



# What's New in PLETT

15 OCTOBER 2026

aka

## WHAT'S THE BUZZ IN BITOU

Keeping you in touch  
with our  
WHOLE community!

OCTOBER • BREAST CANCER AWARENESS MONTH

PLETTENBERG BAY

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 - DURING LOADSHEDDING: 079 894 1644  
 DOCTORS: 044 5332415 / 044 5330186 /  
 044 5330933 / 0445330400  
 AMBULANCE - Govt. 10177  
 Baycare Private 072 054 9110 / 044 533 6444  
 ER 24 hrs - 083 320 1199  
 Town Clinic 044 501 3700  
 MEDI CLINIC Plett 044 501 5100  
 FIRE/RESCUE EMERGENCY - 044 533 5000,  
 24 hrs / Office hrs 044 501 3230  
 SEA RESCUE - 044 533 2744 / 082 990 5975  
 ANIMAL WELFARE - PAWS - 083 287 9917  
 VETS - 044 533 3100 / 044 533 0124 /  
 044 533 9019  
 DENTISTS - 044 533 2734 / 044 533 3446 /  
 044 533 0961 / 044 533 6363 / 044 533 0911  
 PHYSIOTHERAPISTS  
 044 533 6999 / 044 533 6966 / 044 533 3123  
 CHEMIST - 082 852 4696 / 044 5014620  
 / 044 5331370 / 044 5332278  
 FAMSA 044 533 0515 / 079 640 6883  
 LOCKSMITHS - 044 533 3013 / 083 701 3434  
 / 084 326 1806  
 MUNICIPALITY - 044 501 3000  
 MUNICIPAL HELPLINE 0861-248-686  
 SECURITY GUARDS - 081 325 7385  
 / 044 533 1691  
 VEHICLE BREAKDOWN - 044 5359303 /  
 083 269 8958 / 0445333259 / 0825682479  
 OPTOMETRISTS 044 533 2191 / 044 533 5195  
 CANSA CARE - 044 533 1813  
 CHIROPRACTOR - 044 533 4113 / 5330230  
 HOMOEOPATHS - 082 788 1550 / 082 728 7161  
 MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119  
 SNAKES ALIVE - REPTILE RESCUE.  
 074 120 9416  
 WOUND CARE 079 891 4325  
 PARKINSONS SUPPORT 083 2591763  
 PLETT MARINE ANIMAL STRANDING  
 NETWORK HOTLINE - 079 463 4837



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 TO BE  
 happy,  
 NOT  
 STRESSED**



**WEEKLY MEETINGS**  
 Monday : 17h30 - 19h15  
 Cubs (7 - 10 years)  
 Scouts (11 - 18 years)  
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 plettenbergbay@scouts.org.za

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**SNAKES ALIVE - REPTILE RESCUE**

Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416

**ALANON MEETINGS.**

Is your home unhappy because someone drinks/drugs too much? Alanon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held at 12H30 (Mondays) at The House of Steps "little wooden hut behind Piesang Valley Hall and Gym"

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

*Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear - Nelson Mandela*  
Child Welfare Plett 044 533 2257

**IF YOU SEE** a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

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**PLEASE NOTE: DISCLAIMER:**

The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

# FLAVOURS OF THE OCEAN BEAUTY OF THE BAY

AMELIA'S  
at The Plettenberg

[www.theplettenberghotel.com](http://www.theplettenberghotel.com) | (044) 533 2030

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- ✓ Monthly: R1,000 or
- ✓ Monthly: R500

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📞 Contact: Alison Bryant 082 572 1027  
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**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

**24 HOUR CRISIS LINE** -Drug Addiction, Alcoholism, Depression, Relationships & Obsessions. Call 044-532 7547.  
*Discretion is assured.*

**IF YOU SEE** a horse, mule or donkey in need of help please phone 072 370 2830

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

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## LAX WITH TAX?

Take part in being tax smart!  
Contact Sean M. Com (Tax), CA (SA)  
for professional advice 044 533 0598

## DRUG PROBLEM?

Narcotics Anonymous  
Helpline 086 1006 962 [www.na.org.za](http://www.na.org.za)

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## Bliss Empowerment Bags

We are proud to introduce the Bliss Empowerment Bags, a collaboration between Bliss Mobile Hair & Beauty Service, Legacy House School, and SHIELD GBV Response & Safeguarding. These bags are placed in victim support rooms to help create comfort and dignity for individuals affected by Gender-Based Violence. Each bag includes small but meaningful items such as water, snacks, hygiene essentials, lip balm, nappies, and other comfort items to support someone during a difficult time.

Every donation helps bring care, dignity, and support to someone when they need it most.

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Together we can create safer spaces and support healing in our community

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 We'd love to be of service to you!

## HOME FOR HOPE SOUP KITCHEN

The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

## SNAKES ALIVE - REPTILE RESCUE

Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416

## ALANON MEETINGS.

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# PLETT PINK WALK

*Pink on me  
Power in me*

WALK | AWARENESS | SUPPORT | HOPE



**30**  
**OCT 2026**  
FRIDAY



**LONGSTONE  
PARK**  
PLETTENBERG BAY



**17:00 FOR  
17:30 START**

**R50**

UNDER 12 YEARS

**R70**

12 YEARS AND OLDER

**R200**

FAMILY OF 4

ENTER ON QUICKET LINK:  
<https://qkt.io/mLzdf>



## PINK TREES FOR PAULINE

Plett's schools, businesses and individuals are invited to make a bold statement and dress their trees in pink fabric from mid-September to the end of October 2026.

The funds raised will make a direct positive impact in our community when used to support local cancer programmes and patients treated by Plett Cancer Care.



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UNITED IN HOPE.



Research • Educate • Support

### CONTACT

Aida Mills: 082 334 4204 | [aidamills@gmail.com](mailto:aidamills@gmail.com)



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### SNAKES ALIVE - REPTILE RESCUE

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## Electronic waste collection day

Bring anything that is powered by electricity or batteries.  
Examples are old cell phones, fridges, tumble dryers, TV's, computers lap-tops, kettles, toasters, hairdryers, tools, lead, batteries, etc  
Saturday 31st October  
9am - 12noon  
Piesang Valley Hall, Plett

**INTERCEDING PRAYER NETWORK/  
VOORBIDDING GEBEDSNETWERK**  
Enquiries/Navrae: Cell 0834792037 Pastor  
Sam Fortuin

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# PROPERTIES OF THE WEEK

# Seeff

Success with every move.

**Newly Built Coastal Contemporary in Whale Rock Suburb – R 10 900 000**, This coastal contemporary home in Whale Rock suburb is designed around a spectacular east-facing view of Robberg Peninsula and the shimmering sea, with tall windows and flowing spaces that keep the panorama beautifully present. Inside, an expertly designed interior balances clean modern architecture with natural tones and textures, creating a refined coastal home that feels both striking and deeply considered. **Web ref: RLS1002915** | 4 bedrooms | 4½ bathrooms | 2 garages. **Daniel van Renen 082 883 6271**

**Fabulous 4 bedrooomed apartment with garage– R 2 999 000**, This spacious apartment has excellent value. Situated in a prime position on the ground floor of this sought after complex, it has its own enclosed and private garden, with a lawn, shrubs and shady trees. The spacious apartment is all on one level and has an open plan lounge leading out into the garden, a dining area and a stylish open plan kitchen. There is a useful single garage. Laridae is a well- maintained apartment block, with a large lawned recreation area and a sparkling swimming pool for the use of the residents. **Web ref: RLS1008132** | 4 bedrooms | 2 bathrooms | 1 garage. **Connie Peet 083 353 5971** | **Carol Zoutendyk 083 300 1211**

**Lush and Leafy Four-Level Living – R 9 950 000**, On this quiet side street, the twisted branches of a towering tree reach over the automatic gate as it glides open. Inside this fully walled property, the home rises tall, front and centre, yet it's the lush, leafy gardens—clearly cultivated with love—that set the delightfully homey tone. Climbing vines cascade down a retaining wall, while mature trees and layered greenery wrap the property, making it feel wonderfully secluded. **Web ref: RLS1007290** | 5 bedrooms | 3 bathrooms | 2 garages. **Dirk Green 082 814 4508** | **Elize Green 072 119 3710**

**Rare top-floor gem with stunning views in Santini Village – R 2 150 000**, Through Santini Village's manned gate, Tuscan-inspired buildings rise above shaded green courtyards and a glimmering communal pool. Your designated undercover parking bay awaits, and from there you ascend to the very top floor and arrive at this independently standing unit with no above or side neighbours. **Web ref: RLS989402** | 2 bedrooms | 2 bathrooms | 2 parkings. **John Carpenter 082 460 3838**

We have pre-qualified tenants looking for homes to rent in your area. If you are interested to maximize your financial property investment through exploring holiday or long-term letting opportunities and having it professionally managed, please call **Helen on 082 450 0007** | [helen.moulster@seeff.com](mailto:helen.moulster@seeff.com), **Richard on 082 825 3331** | [richard.ashton@seeff.com](mailto:richard.ashton@seeff.com) or **Kelly on 082 625 0311** | [kelly.bloom@seeff.com](mailto:kelly.bloom@seeff.com)

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**Fax: 044 533 0339**

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CALLED, CHOSEN, COURAGEOUS.

CALLLED, CHOSEN, COURAGEOUS

# BREAKING THE MOULD

Toni Mould

NICKY DE BEER

## Plettenberg Bay BOOK LAUNCH



DATE:

31 OCTOBER 2026



TIME:

10AM - 12PM



PLACE:

PLETT COMMUNITY CHURCH

RSVP BY

21 OCTOBER 2026



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## Electronic waste collection day

Bring anything that is powered by electricity or batteries.  
*Examples are old cell phones, fridges, tumble dryers, TV's, computers lap-tops, kettles, toasters, hairdryers, tools, lead, batteries, etc*  
Saturday 31st October  
9am - 12noon  
Piesang Valley Hall, Plett

**PLETT PRINT SHOP** for Posters, labels, copies, binding, laminating, scanning and all sorts of other printing too  
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## PLETTENBERG BAY

Friday 23rd October at 15h00.

Location: Insurance & Investment Shop, Upper Deck, Building

ENTER TODAY. DONATE TODAY. SAVE LIVES

Entry R200 includes a couriered registration pack and complimentary purple Speedo.

Contract: Chris Sounes 082 453 2459 or  
sounes.chris@gmail.com to arrange your entry

## Plett Community Policing Forum



It's been a year and a half since we last put out an appeal to the public for funds to assist and improve our local SAPS in providing crucial services.

Two and a half years ago we approached Point-S Tyres to help with tyre repairs to keep our SAPS vehicles on the road. We received a lot of donations from you, the public, to pay for these repairs. Your generosity made a big difference to the amount of vehicles on the road, not only by repairing tyres but by replacing parts such as fanbelts etc, which would otherwise have taken these vehicles off the roads for long stretches, while awaiting permission to get the repairs through the system. Point-S has subsequently closed down but Tyremart has taken over the task of keeping SAPS on the road, for the same price as we have been paying for the last almost three years. In the current state of the economy in our country, we are truly grateful for small mercies such as these, which help keep SAPS mobile.

As part of our CPF role in the Sixteen Days of Activism coming up, we are in dire need of two comfy chairs and a small coffee table for one of our Victim Rooms. They needn't be new at all, or even matching, just usable. If anyone has anything like this, please contact me privately on 0723739689. We would be extremely grateful.

If you are in a position to assist with tyre repair donations, our bank details are as follows:  
Plettenberg Bay Community Policing Forum  
First National Bank Plettenberg Bay Branch  
Code : 210214 Account No. : 63030615364  
Our very capable Treasurer, Liz, is in control of all funds received. Thank you to all who have donated to this important initiative in our endeavour to improve and hold accountable our frontline safety and security.

Thank you in anticipation.  
Lisa, Plettenberg Bay Policing Forum

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The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (063 840 7154)

## ALCOHOLICS ANONYMOUS.

Call 078 045 6988

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*A Print Shop Publication*



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Murray High School  
**A GOLD MEDAL AND TWO MAJOR AWARDS FOR LINATHI KOYANA!**  
Congratulations to our very own Linathi Koyana for winning the FFS Refiners Award and an iPad at the International Science Fair (ISF) held in Johannesburg! These awards recognise her outstanding science project and her exceptional achievement as a young woman in science. To make her achievement even more remarkable, Linathi also walked away with a Gold Medal for her project! 🏆

Linathi is a shining example of what young people can achieve through hard work, dedication, curiosity and a passion for science.

Her success is an inspiration to other young women and aspiring scientists. She has made Murray High School, the Eskom Expo Eden Karoo Region, Eden and Central Karoo Education District, and the Western Cape proud.

Congratulations, Linathi! Your hard work has paid off. May this be the beginning of even greater achievements!

**Jana, professional,  
certified Massage Therapist**

Come spoil yourself



## ALMOST SUMMER SPECIAL

**Foot & Calf Massage (30 minutes)**  
R250.00

**Neck and Head Massage (30 minutes)**  
R250.00

**Back, Neck, and Shoulder Massage (40 minutes)**

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**Bookings essential**

**Jana 082 070 9417**

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**Keep Plett Clean** is making this happen – and YOU can be part of it! Some of our posts reach up to 38,000 people, giving your business incredible visibility while showing you care about the community and the environment.

💖 3 Ways to Sponsor:

✓ Once-off: R10 000 - R15 000

✓ Monthly: R1,000 or

✓ Monthly: R500

Your support keeps Plett beautiful, boosts tourism, and positions your brand as a local hero.

📞 Contact: Alison Bryant 082 572 1027  
Join us today. Let's keep Plett clean – together!

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Tel & WhatsApp 084 775 3973**

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**PLEASE NOTE: DISCLAIMER:**

The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

## Probus

– What is it?

The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community. The objectives of Probus include: To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. We have regular meetings either for an informal breakfast or a luncheon during which a presentation on popular current day topics of interest is given at venues in and around Plett. So don't delay – JOIN NOW!  
Phone Roger Houghton our Chairman at : 082 371 9097 / houghton@rweb.co.za



### *Let's celebrate the following Birthdays*

- 15 Oct - Michelle Richards
- 17 Oct - Shaney Plaatjies
- 18 Oct - Pamela Joy ; Blayke Jooste
- 20 Oct - Claudia Wantling ; Oliver Tonkin
- 21 Oct - Sanelisiwe Saney Mdashe ; Felicity Cross

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### SNAKES ALIVE - REPTILE RESCUE

Snakes play a very important role in our eco-system. Don't kill them, call us. We capture and re-release them back into wild protected areas. 074 120 9416

## NOW AT OUR NEW PREMISES



*Put their paws in experienced hands*

Dr Pete Dahlmann

Tel 044 533 3100

A/H 082 956 2111

marinewayvet@gmail.com

**59 Beacon Way, Plett**

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# NSRI

## CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

**Give as much information as possible & stay in position and keep your telephone line open.**

If problems with above cell number try the below:

Deon Truter 082 569 5542  
Marc Rodger 082 780 6427  
Steff Le Roux 082 440 0932  
Rob Gibson 083 277 0992



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## SHIELD – Description

SHIELD is a GBV Response and Safeguarding Consultancy focused on providing practical, survivor-centred support and clear response pathways for individuals, organisations and communities affected by Gender-Based Violence.

Our work centres on creating safer responses through compassionate guidance, ethical support practices and strong referral networks. SHIELD assists individuals by offering confidential support, helping them understand their options, and connecting them to trusted services such as counselling, legal assistance, medical care and social support.

In addition to direct support, SHIELD provides awareness talks, educational workshops and safeguarding guidance to communities, schools, organisations and businesses. These sessions aim to increase understanding of GBV, promote prevention, and empower people with the knowledge to respond safely and responsibly.

Our mission is to improve how GBV is responded to — making support accessible, coordinated, trauma-informed and community-focused.

078 252 8046

[shieldgbv.consultancy@gmail.com](mailto:shieldgbv.consultancy@gmail.com)

## PARKINSONS SUPPORT GROUP

Maurice Hartshorne. Tel: 083 259 1763

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[www.helloplett.co.za](http://www.helloplett.co.za)

## ZUMBA FITNESS

Classes daily, Monday to Friday  
Mornings and evenings  
Call Merle 0815805520

## ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 12h30 at The House of Steps.

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## PLEASE KEEP OUR BEACHES AND

**STREETS CLEAN** when taking your pet for a walk. Poo Bags are available from all the Veterinary Clinics and pet supply shops. PAWS poo bags may be purchased at R20.00 for a roll of 30 biodegradable bags. Please Support Paws and keep our Town clean. Thank you

**PAWS Memorial Wall**  
In remembrance of your beloved Dog or Cat

Contact Marianne 082 414 8425 to arrange for a memorial plaque for your pet.  
Only R100 donation to PAWS gives you a plaque with your preferred wording.

## Free Male Circumcision

Interested men and boys

(10 years and older)

3 October 2026

+

17 October 2026

- Bring the following if you are under 18

ID copy of guardian

Birth certificate

- Those aged 18 and above

Bring a copy of your ID

Plett Town Clinic

Transport is available

Shaun Terblanche 073 513 5119

Please WhatsApp your details

- Name and surname

- Date of birth

- Contact number

- Area



## DUAL-LIVING PROPERTY IN BOWTIE, Plettenberg Bay.

Asking Price: R3,900,000

Situated in Bowtie, Plettenberg Bay, this versatile property offers dual-living potential with a spacious 3-bedroom main residence and a separate studio apartment with own gated entrance to secure parking. Ideal for family living, rental income, or an investment project.

For more information or to arrange a viewing, contact Bev Stunden at Rengrow Properties:

Cell: 082 971 6464

Email: [bev@rengrow.co.za](mailto:bev@rengrow.co.za)

Website: [www.rengrow.co.za](http://www.rengrow.co.za)

A reminder to our community.

**FAMSA** assists with all forms of emotional and relationship challenges, e.g. depression, abuse, grief, trauma, parenting and divorce counselling. We would love to assist and make a difference. **Call 044 533 0515 for info.**

**IF YOU SEE** a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

**GET IN SHAPE.** Lose weight, have fun.

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## Strandloper Project

Marine Wildlife Strandings in the Garden Route.

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization. **WHAT TO DO IF YOU FIND A TURTLE.**

1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization. 5) Get a location pin.

## WHAT TO DO IF YOU FIND A LIVE SEAL.

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers.

## WHAT TO DO IF YOU FIND A PENGUIN

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

## WHAT TO DO IF YOU FIND A DOLPHIN

1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs and crowds.

## Plett area

Plett Stranding Hotline - +27 79 463 4837

## Nature's Valley

Nature's Valley Trust- 044 531 6820

## WORK WANTED

The following people are all looking for work, let's support where we can:

**ESTHER** seeks housekeeping or domestic worker call 084 4088 745

**CAROLINE** seeks housekeeping and laundry call 071 067 9324

**FOSTINA** seeks housekeeping or laundry job call 070 3385 690

**JANE** seeks domestic job call 063 0233 430

**REALY** seeks housekeeping job 067 844 9193

**OLIVIA** seeks housekeeping job Mon-Fri call 068 563 6409

**QUEEN** seeks housekeeping job call 068 5988 048

**MODESTER** seeks housekeeping job call 081 5978 358

**CHRISPIN** seeks 1-3 day housekeeping, painting, gardening job 9yrs exp call 061 1067 205

**LILIAN** seeks housekeeping work call 068 821 2522

**MIRACLE** seeks cleaning job call 065 618 7322 / 078 2929 652

**SHIRA** seeks cleaning job call 078 2929 652 / 084 944 1460

**TIWONGE** seeks housekeeping job call 078 56 14221

**PATRICIA** seeks cleaning job 075 207 6075

**FLORENCE** seeks housekeeping work call 072 192 6053

**NTOMBEBHONGO** seeks housekeeping job call 078 298 3451

**SIYANDA** seeks housekeeping/cleaning job call 078 298 3451

**SANDISWA** seeks housekeeping/cleaning job call 068 9877 644

**CHULUMANCO** seeks housekeeping job call 073 340 8110

**BOOI** seeks driving job call 065 568 9259

**ZUMBA FITNESS**, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

## LAX WITH TAX?

Take part in being tax smart!  
Contact Sean M. Com (Tax), CA (SA)  
for professional advice 044 533 0598

## DRUG PROBLEM?

Narcotics Anonymous  
Helpline 086 1006 962 [www.na.org.za](http://www.na.org.za)



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## WEBSITE DEVELOPMENT & UPGRADES

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044 553 3830

How to Survive Plett season as a Seasoned professional.

Honestly trying to survive a busy season in Plett is quite easy if you follow 5 easy steps!

1. Your new mode of transport is your legs (Trust me walking will be quicker than driving)

2. If you want to go anywhere that could be busy, BOOK IN ADVANCE!

3. Don't like crowds, but want to go to the beach? Avoid Central and Robberg 5 beach!

4. Go to the shops but everything is running out? Shop early in the morning before the crowds get there!

5. If you have to drive, avoid driving through Plett's CBD at peak times in the day, trust me anyone could run faster than that then! I hope this helps you in the upcoming holiday season!

Many thanks, Kelsi Simleit Grade 10.1 Wittedrift, Fish Eagle

## CASH IN YOUR UNWANTED GOLD

jewelry, silverware and Krugerrands at Goldex, Knysna.

Conveniently situated in the centre of Knysna Mall, opposite Foschini. Also open Saturdays 9 to 1. Tel: Glen 082 7888 700 or Natasha 073 819 7492 or 044 - 382 0417.

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**FAMSA** provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief. Please call 044 533 0515.