



What's New in PLETT

Est 1983

aka

WHAT'S THE BUZZ IN BITOU

Keeping you in touch
with our
WHOLE community!

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Email: printshop@mweb.co.za
Website: www.helloplett.co.za



IT'S OUR TIME



VF PLUS

BITOU

COMMUNITY MEETING

ARE YOU UNHAPPY ABOUT THE FOLLOWING?

- + POOR MANAGEMENT
- + CORRUPTION AND INCOMPETENCE
- + TARIFF HIKES
- + POOR INFRASTRUCTURE

**THEN COME AND JOIN OUR
COMMUNITY MEETING!**

DATE	TUESDAY, 21 JULY 2026
TIME	17:30
PLACE	PIESANG VALLEY HALL, PLETTENBERG BAY WITH ADV GERT VAN NIEKERK, HELEN WARD AND MICHELLE WASSERMAN

#GREENWILLGETITDONE

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determine where
you can go. They
merely determine
where you start.

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WHAT'S NEW IN PLETT - 16 JULY 2026



We meet every Monday

17h30 - 19h15

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EMERGENCY NO'S

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- DURING LOADSHEDDING: 079 894 1644

DOCTORS: 044 5332415 / 044 5330186 /

044 5330933 / 0445330400

AMBULANCE - Govt. 10177

Baycare Private 072 054 9110 / 044 533 6444

ER 24 hrs - 083 320 1199

Town Clinic 044 501 3700

MEDI CLINIC Plett 044 501 5100

FIRE/RESCUE EMERGENCY - 044 533 5000,

24 hrs / Office hrs 044 501 3230

SEA RESCUE - 044 533 2744 / 082 990 5975

ANIMAL WELFARE - PAWS - 083 287 9917

VETS - 044 533 3100 / 044 533 0124 /

044 533 9019

DENTISTS - 044 533 2318 / 533 2734 / 533 3446 /

533 0961 / 533 6363 / 533 0911

PHYSIOTHERAPISTS

044 533 6999 / 044 533 6966 / 044 533 3123

CHEMIST - 082 852 4696 / 044 5014620

/ 044 5331370 / 044 5332278

FAMSA 044 533 0515 / 079 640 6883

LOCKSMITHS - 044 533 3013 / 083 701 3434

/ 084 326 1806

MUNICIPALITY - 044 501 3000

MUNICIPAL HELPLINE 0861-248-686

SECURITY GUARDS-081 325 7385

/ 044 533 1691

VEHICLE BREAKDOWN - 044 5359303 /

083 269 8958 / 0445333259 / 0825682479

OPTOMETRISTS 044 533 2191 / 044 533 5195

CANSA CARE - 044 533 1813

CHIROPRACTOR - 044 533 4113 / 533 0230

HOMOEOPATHS - 082 788 1550 / 082 728 7161

MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119

SNAKES ALIVE - REPTILE RESCUE.

074 120 9416 / 044 534 8056

WOUND CARE 079 891 4325

PARKINSONS SUPPORT 083 2591763

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Bliss Empowerment Bags

We are proud to introduce the Bliss Empowerment Bags, a collaboration between Bliss Mobile Hair & Beauty Service, Legacy House School, and SHIELD GBV Response & Safeguarding. These bags are placed in victim support rooms to help create comfort and dignity for individuals affected by Gender-Based Violence. Each bag includes small but meaningful items such as water, snacks, hygiene essentials, lip balm, nappies, and other comfort items to support someone during a difficult time.

Every donation helps bring care, dignity, and support to someone when they need it most.

shieldgbv.consultancy@gmail.com

WhatsApp: +27 78 252 8046

Together we can create safer spaces and support healing in our community

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plett@chemdry.co.za or 082 563 1741



The Hidden Cost of Bullying: When a Classroom No Longer Feels Safe Bullying continues to affect the lives of many young people, with some cases resulting in serious emotional, educational and social consequences. A recent reported case from the local community tells the story of a learner who was allegedly subjected to persistent bullying. Over time, the pressure became overwhelming, and the learner was reportedly unable to continue with their schooling. Although every bullying case is different, safeguarding professionals warn that the effects can last long after the bullying has ended. Anxiety, depression, low self-esteem and educational disruption are among the challenges many victims face. Community leaders are calling on schools, families and community members to work together to create safer environments where children feel protected, respected and able to speak openly about their experiences. Bullying prevention is not solely the responsibility of schools. Parents, caregivers, peers and the wider community all have a role in recognising the warning signs and responding appropriately. No learner should feel that leaving school is their only option. If you or someone you know is experiencing bullying or feels unsafe, reach out to a trusted adult or seek

guidance from an appropriate support service. SHIELD Support Line 078 252 8046. Together, we create safer communities. ❤️

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Some of our posts reach up to 38,000 people, giving your business incredible visibility while showing you care about the community and the environment.

♥ 3 Ways to Sponsor:

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✓ Monthly: R1,000 or

✓ Monthly: R500

Your support keeps Plett beautiful, boosts tourism, and positions your brand as a local hero.

☎ Contact: Alison Bryant 082 572 1027

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Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela Child Welfare Plett 044 533 2257

IF YOU SEE a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

ZUMBA FITNESS, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

HOME FOR HOPE SOUP KITCHEN

The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

PLETT PRINT SHOP for Posters, labels, copies, binding, laminating, scanning and all sorts of other printing too
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ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 12h30 at The House of Steps. .

PARKINSONS SUPPORT GROUP

Maurice Hartshorne. Tel: 083 259 1763

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24 July 2026

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REACH FOR RECOVERY - Breast Cancer
Support Group. Phone June 044-533 3062

PBCPA

PLETTENBERG BAY CRIME PREVENTION ASSOCIATION

Emergency incident 10th July
Report Back

Accident occurred 15h00 on Longships Bike
and Vehicle involved First responder Marc
on scene 15h05 & requested Ambulance
urgently as one patient severely injured.
Medlife Ambulance service on scene 15h22.
Patient stabilized by Doctor on scene.
Patient handed over to Medlife Ambulance
Seriously injured patient loaded and taken
to Knysna Life Hospital 15h44

Unbelievable response and assistance.
Huge amount of gratitude towards First
Responders swift response and assistance.
I am honoured to be able to work with you
We wish the patient a speedy recovery
First Responders is a community-based
medical trained volunteer group who
provides their assistance to the professional
medical services. They self-fund their
equipment, fuel etc. They rely on donations
& sponsorship to assist with funding
FIRST RESPONDERS BANK ACCOUNT

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Account no. : 251989976
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PARKINSONS SUPPORT GROUP

Maurice Hartshorne. Tel: 083 259 1763

IF YOU SEE a lost or injured animal, or
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Letter via the Editor

Dreams really do come true.
Riley has returned from the SA
Schools Tennis UK tour and is
one happy kid.
We want to say a huge thank
you to everyone who supported
him—your generosity gave him the trip of a
lifetime to play the sport he loves,
competing on both clay and hard courts in
his official SA colors! Not only did he play
some great tennis, but he experienced



watching Wimbledon. He was even spotted on the official broadcast, sitting right in the front row directly behind the legend Stan Wawrinka during his absolute blockbuster match against Matteo Berrettini. Unbelievable! Thank you for backing him, believing in him, and making it all happen. Kind regards, Brett, Lyle and Riley.

WORK WANTED

The following people are all
looking for work, let's support
where we can:



ATTWELL seeks care giver job with driver's
licence call 065 510 1991

MONGEZI seeks garden work 078 881 544

ANNESTINE seeks domestic work, laundry,
and general work call 066 152 7163

GRAIG CAMPHER seeks any kind of work
call 084 616 9331

JANE seeks cleaning job for 3 days a week
call 063 023 3430

SALLY seeks baby sitting or any kind of
work call 084 762 1952

LINDIWE seeks housekeeping/ baby sitting
job call 071 6463 150

REGINA seeks domestic work or any kind
of work call 064 451 9355

ASANDA seeks domestic worker or
restaurant job call 071 7877 345

NELLY seeks caregiver / cleaning work with
exp call 076 788 0234

ZOLIWE seeks housekeeping job
call 078 129 8547

THANDEKA seeks domestic work
call 078 009 0230

NOMFUNKEO seeks housekeeping job call
065 730 6802

NOSIPHUWO seeks 3 days domestic work
or any job call 078 4277 776

MONICA seeks domestic work or any kind
of job for 3 days a wk call 083 5654 911

MAGGIE seeks job call 065 546 0064

PATRICIA seeks 2-3 job call 073 236 5006

THANDISWA seeks 2-5 days housekeeping
job call 065 565 4848

PUMLA seeks housekeeping job
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56 Longships Drive, Plettenberg Bay

Strandloper Project

Marine Wildlife Strandings in the Garden Route.

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization.

WHAT TO DO IF YOU FIND A TURTLE.

1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization.

5) Get a location pin

WHAT TO DO IF YOU FIND A LIVE SEAL.

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers.

WHAT TO DO IF YOU FIND A PENGUIN

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

WHAT TO DO IF YOU FIND A DOLPHIN

1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10

minutes. 4) Reduce any stress from dogs and crowds.

Plett area

Plett Stranding Hotline - +27 79 463 4837

Nature's Valley

Nature's Valley Trust- 044 531 6820

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Maurice Hartshorne. Tel: 083 2591763

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Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear – Nelson Mandela
Child Welfare Plett 044 533 2257

24 HOUR CRISIS LINE -Drug Addiction, Alcoholism, Depression, Relationships & Obsessions. Call 044-532 7547.
Discretion is assured.

WORK WANTED

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SIVIWE ELVIS seeks bartender or general worker job call 084 6745 183
HENDERSON seeks chainsaw operating and gardening job call 076 233 8846
MNYAMEZELI seeks construction work call 077 4207 601

JOE seeks garden, cleaning and painting work for only weekends call 073 035 0188

MIJELO seeks domestic work or cleaning job call 078 345 7603

ALEXANDER seeks garden work call 068 654 5716

INNOCENT seeks housekeeping or gardening job call 068 654 5716

VUYOKAZI seeks housekeeping/domestic work call 062 0877 670

SINAZO seeks housekeeping job call 076 314 5538

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Narcotics Anonymous
 Helpline 086 1006 962 www.na.org.za

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In memory of our precious
Charmaine Wild,

*Who adored our Plett Community
 so very much, please help
 Hospice / Plett Aid Foundation
 to continue doing the amazing job
 they do for our Plett Community.*

Plett Hospice Banking Details

FNB, Plett branch, 210514

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Account name:

The PlettAid Foundation.



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PBCPA

PLETTENBERG BAY CRIME PREVENTION ASSOCIATION

PBCPA Emergency Response Report back 11th July Head on vehicle collision incident reported 15h26. First Responder on scene 15h30, Ross reported 5 patients. 3 people got out of their vehicle and seem fine. Lady needs medical attention. Metro Ambulance response vehicle despatch from Knysna Urgent request for traffic to scene 15h32. Doctor and various other First Responders on scene 15h35. Ambulance on scene 15h44. Patient taken to Medi Clinic We wish the patient a speedy recovery First Responders is a community-based medical trained volunteer group who provides their assistance to the professional medical services. They self-fund their equipment, fuel etc. They rely on donations & sponsorship to assist with funding

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 083 266 2500

A reminder to our community.
FAMSA assists with all forms of emotional and relationship challenges, e.g. depression, abuse, grief, trauma, parenting and divorce counselling. We would love to assist and make a difference. **Call 044 533 0515 for info.**

IF YOU SEE a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

24 HOUR CRISIS LINE -Drug Addiction, Alcoholism, Depression, Relationships & Obsessions. Call 044-532 7547.
 Discretion is assured.

WHAT'S NEW IN PLETT - 16 JULY 2026
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Winter Warmer

From your home, to homes in need

Through our social responsibility initiative HOME2HOME, we invite you to share your story through your donations, and helping local communities in need in the Bitou area this winter!

If you have any unused clothing or blankets, please think of donating them to those who need it most by dropping it off at our office in Main Street in the HOME2HOME boxes provided, where they will be distributed to various shelters and charities.

For more information about our Home2Home initiative contact our branch:

044 5330311

plett@seeff.com

Sun Centre Building, Main St, Plett



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GOLDEX KNYSNA offers easy access, privacy and security with all your gold, silver and Krugerrand transactions. Conveniently situated in the centre of Knysna Mall, opposite Foschini. Also open Saturdays 9 to 1. Tel: Glen 082 7888 700 or Natasha 073 819 7492 or 044 - 382 0417.

Probus – What is it?

The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community. The objectives of Probus include: To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. We have regular meetings either for an informal breakfast or a luncheon during which a presentation on popular current day topics of interest is given at venues in and around Plett. So don't delay – **JOIN NOW!**
Phone Roger Houghton our Chairman at : 082 371 9097 or email at houghton@mweb.co.za



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SHIELD – Description

SHIELD is a GBV Response and Safeguarding Consultancy focused on providing practical, survivor-centred support and clear response pathways for individuals, organisations and communities affected by Gender-Based Violence. Our work centres on creating safer responses through compassionate guidance, ethical support practices and strong referral networks. SHIELD assists individuals by offering confidential support, helping them understand their options, and connecting them to trusted services such as counselling, legal assistance, medical care and social support.

In addition to direct support, SHIELD provides awareness talks, educational workshops and safeguarding guidance to communities, schools, organisations and businesses. These sessions aim to increase understanding of GBV, promote prevention, and empower people with the knowledge to respond safely and responsibly. Our mission is to improve how GBV is responded to — making support accessible, coordinated, trauma-informed and community-focused.

078 252 8046

shieldgbv.consultancy@gmail.com

LAX WITH TAX?

Take part in being tax smart!
Contact Sean M. Com (Tax), CA (SA)
for professional advice 044 533 0598

SNAKES ALIVE - REPTILE RESCUE

Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416/534 8056

ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held at 12H30 (Mondays) at The House of Steps "little wooden hut behind Piesang Valley Hall and Gym"

REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

IF YOU SEE a horse, mule or donkey in need of help please phone 072 370 2830

PHOTOCOPIES —THE PRINT SHOP

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Contact Marianne 082 414 8425 to arrange for a memorial plaque for your pet. Only R100 donation to PAWS gives you a plaque with your preferred wording.

KELVIN HOME IMPROVEMENTS

- Painting
- Plumbing
- Pool maintenance
- Tree felling
- Plot clearing
- Truck for hire

073 668 8000

Yeoman's Award



Shout out to Neil and his team at Plett Gas Supplies, I WhatsApp's Neil at 4:58pm on a Friday afternoon, "Neil, do you close at 5pm, I've started cooking and just ran out of gas" Neil and his team made a plan, stayed at the office for me, luckily I stay close 😊. Was back home and cooking with gas within 10 mins. Thank you for helping so late on a Friday afternoon.

WE CAN BIND YOUR DOCUMENTS @

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PLEASE KEEP OUR BEACHES AND

STREETS CLEAN when taking your pet for a walk. Poo Bags are available from all the Veterinary Clinics and pet supply shops. PAWS poo bags may be purchased at R20.00 for a roll of 30 biodegradable bags. Please Support Paws and keep our Town clean. Thank you

PHOTOCOPIES —THE PRINT SHOP

20 High Street, Plett
Tel & WhatsApp 084 775 3973

SUSPECT DOG FIGHTING ?

Phone Manager Public Safety/Law Enforcement all hours. You can stay anonymous. Tel. 044 533 5000

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neels@gardenrouteaircon.co.za

www.chigo.co.za

PLETT, KNYSNA & SEDGEFIELD



NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open.

If problems with above cell number try the below:

Deon Truter 082 569 5542

Marc Rodger 082 780 6427

Steff Le Roux 082 440 0932

Rob Gibson 083 277 0992



*Wishing the
following people a very
happy birthday this
coming week*

16 July - Charlene Spangenberg

18 July - Ayabakwa Peter ; Jean-Michael Norval

19 July - Conrad van Tonder ; Ina Olivier ; Natalie Thorpe ; Adele Coetzee

20 July - Riyaad Paruk

21 July - ♥ Chloe Sophia Wild ♥ ; Nicola Van Den Handel ; Desiree Evertse

22 July - Nicolette Wolfaardt ; Anganathi Ashwell Kriel ; Vashti Visser

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A/H 082 956 2111

marinewayvet@gmail.com

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Plettenberg Bay

Plett Pioneers Cricket Club
 THE WAIT IS OVER... PRE-SEASON IS HERE! ●●●
 A new season brings new opportunities, new challenges, and a fresh chance to wear the Pioneers badge with pride.
 The 2026/27 Pre-Season Training is officially underway, and now is the time to lay the foundation for a successful SWD Cricket League campaign. Every run, every catch, every ball bowled, and every training session counts.
 Whether you're a returning player or looking for a new cricket home, this is your opportunity!

- ✓ Ladies are welcome!
- ✓ All players aged 15 years and older are invited!
- ✓ No matter your experience, if you have the passion and commitment, we want you on the field.

Let's build a strong club culture, push each other to improve, and prepare to compete with pride throughout the upcoming season.

👉 Success is earned in pre-season. Champions are made before the first ball is bowled.

📍 Bitou Rugby Field
 📅 Starting: 16 July 2026
 ⌚ 18:00
 🗓 Every Tuesday & Thursday
 Bring your energy. Bring your commitment. Bring your Pioneer spirit.
 One Club. One Team. One Goal.
 ●●● BE PREPARED. BE FOCUSED.
 BE PIONEERS! 🏏

IF YOU SEE a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

Please Help!!! KEEP PLETT CLEAN

Account Name: Keep Plett Clean NPC
 Bank: Nedbank
 Account Number: 128 679 3319
 Branch Code: 198765
 SWIFT Code (for international payments): NEDSZAJJ
 info@keepplettclean.co.za

**INTERCEDING PRAYER NETWORK/
 VOORBIDDING GEBEDSNETWERK**
 Enquiries/Navrae: Cell 0834792037 Pastor Sam Fortuin

HOME FOR HOPE SOUP KITCHEN
 The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

PLEASE NOTE:
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PLETT STANDS AGAINST GENDER- BASED VIOLENCE

NO MORE SILENCE

IN THIS TOWN WE BELIEVE:

- No one should live in fear
- Consent is non-negotiable
- Survivors deserve to be heard and believed



WE STAND WITH VICTIMS



WE STAND FOR JUSTICE



WE STAND FOR CHANGE

Let's build a safer Plettenberg Bay – starting here.

#EndGBV #BelieveSurvivors #BreakTheSilence #Plett

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