. Flatlet - bedroom/bathroom/kitchenette.
R2 950 000.00. Web-Ref: 3787497.

LOCK UP AND GO! Spacious, centrally located, north facing apartment with stunning lagoon, ocean and mountain views – the perfect lock up and go! 3 bedrooms (m.e.s); 2 bathrooms; Open plan living/dining/kitchen; Covered patio with built in braai; Single garage; Open Parking Bay; Pool in complex.
R2 400 000.00. Web-Ref: 3786825

CASTLETON. Entertainer's "Lock Up and Go". 3 Bedrooms (all en-suite); 3.5 Bathrooms; Open Plan Living/Dining/Kitchen; Laundry/Scullery. 3 Patios; Dedicated secured covered parking bay. **R2 200 000.00. Web-Ref: 3775372**

SEASIDE LONGSHIPS. Location, location, location - perfect holiday home in walking distance of Robberg and Central beaches. 4 Bedrooms (2 en-suite); 3 Bathrooms; Open plan living/dining; Kitchen; Covered Patio; Single garage.
R1 850 000.00. Web-Ref: 3756749

WHALE ROCK. Call us now to avoid missing out on this fantastic opportunity. Purchase your piece of paradise directly from the developer and save costs. 2 Bedrooms (m.e.s.); 2 Bathrooms; Open plan kitchen/living; Covered patio with built in braai; Covered single carport.
From R1 390 000.00 to R1 490 000.00. Web-Ref: 3548638

5 Formosa Place, Main Street. 044 533 1589 / 083 309 9759
info@helenmelonproperties.co.za / www.helenmelonproperties.co.za

Hope 2020 is your best
school year **EVER!**

Was so awesome to go a teachers
meeting this week and listen to
just how much the teachers love
our babies
- what a blessing

YOU HAVE BRAINS IN YOUR HEAD.
YOU HAVE FEET IN YOUR SHOES.
YOU CAN STEER YOURSELF ANY
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FIRE/RESCUE EMERGENCY - 044 533 5000,
24 hrs / Office hrs 044 501 3230
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VETS - 044 533 3100 / 044 533 0124 /
044 533 9019
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533 0961 / 533 6363 / 533 0911
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VEHICLE BREAKDOWN - 044 5359303 /
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SOUP KITCHEN: The weekly Soup Kitchen in New Horizons at present, serves approx 75 - 80 hungry children (and adults). Donations of dry/ soup goods needed as it is fully sponsored by the St. Vincent de Paul Society. Goods may be left at the Print Shop. Thank you and Bless you. Enquiries Sylvia 083 470 4790

PHOTOCOPIES —THE PRINT SHOP
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**3 CRESCENT STREET,
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WHAT'S NEW IN PLETT - 16 JANUARY 2020
www.helloplett.co.za



On the weekend of the 21-23 February 2020, Plettenberg Bay Sea Scouts Group and 1st Knysna Sea Scouts will be heading to the Eastern Cape to take part in the **Kontiki**

(Raft Building Competition)

BUT WE NEED YOUR HELP...

We are urgently looking for more blue drums as we are aiming to send approximately 17-20 scouts from our group (4 teams) and 2 teams from Knysna Sea Scouts...

This is a great opportunity for our scouts to meet other scouts and have FUN, so if you are able to assist, **PLEASE LET US KNOW...**

We would like to once again thank Offshore Adventures for donating our drums last year ...

If you would like to know more about our group, email

plettseascouts@gmail.com

or speak to our Scout

Group Leader

on 081 724 5366

St Thomas Methodist Church

1 Muller Street (off Marine Drive) Telephone 044 5333430
Website www.plettmethodist.co.za Minister: Rev Timothy Rist

Sunday Services

Communion Service 08h00

Worship Service 09h30 (Communion on 1st Sunday each month)

Youth Church & Children's Church 09h30 (except during school holidays)
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YOU HAVE ANY BOOKS TO GIVE AWAY.

Please contact Wil Hiemstra on 084 584 7729 or visit the Saturday Harkerville Market. This is in aid of FAMSA

BAY GAS Gas Installation

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GOLD TRADER BUYS old gold jewellery, silverware, Krugerrands, diamonds and top quality watches (Rolex, Omega, Breitling, Michel Herbolin, Cartier, Chopard and the like) at the best prices. 34 Main St., Knysna (oppos. FNB). Contact Glen on 082 7888 700 or 044 - 382 0417. 'Closed on Saturdays unless a prior appointment has been made'.

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If you need to pay accounts consider options that are lower risk instead of withdrawing large Sums of money. Apply the following tips
Carry as little cash as possible
Consider the convenience of paying your accounts electronically (consult your bank to find Out about other available options)
Consider making use of cell phone banking or internet transfer or ATMs to do your banking.



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To apply please submit your CV, letter of motivation (including your salary expectation), two contactable references, certified copies of your ID, qualification certificates and driver's license via email to info@plettaid.org.

Closing Date: Friday 17 January 2020

We reserve the right not to appoint should the right candidate not be found.

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ZUMBA FITNESS, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

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The Southern Craggs Conservancy
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the Kurland Club:

Our special guest Rhian Berning will offer an environmental perspective relevant to our times and a discussion on impacts in The Craggs will follow.
Please bring your friends and neighbours, all Craggs residents are welcome. Snacks and drinks will be available. Further inquiries/RSVP: WhatsApp / Text 0827745911 or email rainjewelmar-tin@gmail.com

Southern Craggs Conservancy
Terence Timson Ph : 083-209-1727
Janet Holding Ph : 082-856-1925

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NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
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3. Position of casualty.
4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open. If problems with above cell number try the below:

Deon Truter 082 569 5542
Marc Rodger 082 780 6427
Steff Le Roux 082 440 0932
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SOMETIMES MISS THE *WHAT'S NEW?*

Don't be sad... We're also on the Web.
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Eyelicious

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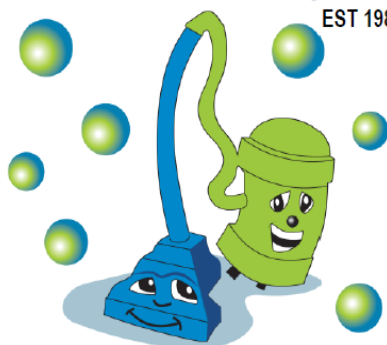
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REGULATIONS FOR DOGS ON BEACHES

Non compliance a problem
PAWS is concerned to note that many people are still ignoring the new regulations for dogs on beaches. Dr Mark Brown and the Nature's Valley Trust (NVT) #SharetheShores initiative came up with a win-win solution aimed at protecting our wildlife on beaches, maintaining our blue-flag beaches and accommodating beach goers and dog walkers. It is disappointing to note that some people are still walking dogs leash free on the sensitive Lookout Beach where NVT have been trying to protect the breeding grounds of White-fronted Plovers, African Black Oyster Catchers and other species. NVT's analysis of the breeding success rate of the vulnerable White-fronted Plover has shown an increase on both Lookout (from 12,7% to



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14,3%) and Nature's Valley (from 15,2% to 30,5%), from the previous season. NVT are grateful to those who are complying with the new regulations

PAWS supports these regulations as they are designed to accommodate everyone's needs and we appeal to everyone to respect our bye laws to avoid stricter regulations.

The following information was supplied by PAWS and NVT:

Robberg Beach Area
From Beacon Isle Resort to Robberg 5 Beach - NO DOGS (Red zone)
From Robberg 5 Beach to Sanctuary Beach - DOGS ON LEASHES (Orange zone)
From Sanctuary Beach to The Wreck Beach - LEASH FREE (Green zone)
Beacon Isle/ Central Beach Area - NO DOGS (Red zone)
Hobie beach, The Wedge and Lookout Rocks - NO DOGS (Red zone)
Lookout Beach, including lagoon side - NO DOGS (Red zone)
Poortjies Area
From parking area to corner near Lemon Grass - LEASH FREE (Green zone)
From parking area to Keurbooms Camping Site - DOGS ON LEASHES (Orange zone)
From Camping site to Goose Marsh - NO DOGS (Red zone)

Keurbooms area

From end of Keurbooms Peninsula (river mouth) to Strandmeer - NO DOGS (Red zone)

From Strandmeer to Dunes Resort - LEASH FREE (Green zone)

From Dunes Resort to The Waves - NO DOGS (Red zone)

From The Waves to the rocks on the Eastern end of the beach - LEASH FREE (Green zone)

From the above-mentioned rocks to Arch Rock (including Enrico's) - DOGS ON LEASHES (Orange zone)

Nature's Valley

From Blue Rocks/start of Salt River Trail to Beach entrance 1 (shop) - NO DOGS (Red zone)

From Beach entrance 1 to Beach entrance 3 - DOGS ON LEASHES (Orange zone)

From Beach entrance 3 to Beach entrance 5 - NO DOGS (Red zone)

From Beach entrance 5 to Beach entrance 7 - DOGS ON LEASHES (Orange zone)

From Beach entrance 7 to Beach entrance 8 and Estuary Beach - LEASH FREE (Green zone)

NO DOGS on the other side of the Groot River Mouth. This area is part of the Tsitsikamma section of the Garden Route National Park.

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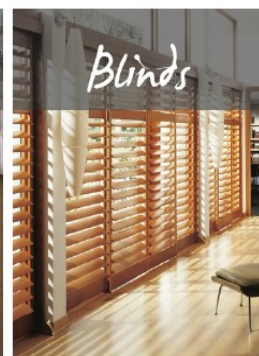
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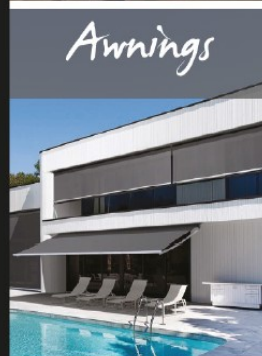
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The dreamy, ocean-themed SeaFood restaurant at The Plettenberg is the ideal venue for a Valentine's Day feast. Dinner to start from 18h30, priced at R495 per person – think elegant décor, sweeping sea views, and a tantalising five-star menu.

Set aside the time to enjoy this romantic five-course feast, which begins with an amuse-bouche to warm up your palate, then serves up West Coast mussels flavoured with saffron and gratinated to perfection. Up next is the Valentine-red beetroot carpaccio, served with goats' cheese mousse, pomegranate, strawberries, pistachio crumble and golden baby beets. This promises an explosion of subtly tart and fruity flavours.

This is followed by a choice of two sparkling main courses. Carnivores will love the beef fillet, grilled and served in a red wine jus, accompanied by fondant potato, wild mushroom purée, garden peas and young carrots. If you're a seafood-lover, the pan-seared salmon trout will appeal to you – it's served with a lemon beurre blanc sauce and complemented by quinoa, crispy fine beans, wilted spinach and a tangy citrus and coriander salad.

Refresh your palate with a light berry and champagne jelly, topped with vanilla bean crème anglaise, and then dive right into the final course – an amorous chocolate dessert to share, appropriately called Chocolate Decadence. Goody chocolate fondant is dressed up with Nutella truffles and vanilla choc-chip ice cream – the perfect end to the most perfectly sentimental day of the year.

Spoil your loved one – to book for our special Valentine's Day dinner, call 044 533 2030

The Green Hearts

Children's Fear

As adults, we know that life can sometimes seem like a maze filled with danger, anxiety, disaster and heartache lurking around every corner. Almost every day we are faced with situations that elicit fear, of varying degree. Fortunately, as adults we have acquired tools to understand and regulate these fears. These tools however are not developed in adulthood. At 4 months, babies can already distinguish between different emotions; and at age 5, children



become aware that emotions, such as fear, can be regulated.

But how is *your* child regulating fear?

And how can you help?

You can begin by talking to them about fear.

This is important, as your child will feel supported and safe. Ideally, fear should be acknowledged, regulated and released.

Talking about fear in this way also gives you the opportunity to determine how serious or concerning their fear is – only fears that persist or interfere with a child's life should be considered abnormal.

Typical fears according to developmental stages:

Toddlers: separation, noises, falling, animals and insects, using the potty, bathing and bedtime.

Pre-school children: fear of animals and insects, monsters and ghosts, getting lost, divorce, loss of a parent, and bedtime.

Primary school children: separation, noises, falling, new situations (especially starting school) and bedtime in younger children; social rejection, war, new situations, and burglars in older children.

Adolescents: burglars, new situations (going to college, etc.), war, divorce, and sexual relations.

You can support your child by respecting and listening to their feelings and fears. Allow them to describe and explain the fear, without judging or disregarding their experience.

Teach your children how to deal with fear – start off by acknowledging it. Regardless of what they are afraid of and why, to them it is real. Emphasise that it's not wrong to be afraid or fearful. In an appropriate context, explain to your children how you as an adult can relate to feeling unsure, scared or fearful.

Understand the fear – fear is ultimately a way or need to protect yourself from a potential risk, and an attempt to take care of yourself. Fear tells you that something doesn't feel or isn't right.

Try not to be overprotective by allowing your child to avoid all of the things that they are afraid of. And try not to overreact – this might reinforce and worsen the fear. However, avoid forcing your child to face their fears – a hidden threat may still be present.

Determine the level or seriousness of the fear. If your child's fear is persistent, influences their functioning, elicits concerning behaviour such as bedwetting/soiling, avoidance, panic, recurring nightmares, to name a few – ask for help. Be aware of potential risks and sources of fear in and around your home, school and social environments. Do as much as you can to provide your child with a safe and comfortable space wherever they may be. They deserve it.

For further support with your child's experience of fear and/or other behavioural concerns, contact Erika Revington, Educational Psychologist (HPCSA Reg No: PS0130451), Plettenberg Bay. 076 225 2204 / erikarevington@gmail.com

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A - Always remember, **your body is yours and only yours!**
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T - There are no secrets from Mommy.
If anyone tries anything
Always tell Mommy!
S - **Say something** so I can do something about it!

Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela Child Welfare Plett Tel 044 533 2257

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24-27 Feb - Knysna. Personal growth self-esteem & boundaries (CPD pending)
2-5 Mar - Knysna. Family foundation
1: Active listening skills
16-19 Mar - Knysna. Family foundation
2: Advanced active listening skills
7-8 Apr - Knysna. Anger, conflict management & assertiveness
22 Apr - Plett. Addictions
6-7 May - Knysna. Intimate relationships - Marriage & Divorce
19-21 May - Plett. Parenting skills (Equipping for life)
10 Jun - Knysna. Trauma
22 Jul - Knysna. Gerda Marx (NPA) on Sexual offences Act 08:30 – 11:00
11:30 – 13:30 Human trafficking
23 Jul -Plett. Supporting victims and families of sexual assault
4-6 Aug - Knysna. Dealing with grief
19 Aug - Plett. Intimate partner violence
2 Sept - Knysna. Child abuse
16 Sept - Knysna. Depression & suicide
7 Oct - Knysna. Mental health

This training is for those who are interested in potentially becoming voluntary FAMSA lay counsellors or for personal growth.

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On the weekend of the 21-23 February 2020, Plettenberg Bay Sea Scouts Group and 1st Knysna Sea Scouts will be heading to the Eastern Cape to take part in the

Kontiki

(Raft Building Competition)

BUT WE NEED YOUR HELP...

We are urgently looking for more blue drums as we are aiming to send approximately 17-20 scouts from our group (4 teams) and 2 teams from Knysna Sea Scouts...

This is a great opportunity for our scouts to meet other scouts and have FUN, so if you are able to assist, **PLEASE LET US KNOW...**

We would like to once again thank Offshore Adventures for donating our drums last year ...

If you would like to know more about our group, email

plettseascouts@gmail.com
or speak to our Scout
Group Leader
on 081 724 5366



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TWO light classical concerts for the benefit of Hospice Plett and St Peter's Anglican Church and its Outreach Programmes
Friday 24th and Saturday the 25th January 2020
St Peter's Anglican Church Hall, Church Street, Plett
Doors open at 6.30pm Concerts begin at 7pm. Free Seating
Tickets available from Barnie Barnard Market Square Info Centre
Tel 044 533 3219 Tickets R250 each

Soprano and Pianist Lisa Engelbrecht and Mezzo soprano Lindsay Thomson bring their audiences not only much loved opera classics, but musical theatre and popular song as well.

Lisa, a renowned musician has worked extensively across the globe as performer, accompanist and coach. She combines her busy performance career with the position as Head Opera Coach at the University of Cape Town.

Lindsay has also worked in both South Africa and Europe with various opera companies. Together they create unique programmes to encompass many musical genres.

Friday 24th January 2020 "Viva Italia"

A joyous selection of Italian sacred and opera arias, Handel, Mozart, Puccini, from Neapolitan and contemporary songs and musical theatre.

Friday 25 JANUARY 2020 "Belle Nuit"

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PBCPA

PLETTENBERG BAY CRIME PREVENTION ASSOCIATION

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Logan Harris reported as follow:-
Yesterday afternoon my mom gave 3 people a lift to Kranshoek on her way home from work.

When she stopped one of the guys jumped out of the car and took off with her purse and cell phone.

I got hold of the Kranshoek community watch and within minutes they had people getting info and finding leads.

At around 10pm we got a call to Id a suspect with saps it wasn't the suspect but the amount of people out with the CPF/ community watch was beyond astounding! ladies of all ages out at night helping to put a stop to crime.

At midday today I received a call from Kranshoek response team member notifying me that they had the suspect. All of my moms belonging were returned and the support from kwano saps was outstanding the suspect now sitting behind bars where he should be.

My thanks to the amazing community of Kranshoek for the support and help and the same to saps Kwano for the fast and efficient response.

Charges have been filed and will be followed through

Many thanks once again
faith in good people restored!

Logan Harris

PBCPA Executive team want to convey their heartiest gratitude to the Kranshoek Community for their support and assistance.

Working together towards a safer and crime free greater Bitou area

RESIDENTS AND VISITORS: Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

WORK WANTED

The following people are all looking for work, let's support where we can:



NEWTON Malawian man is looking for 5 days job as a gardener 3 yrs exp ref avail call 065 731 0954 / 062 544 3407

VICTORIA is looking for job as a housekeeper 4yrs exp call 064 017 9932

JOHN is looking for job as a chef call 064 359 5263

BRAVE is looking for gladdening or painting job for 2 days Fridays and Saturdays call 073 688 8881

SAM is looking for 1 day gardening job ref avail call 078 0591 786

HARRISON is looking for gardening work or house cleaning call 073 930 2946

I'M looking for gardening job with 10yrs exp call 078 1045 981

INNOCENT is looking for gardening job and housekeeper call 064 061 6054

ALEX Malawian is looking for job as a barman/ Barista, waiter ref avail call 073 7276 257

NTOMBIKAYISE is looking for job as a childminder, pre-school teacher, have Level 1-4 cert in ECD & Montessori training, exp working with kids ref avail call 071 157 3436

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MOREEN is looking for job as a housecleaner with 3 yrs exp ref vail call 071 068 9855

GRACE is looking for housecleaning job for 2 days with 4yrs exp ref vail call 074 667 9038

SARAH is looking for work as a housekeeper for 2yrs exp work permit avail call 060 400 2703

LOZALIN is looking for job as a housecleaner 2 yrs exp call 060 3964 072

EDWARD is looking for job as a painter and gardener call 064 3595 263

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Do not leave your belongings unsupervised
on the beach.
Never swim alone on a deserted beach or
walk alone in deserted areas or bushes.
Close all windows and lock all doors and
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Be constantly on the look-out for suspicious-
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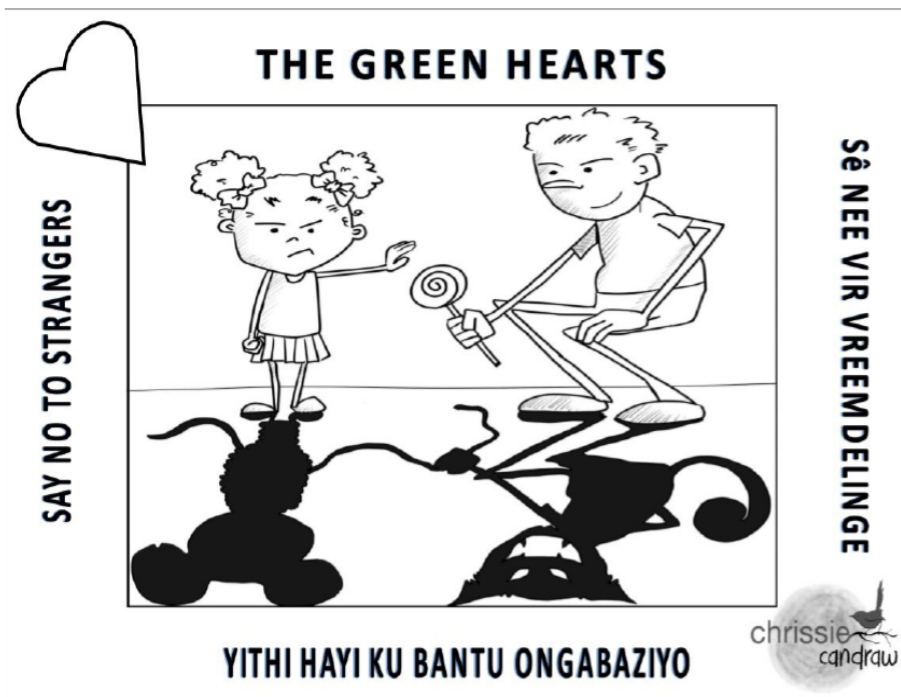
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knysna plett concert series

Presents
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Monday, February 3, 2020

A new year, a new series of wonderful classical concerts for your enjoyment!

Only the best for the Knysna Plett Concert Series audiences and to make sure we continue the long tradition of inviting only top musicians, we have Alissa Margulis, violin and Luis Magalhaes, piano, to perform three of Beethoven's violin sonatas in honour of the great composer's 250th Anniversary! Be part of the audience on this opening night and bring friends and family along to hear a superb concert.

Venue: Dutch Reformed Church Hall, Fichat Street

Time: 7.30pm

Tickets: At the door from 6.45pm;
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Collection from Guest House in Summer-
Strand P.E between 06h00 - 06h30

Duration of Game Drive 07h00 - 12h00

We enter the Park through the Addo Colchester Gate, Camp Matyholweni. The first few hours are good to see antelope, zebra and some of the cats. Between 09h00 and 09h30 we serve a delicious continental breakfast in the picnic area. Usually one has good sightings of elephants and buffalo after 10h00 nearer the waterholes. We return to the Gate around 12h00 and then back to the Guest House. Refreshments are available throughout the drive.

AFTERNOON GAME DRIVE

Collection from Guest House in Summer-
Strand P.E between 13h00 - 13h30

Duration of Game Drive 14h00 - 18h00

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VICTORIA is looking for housekeeper call 064 017 9932

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EDWARD is looking for job as a gardener call 064 359 5263

ARON Malawian guy is looking for housekeeping and gardening job call 063 568 4076

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CAROLINE is looking for cleaning job call 084 695 6418

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LOICE Zimbabwean lady is looking for domestic work 6yrs exp call 078 005 1231 / 062 429 7154

ISAAC Malawian is looking for job as a painter, gardener call 074 420 4729

JUSTICE looking for a job as a housekeeper with security grades, driving licence I'm South African citizen call 078 108 612 / 083 427 1002

KENNETH is looking for job as a housekeeper and gardening call 071 042 7791

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ISOBEL is looking for domestic work call 071 042 7791

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LWANJA is looking for job as a driver call 076 8481 569

ISAAC Malawian is looking for job as a gardener, painter and driving ref avail call 074 420 4729 / 071 068 9855

MEMORY Malawian is looking for job as a cleaner and baby sitter call 073 6511 879



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Are you *Clearing Out*, *Moving*, *Emigrating*, or just *Downsizing*? Do you want to donate your gently used unwanted kitchenware, appliances, bedding, clothing and furniture to a worthy cause? We will collect or you can drop them at the Hospice Plett Charity Shop in Crescent Street (below Shoprite car park). Contact our office on 044 533 5616 or email info@plettaid.org or Lynn on 072 783 8307 for further details.

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2



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3



Take your own cup for takeaway coffee

4



Carry a reusable water bottle to keep hydrated

5



Recycle all your glass, tin, paper and plastic

6



Be water wise, always

7



Get takeaways in your own container

8



Leave ONLY footprints on the beach

9




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