



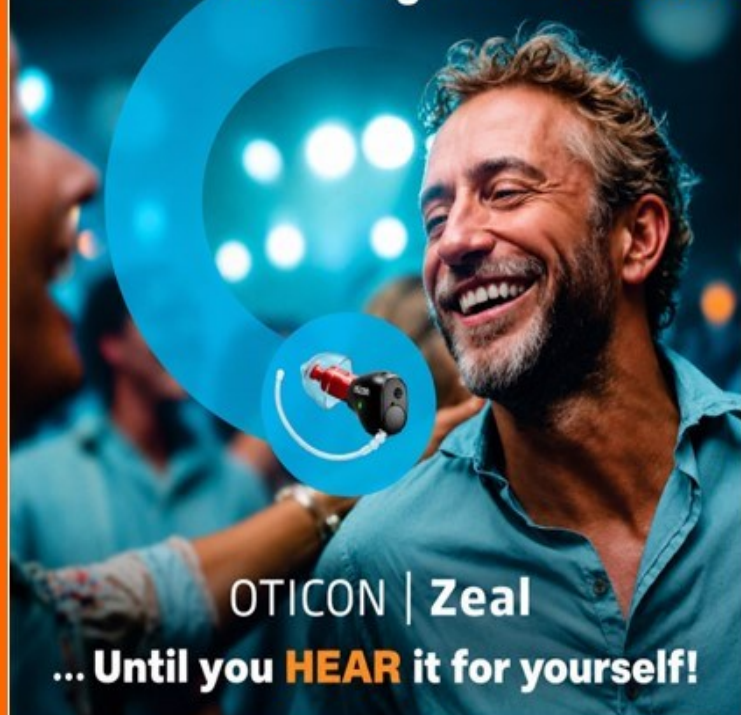
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1 OCTOBER 2026

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PAWS Kennel Manager

At the end of September we say a massive thank you and a goodbye to Tracy Van Der Byl, the current PAWS Kennel manager who has been with PAWS for 13+ years. We welcomed Suzanne Le Roux to the PAWS team mid-September to ensure Tracy and Suzanne have appropriate hand over time. Suzanne has always had a deep love for animals and believes that every dog deserves to feel safe, loved and understood. She has a particular soft spot for the shy, fearful and sometimes misunderstood dogs — the ones who need a little more patience and someone willing to give them a chance.

With hands-on experience in animal welfare, Suzanne enjoys being involved in all aspects of kennel life, from the daily care and wellbeing of the animals to exercise, enrichment, health checks and helping them build trust and confidence.

For Suzanne, working with animals is about much more than keeping kennels clean and making sure the dogs are fed. It is about getting to know each individual animal, understanding what they need, and helping them become the happiest version of themselves while they wait for their forever homes.

She is grateful to be part of the PAWS family and looks forward to giving her time, heart and experience to the animals who need it most. PAWS 083 287 9917



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Strandloper Project

Marine Wildlife Strandings in the Garden Route.

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization.

WHAT TO DO IF YOU FIND A TURTLE.

1) Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization. 5) Get a location pin.

WHAT TO DO IF YOU FIND A LIVE SEAL.

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers.

WHAT TO DO IF YOU FIND A PENGUIN

1) Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization. 4) Take a location pin to share with the rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

WHAT TO DO IF YOU FIND A DOLPHIN

1) Check for any obvious injuries. 2) Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless

advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs and crowds.

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[Stephne Roche - Feb '82]



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"Two Sisters — One Story": New Awareness Talk Highlights What Children Experience Inside Domestic Violence. A new awareness talk titled "Two Sisters — One Story" is set to bring an important and often overlooked perspective to the conversation around gender-based violence (GBV): the child's experience.

Presented by sisters Victoria and Sarah through SHIELD GBV Response & Safeguarding Consultancy, the talk focuses on what children truly experience inside homes affected by domestic violence — not only the visible incidents, but the atmosphere, the fear, the silence, and the long-term impact that shapes their understanding of love, safety, and self-worth.

While public conversations around GBV often focus on adult relationships, "Two Sisters" shifts the lens to the child who watches, listens, and learns from what happens behind closed doors. "Children may not always understand the words," Victoria explains, "but they understand the feeling. They feel tension. They feel fear. And those feelings shape their identity long before they have language for what is happening."

The awareness talk explores how repeated exposure to violence can normalise unhealthy patterns, sometimes carrying into adulthood. It addresses themes such as

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trauma bonding, the cycle of abuse, community silence, and the difficult realities surrounding leaving abusive environments. Importantly, the talk does not aim to blame or sensationalise. Instead, it encourages reflection and responsibility.

The sisters share how children often attempt to become protectors in violent homes — stepping into adult roles far too early. They also highlight how communities sometimes see warning signs but remain silent out of fear, uncertainty, or the belief that domestic violence is a "private matter." "Silence protects perpetrators more than it protects victims," Sarah says. "Awareness creates choice. And choice creates change."

Through storytelling combined with educational insight, "Two Sisters" encourages audiences to recognise that violence is not only physical. Emotional control, isolation, intimidation, and constant criticism can all create environments of fear — environments that children absorb deeply.

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The talk concludes with a powerful reminder: while the past cannot be changed, awareness gives communities the opportunity to respond differently for the next generation.

SHIELD GBV Response & Safeguarding Consultancy offers awareness talks, workshops, and community education programmes aimed at strengthening early response and prevention.

Organisations, schools, workplaces, and community groups interested in hosting the "Two Sisters — One Story" awareness talk can contact:

Support Line: +27 78 252 8046
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Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear — Nelson Mandela
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Let's celebrate the following Birthdays

1 Oct - Robyn Hinrichson ;
Kelly Walden

2 Oct - Celeste Fourie

1 Oct - Willem Van Tonder

3 Oct - Kate Hawkins ; Shaun Wild ;
Kim Robertson ; Wesh Limise Bongoza

5 Oct - Monique Wallet

6 Oct - Maria Cacace ; George Faria ;
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7 Oct - Mary-Anne Cunningham ;
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WHAT

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WHEN

SATURDAY, 31 OCTOBER
09:00—12:00

WHERE

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Plettenberg Bay has lost a true legend today. My father, Roger William Davis, slipped away peacefully at home this morning (25/09/2026), with his wife and daughter by his bedside, holding his hand, telling him how loved he is. ❤️
Roger will be known for his love of his sports cars and his family, great stories and sense of humour! He founded the PAWS charity shop and was also a whizz at mending broken items. Dad ran the shop for so many of his retired years, all in the aid of contributing towards helping his favourite animal, dogs! There are no words to express how privileged his family feels to have experienced life with him and we will truly miss his shenanigans. Rest easy Gumpy 🐾
Emily Davis

Probus

– What is it?
The Plett Probus Club is a local association of retired or semi-retired professional or business people who have similar levels of interest, are of good character and are respected in the community. The objectives of Probus include: To stimulate thought, interest and participation in a variety of activities and to create opportunity to make new friends at a stage in life when folk have both the need and the time. As a Probian, you will find membership interesting and satisfying, but what is more important, you will meet and enjoy the fellowship of a group of similarly minded folk, who, like yourself, are expanding their interest and extending their friendships. We have regular meetings either for an informal breakfast or a luncheon during which a presentation on popular current day topics of interest is given at venues in and around Plett. So don't delay – JOIN NOW!
Phone Roger Houghton our Chairman at : 082 371 9097 / houghton@rmweb.co.za



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ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Al anon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held at 12H30 (Mondays) at The House of Steps "little wooden hut behind Piesang Valley Hall and Gym"

A reminder to our community.

FAMSA assists with all forms of emotional and relationship challenges, e.g. depression, abuse, grief, trauma, parenting and divorce counselling. We would love to assist and make a difference. **Call 044 533 0515 for info.**

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♥ THANK YOU, PLETT SEA SCOUTS! ♥

A huge shoutout to the amazing Plettenberg Bay Sea Scouts Group for helping us give the centre a greener future! They planted an incredible 22 of our donated trees, helping restore habitat and bring more biodiversity back to the grounds. But, we're not done yet! We still have plenty of trees waiting to go into the ground. If you'd like to get involved and help us with planting trees, painting enclosures, clearing debris and invasive trees, please join our volunteer WhatsApp group to hear about our next volunteer day. Drop us a message on 078 135 3611. 22 trees down. Let's keep growing! 🌱



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