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## What's New in PLETT

Est 1983

aka

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"THE HOLIDAY SEASON  
IS A PERFECT TIME  
TO REFLECT ON OUR BLESSINGS  
AND SEEK OUT WAYS TO  
MAKE LIFE BETTER  
FOR THOSE AROUND US."

-TERRI MARSHALL

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- DURING LOADSHEDDING: 079 894 1644  
DOCTORS: 044 5332415 / 044 5330186 /  
044 5330933 / 0445330400  
AMBULANCE - Govt. 10177  
Baycare Private 072 054 9110 / 044 533 6444  
ER 24 hrs - 083 320 1199  
Town Clinic 044 501 3700  
MEDI CLINIC Plett 044 501 5100  
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LOCKSMITHS - 044 533 3013 / 083 701 3434  
/ 084 326 1806  
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MUNICIPAL HELPLINE 0861-248-686  
SECURITY GUARDS-081 325 7385  
/ 044 533 1691  
VEHICLE BREAKDOWN - 044 5359303 /  
083 269 8958 / 0445333259 / 0825682479  
OPTOMETRISTS 044 533 2191 / 044 533 5195  
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## WHAT'S ON

**PREVENT FRAUD, AND DON'T BE A VICTIM OF SCAMS. PEOPLE MUST BE AWARE AND BE VIGILANT.**

- Don't give out personal information on the phone, through the mail or over the internet unless you have initiated the contact or know whom you are dealing with.
- Verify if the representative posing on behalf of the company does indeed work at the company
- Criminals sometimes uses the names of banks and their officials to give credibility to their "referrals" or support other aspects of their "to good-to-be-true" business proposals
- The offer may even be backed with impressive-looking documentation and letterheads, which may even be genuine, that have been stolen or reproduced.
- Once you are hooked, you will be asked to

deposit money to help the transaction take place.

- If you make a deposit, you will never see the money again.
- Under no circumstances should you attempt to reply, either by email, phone or post.
- We urge you not to become another statistic in these scams.

### COMPUTER SUPPORT.

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**16 DAYS OF ACTIVISM  
AGAINST GENDER BASED  
VIOLENCE**  
**16 DAYS –16 EVENTS PROGRAMME**  
**08 Dec:** Bitou Social Development forum:  
 10h00 march Kranshoek.  
**10 Dec:** Bahia youth Lab: Int. Human rights  
 day. Online anti-bullying campaign.



**Potential Nick Frischke Sighting –  
Your Help Needed If You're in  
Plettenberg Bay**

A German tourist believes that she may have seen Nick Frischke, the missing German tourist, in Plettenberg Bay. The woman was sitting in a coffee shop in Plettenberg Bay with her travel companion when she saw a young man who looked down and out and confused. As the young man walked by she heard him repeatedly saying "112 kommen", "112 kommen" ["123 respond, 123 respond"] to no one in particular. Frischke worked as a fireman in Döbern, Germany and 123 is the emergency number Germans dial to get the fire brigade and other emergency services. She immediately googled pictures of Frischke and thought that the young man she had just seen looked like him. If you are going to be in Plettenberg Bay this holiday season please be on the lookout for someone who looks like Frischke. Nick is 174 cm tall and of medium build. The woman says the man that she saw was wearing a brown hoodie, blue jeans and brown ankle high shoes. Please contact our local police if you suspect you see him.

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Shari

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**16th Dec 9am - 4pm**

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**Plettenberg Bay**

**Contact**

**Shari 082 490 6317**

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**Parkinsons Support Group**

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**PLEASE KEEP OUR  
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when taking your pet for a walk. Poo Bags are available from all the Veterinary Clinics and pet supply shops. PAWS poo bags may be purchased at R20.00 for a roll of 30 biodegradable bags. Please Support Paws and keep our Town clean.

Thank you

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**N.S.R.I - 082 990 5975**

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**Public Safety - 044 533 5000**

**Medlife Ambulance 044 533 6444**

**ER24 Ambulance 084 124**

**Fire & Rescue 044 501 3230**





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The above mentioned organisation is asking  
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you. Enq: Theodora Krabie (073 816 9021 /  
063 840 7154)

### *Letter via The Editor*

The VMMC- Voluntary Medical male circum-  
cision program is a program that works  
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We have these programs once a month and  
we have professionals that do the circumcs.  
Additional information is also provided on  
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We cut from the age of 10 yrs and older. It  
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Kind regards  
Frendell Shaun Terblanche

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pect abuse,  
please call PAWS on 083 287 9917

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# NSRI

## CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel  
number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

**Give as much information as possible & stay in position and keep your telephone line open.**

**If problems with above cell number try the below:**

**Deon Truter 082 569 5542**  
**Marc Rodger 082 780 6427**  
**Steff Le Roux 082 440 0932**  
**Rob Gibson 083 277 0992**

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## Plett Car Attendants 2024

It's that time of the year again.  
 We handed out the new bibs for the Legal Vetted Car attendants for the season and new year. We would like to thank Keep Plett Clean and Kwik Spar for the sponsorship of the Bibs and SOL Kitchen for the sponsorship of boerie rolls and the Venue. Link -Luxury Chauffeur for the drinks. Thank you to our very special Mayor Cl Dave Swart and the Speaker Cl Claude Terblanche for attending the handover and the words of encouragement.  
*Please note for season. All legal car attendants wear a blue bib with a number on the right breast. If you see an illegal car guard please use the municipal app to report them.*

**A QUICK FACT:** None of the legal car attendants are employed by the Municipality, they rely solely on tips for an income.  
**If you have any problems please whatsapp me on 0792644349.**

May you all have a fantastic season.  
 Alison Bryant and Lisa Nagel my other hands in this endeavour thank you thank you thank you ladies.  
 Gerrie van der Walt

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## SOMETIMES MISS THE WHAT'S NEW?

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## CLINICAL PSYCHOLOGIST

Dr Ilza Botha  
 Cell: 076 116 1132

## Cyril James Africa

born on 31 May 1943



Passed away peacefully  
 surrounded by his family on 4- February 2021.

*He is survived by his Joo loving wife, Shirley Witbooi,  
 2 sisters, 1 brother, 6 children, 18 grandchildren,  
 12 great grand children and 1 great great grandchild*



# Everything I need

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## Entertainment and Cuisine

Biltong Boutique	071 658 1919
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Good Earth	082 600 4101
KFC	044 533 3097
MacFee (restaurant)	082 802 9543
Mugg 'n Bean	044 533 1486
Pick 'n Pay Liquor	044 533 4331

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Clicks	044 533 1936
CrossFit Plett	044 533 0155
Doctor Klopper	044 533 3499
Horse & Hound	044 533 1368
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Simple Seed	079 739 7321/ 071 319 5330
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## Supermarkets

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ATM FNB	
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Corner Marine Drive & Muller Street  
Plettenberg Bay

*Shirley Witbooi*

*born on 16 July 1943*



passed away peacefully surrounded by her  
family on 22 November 2023.

*She is survived by 1 brother, 2 sisters,  
5 children, 18 grandchildren, 12 great grand children  
and 1 great great grandchild*

**Plett Beach Watch - Lifeguards**

Full roster of beaches with lifeguard crews  
as of 01/12/23 Lifeguard crews in  
conjunction with shark spotters are manning  
the following beaches for summer  
Natures valley beach (Blue Flag) 10am-6pm,  
The Waves Beach (Blue Flag) 10am-6pm,  
The Dunes Beach (Blue Flag) 10am-6pm,  
Lookout beach (Blue Flag) 7am-7pm,  
Hobie Beach 10am-6pm,  
Central Beach 7am-7pm,  
Robberg 1 Beach 7am-7pm,  
Robberg 5 Beach (Blue Flag) 7am-7pm,  
Please adhere to all lifeguard instructions,  
only swim between the flags, never swim  
alone & swimming out of lifeguard hours is  
not recommended, swimming only at  
manned beaches is recommended, other  
beaches will be activated closer to season  
Plett Beach Watch

**INTERNET CONNECTIVITY**

Call Jaco at Perfect Systems 082 676 2390

**REACH FOR RECOVERY** - Breast Cancer  
Support Group. Phone June 044-533 3062

Unplanned Pregnancy **HOPE CENTRE**  
can help. 078 177 5119

*Safety and security don't just happen, they  
are the result of collective consensus and  
public investment. We owe our children, the  
most vulnerable citizens of our society, a life  
free of violence and fear – Nelson Mandela  
Child Welfare Plett 044 533 2257*

**WHAT'S NEW IN PLETT - 7 DECEMBER 2023**  
[www.helloplett.co.za](http://www.helloplett.co.za)

**if you see** a horse, mule or donkey in need  
of help please phone 072 370 2830

A reminder to our community.  
**FAMSA** assists with all forms of emotional  
and relationship challenges,  
e.g. depression, abuse, grief, trauma,  
parenting and divorce counselling.  
We would love to assist and make a  
difference. **Call 044 533 0515 for info.**

**RING BINDING  
THE PRINT SHOP**

20 High Street, Plett  
044-533 2530 / WhatsApp 084 775 3973

**GOLDEX KNYSNA MOVED** to Knysna Mall  
– West End in Dec.2020. We are now more  
secure and easier to access. Come in for a  
visit! Tel. Glen 082 7888 700 or 044 – 382  
0417.



**AIRCONDITIONING**

**SUMMER SPECIALS ON AIRCON UNITS**

**12000 BTU GREEN - R7999.00**

**12000 BTU GREEN INVERTER - R9300.00**

**Back to back installation included**

Garden Route Airconditioning  
(GR/AC) is situated in Plett and we  
supply, install and maintain all aircon  
units, cold/freezer rooms,  
under-bar fridges, upright fridges,  
domestic household fridge/freezers,  
washing machines, tumble driers,  
microwaves, etc.

also supply solar aircons and air purifiers  
Our Chigo Lite and Green Aircons are  
corrosion treated in the factory  
and increase operation  
for more than 5 years.

GR/AC offer 3 years guarantee  
on all their Aircon units  
provided units are serviced once a year.

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**082 604 5943**

**neels@gardenrouteaircon.co.za**

**www.chigo.co.za**

**PLETT, KNYSNA & SEDGEFIELD**



# Season trading

Hours 2023/2024

Over 50 shops for your convenience.

Pick n Pay



Date	Centre Hours	Woolworths Hours	Pick 'n Pay Hours
Wed 13 Dec	8:30am to 5pm	7am to 7pm	8am to 7pm
Thurs 14 Dec	8:30am to 5pm	7am to 7pm	8am to 7pm
Fri 15 Dec	8:30am to 5pm	7am to 7pm	8am to 7pm
Sat 16 Dec	8:30am to 5pm	7am to 7pm	8am to 7pm
Sun 17 Dec	8:30am to 5pm	7am to 7pm	8am to 6pm
Mon 18 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Tues 19 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Wed 20 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Thurs 21 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Fri 22 Dec	8:30am to 6:30pm	5am to 7pm	7am to 7pm
Sat 23 Dec	8:30am to 6:30pm	5am to 7pm	7am to 7pm
Sun 24 Dec	8:30am to 5pm	5am to 6pm	7am to 7pm
Mon 25 Dec	OPTIONAL TRADING	7am to 2pm	CLOSED
Tues 26 Dec	8:30am to 5pm	7am to 7pm	7am to 7pm
Wed 27 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Thurs 28 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Fri 29 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Sat 30 Dec	8:30am to 6:30pm	6am to 7pm	7am to 7pm
Sun 31 Dec	8:30am to 5pm	7am to 6pm	7am to 7pm
Mon 1 Jan	OPTIONAL TRADING	7am to 6pm	8am to 6pm
Tues 2 Jan	8:30am to 5pm	7am to 7pm	8am to 7pm
Wed 3 Jan	8:30am to 6:30pm	7am to 7pm	8am to 7pm

## Usual trading hours

Monday to Friday 9am to 5pm

Saturday 8:30am to 2pm • Sunday 9am to 1pm

plett  
*it's a feeling!*

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MARKET  
SQUARE  
Shopping Centre

044 533 6300 • Beacon Way  
[www.themarketsquare.co.za](http://www.themarketsquare.co.za)





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Rina van Huyssteen

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popitinn@gmail.com

www.popitinn.co.za

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20 High Street, Plettenberg Bay  
044-533 2530 / WhatsApp 084 775 3973  
printshop@mweb.co.za  
We'd love to be of service to you!

### SUSPECT DOG FIGHTING ?

Phone Manager Public Safety/Law  
Enforcement all hours. You can stay  
anonymous. Tel. 044 533 5000

**DIAMOND EXPERT** - I will buy your  
diamonds or provide professional advice  
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**CASH** for your unwanted  
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Expert advice and discretion. No deal too  
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Appliance Plett 0721493351

### DO YOU NEED LAMINATING?

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**REACH FOR RECOVERY** - Breast Cancer  
Support Group. Phone June 044-533 3062

WHAT'S NEW IN PLETT - 7 DECEMBER 2023  
www.helloplett.co.za



## ALL-IN-ONE SALON IN PLETTENBERG BAY

- Dermalogica • Environ • Heliocare
- Tan Lab Spray Tan • Depilève
- Charlotte Rhys • Rapid Lash/Brow
- Be Bright • LaTweez • Invisibobble
- DMK • BioBrush • Sexy Socks & more

Visit us at The Market Square Shopping Centre

(next to the Crazy Store)

Open 7 days a week • Operational during loadshedding

Bookings: 044 020 0400 / 064 542 6646  



*Wishing the  
following people  
a very happy  
birthday this  
coming week*

8 December - Tash Pells

9 December - Michelle Grayling

11 December  
Kelly Gilbert ; Sonique Plaatjies

13 December  
Walisa Vivian Futshane

### HOME FOR HOPE SOUP KITCHEN

The above mentioned organisation is asking  
for your kind donations of stamp, mielies,  
bread, soup mix, pasta and veggies for  
±150 children in KwaNokuthula. Kindly  
leave at Print Shop for collection. Thank  
you. Enq: Theodora Krabie (073 816 9021)

**YELLOW FEVER VACCINATION** ph 082  
557 5255 Eden Travel

## Plettenberg Bay Gymnastics Club



Fun classes for all children  
from 3yrs old and older.

Competitive classes available for all  
children in Primary & High School.  
Keep fit, improve strength,  
flexibility & learn amazing new skills  
and tricks!

Bring your child for a  
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Email:  
plettgymnasticsclub@gmail.com  
For any further info  
and to book a spot.

### ZUMBA FITNESS

Classes daily, Monday to Friday  
Mornings and evenings  
Call Merle 0815805520



# CHARMAINE'S HOUSE OF HAIR

**CHARMAINE 072 657 0156**  
3 CRESCENT STREET, BELOW ZANZIBAR, PLETT



# DID YOU JUST TEST POSITIVE FOR COVID-19?

You may be eligible to participate in a research study



**Tsitsikamma Clinical Research Initiative** is seeking volunteers to participate in a research study of an investigational medicine being evaluated to see if it reduces hospitalization and death in patients with COVID-19 at high risk for disease progression.

## Are you eligible?

- Tested positive for COVID-19 within the last 5 days
- Symptoms started within the last 5 days
- **Must** meet one of the following:

80 years or older	Or	65 years or older with at least one of the following:	Or	18 years or older with at least one of the following:
		<ul style="list-style-type: none"><li>• Obesity</li><li>• Heart disease (including hypertension)</li><li>• Lung disease</li></ul>		<ul style="list-style-type: none"><li>• Down syndrome</li><li>• Sickle cell disease</li><li>• Dementia</li><li>• Have a weakened immune system condition</li><li>• Receiving a treatment that lowers the activity of the body's immune system</li><li>• Parkinson's disease</li><li>• Care home resident</li></ul>

## Study participation will include:

- Up to 8 study visits within a 60-day period
- Study procedures include several blood tests, nasal swabs, physical examination, and vital signs (blood pressure, heart rate, respiratory rate, and body temperature)
- Study medication or placebo, two pills twice a day for 5 days, in addition to standard COVID-19 treatment prescribed by study doctor

To learn more, contact a member of the study team:

**Bianca Vollgraaff – Clinical Research Study Coordinator**

Email: [bianca.vollgraaff@tcri.org.za](mailto:bianca.vollgraaff@tcri.org.za)

Phone: 071 165 2792 or 072 224 1608



The research was approved by a Health Research Ethics Committee and the South African Health Products Regulatory Authority (SAHPRA).





The 176 000 hectare  
Greater Addo Elephant National Park  
is the third largest National Park  
in Southern Africa.

The variety of wildlife found in the Park  
is astounding, with 417 species of birds,  
95 kinds of mammals, including the Big 5  
and of course the 600 elephants  
that roam there,  
it is an absolute treat for nature lovers.

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www.addogamedrives.co.za

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If you see a lost or injured animal, or sus-  
pect abuse, call PAWS on 083 287 9917

In memory of our precious  
**Charmaine Wild,**

please help Hospice  
/ Plett Aid Foundation

to continue doing the amazing  
job they do for our  
Plett Community.

Plett Hospice Banking Details

FNB, Plett branch, 210514

Acc no: 62048095063

Acc name:

The PlettAid Foundation.

## Plett Evangelical Fellowship

As for me and my house,  
We will serve the Lord. Joshua 24:15

Anton: 082 878 4193 / Graeme 083 628 1648

### A word fitly spoken is like APPLES OF GOLD in a setting of silver - Proverbs 25v11

Last week we saw there is a Christian  
responsibility to carry one another's burdens  
as instructed in the book of Galatians  
chapter 6 verse 1. Today we consider the  
instruction in the same passage to carry our  
own load which might seem strange unless  
we understand that there is a major  
difference between burden and load.  
A burden is distress or grief over which we  
have no control and is common to all  
humanity to a greater or lesser extent.  
A load on the other hand is something we  
voluntarily decide to carry. The Greek word  
for "load" is *portion* which was the word  
used to refer to a soldier's backpack and  
every soldier will make sure it contains what  
will help him to win the fight for his king. In  
some parts of the world the load Christians  
carry is horrific persecution, but in our  
secular, materialistic and hedonistic society  
our load is more subtle such as being  
mocked, ostracised and belittled for Biblical  
moral values. This load is especially hard  
for young people to carry as they want to be  
popular and accepted by their peers. All of  
us must decide individually how heavy a  
load we are prepared to carry to glorify  
Jesus Christ our King and then carry it  
faithfully or else we bring dishonour to the  
name of Christ. To make this point Jesus  
used an illustration as recorded in Luke  
14v28-For which one of you, when he wants  
to build a tower, does not first sit down and  
calculate the cost to see if he has enough to  
complete it? Otherwise, when he has laid a  
foundation and is not able to finish, all who  
observe it begin to ridicule him.  
In conclusion some loads are those of our  
own making when we are offensive, unkind  
and judgemental. Let us not be guilty of that  
error.  
God Bless, Graeme Greenwood

WHAT'S NEW IN PLETT - 7 DECEMBER 2023  
[WWW.HELLOPLETT.CO.ZA](http://WWW.HELLOPLETT.CO.ZA)

**CX REMOVALS** We do  
furniture / goods wrapping  
& packing Nationwide.

078 254 8279 [cxremovals@gmail.com](mailto:cxremovals@gmail.com)

### PAWS Orphans

Steamy summer days. Please keep  
your pets well hydrated!

Our kennels and cattery are filling up.  
Please share the news of all of our animals  
for adoption. We need to get them moving!  
**MAISIE** is an energetic, sweet and sociable  
little dog, a young adult, who, we have  
discovered, loves the sea!

**JESSIE** (reserved- fingers crossed!) is  
about 7 months old now and will be medium  
sized. She's very enthusiastic about life!

**TINKER** is a confident, lively and clever  
pup. He's 5 months old, still growing.

**HOPE**, a young adult girl, has energy to  
spare and loves to play at high speed.

**TAFFY** is a friendly little boy, about 2-3  
years old. He's currently being fostered so  
do ask about him if you don't see him at the  
kennels.

**STOMPIE** is around 2 years old, a big dog  
in a smallish body, happy and confident.

**TWO PUPPIES** will soon be able to be  
adopted. Typical pups- cheeky, adorable,  
chewy little girls.

Please come and spend some time in the  
PAWS cattery. We have a lovely bunch of  
cats and kittens of different ages and  
personalities. For now, here's a video of our  
youngest kittens. Still photos next time.

For more information on adoption please  
call 083 287 9917

For donations, our banking details: ABISA  
account 9093019538, branch code 632005,  
reference donation, proof of payment  
to [dbutlin@gbw.co.za](mailto:dbutlin@gbw.co.za)

### DO YOU NEED COLOUR COPIES?

THE PRINT SHOP, 20 High Street, Plett,  
044-533 2530 / WhatsApp 084 775 3973

**PINEDENE STORAGE** Safe, secure, easy  
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anything from Household goods to boats  
and cars. Dave & Jacky Martin Phone/Fax  
044 533 9119 Cell 082 849 5011

### ALCOHOLICS ANONYMOUS.

Call 078 045 6988

### PLEASE NOTE: Disclaimer:

The views expressed in What's New in  
Plett are not necessarily those of the  
Editors or Staff of What's New in Plett.

## THRIVING or SURVIVING?

LIFE COACHING

ANTONY GARDY

INTEGRAL PROFESSIONAL COACH

[www.antonygardycoaching.com](http://www.antonygardycoaching.com)





## Plett Gymnastics

Chelsi Muller you are an absolute asset to our Community. You are teaching our little ones to be flexible, healthy, fit and looking after their little bodies and amazing gymnasts. Your love, care and guidance is so above and beyond. You guys put on a fabulous show, your hard work this year has certainly paid off - we are incredibly proud of you all.



## COMPUTER SUPPORT.

Internet Connectivity  
VOIP - Voice over IP.  
Backup Solutions / Cloud Services.  
VPN - Virtual Private Networks.  
Hardware & Software Solutions.  
Enterprise Email.  
Call Jaco at Perfect Systems 082 676 2390

**ZUMBA FITNESS**, a Latin inspired dance fitness programme, designed to enhance flexibility, an excellent cardio workout, strengthening the core, and all this whilst having fun. Call Merle 081580 5520

## LAX WITH TAX?

Take part in being tax smart!  
Contact Sean M. Com (Tax), CA (SA)  
for professional advice 044 533 0598

## ALANON MEETINGS.

Is your home unhappy because someone drinks/drugs too much? Alanon offers help, free of charge, to the families and friends of problem drinkers/users. Meetings are held on Mondays at 13h00 at The House of Steps. Call 083 256 0841.

## BROCHURES, PRICE LISTS, STATEMENTS, COMPLIMENT SLIPS, BUSINESS CARDS, LABELS,

... You name it... We do it!  
Great prices, good quality.  
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Your local printers.

## CASH IN YOUR UNWANTED GOLD

jewelry, silverware, diamonds and top end watches at Goldex, Knysna Mall - West End (near Spar). Tel. Glen 082 7888 700 or 044 - 382 0417.

**IF YOU SEE** a horse, mule or donkey in need of help please phone 072 370 2830

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**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

**PSYCHOLOGIST, DR JANE LUCK,**  
Plett/Crags, 083 256 0841.

**GOLD TRADER KNYSNA HAS MOVED** to Knysna Mall - West End (near Spar). We are now called Goldex and are no longer in Main St. Knysna. Tel. Glen 082 7888 700 or 044 - 382 0417. Also open Sat. mornings.

## www.helloplett.co.za

Your complete directory of who does what and where to find them in our beautiful Bay. Remember to list your business with us, so people can find you!

## CASH FOR GOLD

Your unwanted or broken gold jewellery.  
Best prices guaranteed  
Appointment at your convenience  
All deals very discreet  
Call Domenico tel. 083 266 2500

**IF YOU SEE** a lost or injured animal, or suspect abuse, call PAWS on 083 287 9917

**ADVANCED FOOT CARE** Sr Gillian  
Corns Callouses, Ingrown Nails etc  
072 672 4162

## SOMETIMES MISS THE WHAT'S NEW?

Don't be sad... We're also on the Web.  
www.helloplett.co.za Read the whole publication on your computer.

**AFFORDABLE DIAMONDS** available at Goldex, Knysna Mall - West End (near Spar). Good selection to choose from, some certified. Contact Glen on 082 7888 700 or 044 - 382 0417.

**DO YOU NEED PRINTING OR SCANNING A4 & A3. COLOUR AND BLACK & WHITE COME TO THE PRINT SHOP**  
044-533 2530 / WhatsApp 084 775 3973

## INTERNET CONNECTIVITY

Call Jaco at Perfect Systems 082 676 2390

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

Unplanned Pregnancy **HOPE CENTRE** can help. 078 177 5119

## CLINICAL PSYCHOLOGIST

Dr Ilza Botha  
Cell: 076 116 1132

**PELLS / MYBURGH PHYSIOTHERAPY**  
044 533 6966

## DO YOU NEED BUSINESS CARDS?

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**GET FIT GET HEALTHY**  
Have fun! **Zumba Fitness**  
Call Merle 081 580 5520

**PARKINSONS SUPPORT GROUP**  
Maurice Hartshorne. Tel: 083 2591763



# NSRI

## CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

**give the the following info:**

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

**Give as much information as possible & stay in position and keep your telephone line open.**

**If problems with above cell number try the below:**

**Deon Truter 082 569 5542**  
**Marc Rodger 082 780 6427**  
**Steff Le Roux 082 440 0932**  
**Rob Gibson 083 277 0992**

**EVERESS IS LOOKING FOR A WORK** as a housecleaner, ironing, window cleaner or any domestic work avail immediately call 078 924 7388

**FAMSA** provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief. Please call 044 533 0515.

**NEED TO RENT A 2 ROOM HOUSE** New Horizons cell 084 212 8276

**DEFY REPAIRS** to stoves, washing machines, dishwashers, tumble driers & microwaves. Prompt service + Guaranteed repairs. Call Jon CX Appliance Plett 0721493351

**FELESTER KAUTA MALAWIAN IS LOOKING FOR** a domestic worker call 063 278 2983 Mon-Fridays

**RESIDENTS AND VISITORS:** Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags



# POLO

## @ NORSEMAN MENSWEAR

- Demar Centre, Main Str, Knysna ph 044 382 1984




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**Plett Stranding Hotline**  
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FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief. Please call 044 533 0515.

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**JESCA** is looking for a job as a housekeeper call 060 382 4603  
**THABISA** is looking for a domestic work or baby sitter ref avail call 074 873 4630  
**LIYAN** is looking for job as a cleaner call 078 69 77760

**antony gardy dentistry**  
 general • cosmetic • implant  
 044 533 0961

**MARIA** is looking for domestic work call 074 777 8797  
**MIKE** is looking for gardening job call 063 194 5365  
**Florence** is looking for a housemaid job call 061 272 1104  
**MERCY** is looking for job as a care giver call 061 8383 655

**HéLÈNE SERFONTEIN** Physiotherapy. 084 514 7098

**Moon Shine on Whiskey Creek - The Craggs.** We are offering super special discounts for off-peak stays. From 15% to 25% Direct bookings only  
[www.whiskeycreek.co.za](http://www.whiskeycreek.co.za)  
 WhatsApp 072 200 6656

**GET FIT GET HEALTHY**  
 Have fun! **Zumba Fitness**  
 Call Merle 081 580 5520

**Parkinsons Support Group**  
 Maurice Hartshorne. Tel: 083 2591763

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**PLETT HANDYMAN - General Home Maintenance.** 072 477 3230

**CASH FOR GOLD**  
 Your unwanted or broken gold jewellery. Best prices guaranteed  
 Appointment at your convenience  
 All deals very discreet  
 Call Domenico tel. 083 266 2500

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**DO YOU NEED FLYERS?**  
 COLOUR AND BLACK & WHITE  
 COME TO THE PRINT SHOP  
 044-533 2530 / WhatsApp 084 775 3973

**Residents & visitors:** Please don't put out your garbage bags until the day of collection. There are baboons in the area, as well as seagulls which tear open the bags

**Work wanted**  
 The following people are all looking for work, let's support where we can:  
**INNOCENT** Malawian is looking for a domestic work with exp in gardening, painting, pool cleaning, housekeeping and maintenance call 078 992 5807  
**FAIDA** is looking for a domestic work call 071 2300 035  
**RUTH** is looking for a job as a cleaner or baby sitter ref avail call 063 1099 712 / 063 899 8059  
**JACOB** is looking for a gardening or painting job with exp ref avail call 063 899 059 / 063 1099 712  
**SHANTELL** Zimbabwean lady is looking for a job as a housekeeper or baby sitter call 074 339 9473  
**JANE** is looking for a cleaning job 2 days a week Tues and Thursdays call 063 023 3430  
**NTHATI** is looking for cleaning job call 083 4560 784  
**RUTH** is looking for a job as a cleaner or baby sitter with exp ref avail call 063 1099 7127  
**FLORENCE** is looking for a job as a domestic work call 078 969 6119  
**MERCY** is looking for a job as a domestic work full time call 063 181 2088  
**MAGGIE** is looking for a job as a domestic work call 064 041 4690  
**FEBBIE** is looking for a job as a domestic work call 060 592 5088  
**MARY** is looking for a job as a domestic work call 083 329 7593





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## PROPERTIES OF THE WEEK

### ELEGANT MODERN RESIDENCE IN PREFERRED PRIVATE ESTATE – R 9 850 000

This splendid home is entered via double glass, security sliding doors into a spacious open plan living area. The garden, verandah and pool are well lit with globe and bollard lamps as well as downlighters. The single garage, with tiled floor and window, is accessed from the house

Web ref: RLS931452 | 4 bedrooms | 4½ bathrooms | 1 garage

**Daniel van Renen 082 883 6271**

### UP - MARKET AND FABULOUS: HOME IN WHALE ROCK RIDGE - R 9 600 000

This brand new, modern, double storey home has been designed to maximise the views towards the Robberg Reserve, ocean, and natural surrounds in the renowned Whale Rock Ridge Secure Estate in Plettenberg Bay.

Web ref: RLS909463 | 5 bedrooms | 5 bathrooms | 2 garages

**Connie Peet 083 353 5971 | Carol Zoutendyk 083 300 1121**

### A BLANK CANVASS IN SOLAR BEACH! – R 9 000 000

Presenting a unique opportunity to build your dream coastal retreat, this vacant stand is situated in the coveted Solar Beach area, just a stone's throw away from the sandy shores and the Robberg Peninsula. This prime piece of land offers an incredible canvas upon which to craft your ideal beachside house.

Web ref: RLS941394 | Erf size: 809m²

**Alet Ollemans 083 657 5678**

### LOVELY SEA VIEWS, WALK TO THE BEACH, GREAT POSITION – R 2 500 000

This apartment has lovely sea views from the balcony and living room. Close to the beach. Situated in the centre of Keurbooms Village. 2 Bedrooms, 1 bathroom, kitchen, open plan living area. Small storeroom. This seldom comes available, grab the opportunity now. Needs your TLC.

Web ref: RLS944140 | 2 bedrooms | 1 bathroom | 1 parking

**Dirk Green 082 814 4508 | Elize Green 072 119 3710**

### SIMPLEX with SEA & MOUNTAIN VIEW – R 2 350 000

This Sunny and Bright 4 Bedroom 2 Bath Apartment with views of the SEA and Tsitsikamma mountains must be on your short list for viewing. If sun, view and accommodation is important to you...look no further.

Web ref: RLS930492 | 4 bedrooms | 2 bathrooms | 1 garage

**John Carpenter 082 460 3838**

### IMMACULATE SPACIOUS APARTMENT IN SECURE COMPLEX – R 2 150 000

Conveniently situated in popular Greenpoint Mews Complex. This top floor apartment affords you an opportunity for a perfect permanent Home, or as a lock-up and go holiday apartment.

Web ref: RLS944154 | 2 bedrooms | 1 bathroom | 1 parking

**Roscilla Sardini 067 760 5118**

**We have pre-qualified tenants looking for homes to rent in your area.**

**If you are interested in achieving a premium rental income every month and having it professionally managed, please call Helen on 082 450 0007 or email [helen.moulster@seeff.com](mailto:helen.moulster@seeff.com)**

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