



# What's New in PLETT

aka

## WHAT'S THE BUZZ IN BITOU

Keeping you in touch  
with our  
WHOLE community!

**Tel: 044 533 2530**

Email: [printshop@mweb.co.za](mailto:printshop@mweb.co.za)  
Website: [www.helloplett.co.za](http://www.helloplett.co.za)



**WHAT'S NEW IN PLETT 24 OCTOBER 2019**



## SANTA SHOEBOX PLETT

**Pledging NOW OPEN**

**Drop off : 26 Oct**

*Drop off at Piesang Valley Hall from 09h00 - 13h00*

**1400 PLETT children  
would love to receive  
SANTA SHOEBOXES**

Its only possible  
with the public's generosity  
Each and every box counts !!

PLEASE register and pledge on  
**[www.santashoebox.org.za](http://www.santashoebox.org.za)**

Or download the new APP (Apple and Android)  
It only takes 5 minutes to register!!

Sponsored &  
supported by :





*Supporting the fighters,  
Admiring the survivors,  
Honouring the taken  
And never, ever  
giving up hope ♥*

### **Pampered Pooch** *Dog Grooming Parlour*

**082 941 4887**

**044 533 6137**



**No. 11 Marine Drive, Plett.**



Jaco Grobler +27 82 676 2390

jaco.grobler@me.com



**PLETT**  
DENTAL STUDIO

DR. LOUISA PIEK  
& ASSOCIATES

6 Longships Drive. 044 533 6363

[www.plettdentalstudio.com](http://www.plettdentalstudio.com)

### **RICARDO'S GLASS PLETT**

**072 739 0534**

Glass, balustrades, aluminium  
doors & windows, framed and  
frameless showers, mirrors,  
clear burglar bars

**24/7 callout / emergency**

MILKWOOD FRAMING  
AND GALLERY is now  
situated in Shop37  
FLORINA PLACE  
Main Road, Plett  
044 5336671  
082 9286026

[www.helloplett.co.za](http://www.helloplett.co.za)

WHAT'S NEW IN PLETT - 17 OCTOBER 2019

### **mkon Construction**

Civil Construction, Building  
& Project Management

Tel: 044 050 1246

Cell: 081 356 4442

[admin@mkon.co.za](mailto:admin@mkon.co.za)

[www.mkon.co.za](http://www.mkon.co.za)

**ZAKS LATTE - 082 410 9939**

SUPPLY OF

1,8m CCA H3 treated

2,4m Latte, 3m

### **C&C RECRUITMENT**

082 259 4610 / 082 550 2905

[www.ccrecruitment.co.za](http://www.ccrecruitment.co.za)

[cecile@ccrecruitment.co.za](mailto:cecile@ccrecruitment.co.za)

[clair@ccrecruitment.co.za](mailto:clair@ccrecruitment.co.za)

### **Déjà Vu Antiques**

We Buy & Sell  
Antiques, Collectables, Books  
Woodmill Lane, Knysna.  
Tel: 044 382 1259



082 468 4760

Tel: 044 532 7607

[email:aopproducts@mweb.co.za](mailto:email:aopproducts@mweb.co.za)

### **AUTOMATED OUTDOOR PRODUCTS**

GATE MOTORS

ACCESS CONTROL

ELECTRIC FENCES

SECURITY BEAMS

INTERCOM SYSTEMS

PUMP REPAIRS

GARAGE DOOR OPENERS

IRRIGATION

### **EMERGENCY NO'S**



CRIME PREVENTION ASS. 082 251 8134

POLICE: 10111 / 044 501 1900/1907/1908

DOCTORS: 044 5332415 / 044 5330186 /

044 5330933 / 0445330400

AMBULANCE - Govt. 10177

Baycare Private 072 054 9110 / 044 533 6444

ER 24 hrs - 083 320 1199

Town Clinic 044 501 3700

MEDI CLINIC Plett 044 501 5100

FIRE/RESCUE EMERGENCY - 044 533 5000,

24 hrs / Office hrs 044 501 3230

SEA RESCUE - 044 533 2744 / 082 990 5975

ANIMAL WELFARE - PAWS - 083 287 9917

VETS - 044 533 3100 / 044 533 0124 /

044 533 9019

DENTISTS - 044 533 2318 / 533 2734 / 533 3446 /

533 0961/ 533 6363/ 533 0911

PHYSIOTHERAPISTS

044 533 6999 / 044 533 6966 / 044 533 3123

BODY STRESS RELEASE 072 791 7008

CHEMIST - 082 852 4696 / 044 5014620

/ 044 5331370 / 044 5332278

LOCKSMITHS -044 533 3013 / 044 533 2370 /

083 701 3434

MUNICIPALITY - 044 501 3000

MUNICIPAL HELPLINE 0861-248-686

SECURITY GUARDS-081 325 7385

/ 044 533 1691

VEHICLE BREAKDOWN - 044 5359303 /

083 269 8958 / 0445333259 / 0825682479

OPTOMETRISTS 044 5331335 / 044 533 2191 /

044 533 5195

CANSA CARE - 044 533 1813

CHIROPRACTOR - 044 533 4113 / 533 0230

HOMOEOPATHS - 082 788 1550/ 082 728 7161

MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119

SNAKES ALIVE - REPTILE RESCUE.

074 120 9416 / 044 534 8056

### **MOTOR SPARES EMERGENCY:**

**GARY'S MOTOR SPARES**  
24 Hour Call - 082 490 7453

### **REIKI**

Experience this incredible healing energy  
which works on, mind, body and Soul.

Usui Reiki Master

Jacqui 0823276301 / 044-5339119

### **PLETT CARPET CLEANERS**

24 hr Emergency Water Extraction  
Ph. 533 1139/082 572 1027.



**ENJOY BETTER INTERNET  
WITH LOCAL SERVICE & SUPPORT!**

Visit us at 8 High Street, Plettenberg Bay  
044 533 3275 | [www.tcsplett.co.za](http://www.tcsplett.co.za)

# My Butchery

**Deli • Dough • Fish**  
**@plett**

Tel: 044 533 4974  
info@mybutchery.co.za

## GET THE BEST DEAL

VISIT MY BUTCHERY AND COME EXPERIENCE OUR RANGE AND **MEAT** OUR FRIENDLY STAFF

**CLUB & T-BONE**

**R89.95**

P/KG

**BEEF MINCE**

**R74.95**

P/KG

**BEEF BILTONG**

**R249.95**

P/KG

**TENDERISED STEAK**

**R99.95**

P/KG

**BEEF PATTIES**

**R79.95**

P/KG

**BOEREWORS**

**R85.95**

P/KG

**ON REQUEST  
WE DO GLUTEN & WHEAT FREE SAUSAGE**

*Remember, Bulk deals always available, just ask!*

**OPEN MONDAY - SATURDAY**

\*Valid from 24 October - 31st October 2019 or while stocks last

**Cnr. Robberg rd & Piesang Valley, Plettenberg Bay, 6600** *while stocks last*

# 10 ways to have an eco friendly summer...

RENEW  
able  
plett

1



Bring your own reusable shopping bags to the shops

2



Say NO thank you to plastic straws

3



Take your own cup for takeaway coffee

4



Carry a reusable water bottle to keep hydrated

5



Recycle all your glass, tin, paper and plastic

6



Be water wise, always

7



Get takeaways in your own container

8



Leave ONLY footprints on the beach

9




Buy local Plett products

10



Plant an indigenous tree or sponsor one at The Green Ticket

Follow us on Facebook:  Renew Able Plett



# "CHARMAINE'S HOUSE OF HAIR"



**CHARMAINE 072 657 0156**  
**3 CRESCENT STREET, BELOW ZANZIBAR**  
**OCTOBER SPECIAL**  
**COLOUR, CUT, BLOW & TREATMENT R650**

Child Welfare South Africa- Plettenberg Bay would like to locate the following people:

The biological parents of their youngest child born of their relationship between Mr. Alves Henrique De Oliveira and Ms. Shireen Grootboom

If you have any information regarding the whereabouts of the above mentioned people, please contact: Ms. Chivonne Strydom. Reg. Social worker

The biological father or family members of a child born out of a relationship between Mr. Zuko Siko and Ms. Anezwa Solinjani who was residing at The Craggs, Plettenberg Bay. If you have any information regarding the whereabouts of the above-mentioned person, please contact: Ms. D. Mthembu Reg. Social worker at: Child Welfare SA- Plettenberg Bay on 044 533 2257 / 044 533 0661

**BROCHURES, PRICE LISTS, STATEMENTS, COMPLIMENT SLIPS, BUSINESS CARDS, LABELS,**  
 ... You name it... We do it!  
 Great prices, good quality.  
 at The Print Shop - 20 High Street, Plett  
 Your local printers.

**GOLD TRADER BUYS** old gold jewellery, silverware, Krugerrands, diamonds and top quality watches (Rolex, Omega, Breitling, Michel Herbolin, Cartier, Chopard and the like) at the best prices. 34 Main St., Knysna (oppos. FNB). Contact Glen on 082 7888 700 or 044 - 382 0417. Closed on Saturdays unless a prior appointment has been made".

**PSYCHOLOGIST, DR JANE LUCK,**  
 Plett/Crags, 083 256 0841.

**24 HOUR CRISIS LINE** -Drug Addiction, Alcoholism, Depression, Relationships & Obsessions. Call 044-532 7547.  
*Discretion is assured.*

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

**GEREFORMEERDE KERK EDEN**  
 Diens elke Sondag te St. Peters Anglican Church, Church Street om 10h30 kontak nr. Gawie V. Zyl: 082 8000 447 Corrie Pieterse: 082 452 3363. Almal Welkom.



FAMSA has found that the reporting of sexual abuse / assault in the media have triggered people in the community - experiencing these feeling of anxiety, anger, fear as a result of past or existing abuse.

**Please phone 044 533 0515 Plett or 044 382 5129 Knysna.**

Sharing facilities healing.

Please call us for an appointment.

FAMSA provides a safe space for folk who need to share their experiences and feelings.

## PAWS Heroes of the Month

Our recent annual 4XPAWS Dog Walk was well-supported and enjoyed by pooches and owners alike. Lucky draw and other winners had an impressive array of prizes to choose from, thanks to our own committee member, Marianne Wardle, who worked tirelessly to source and collect them. Our Heroes for this month are Marianne and the many generous individuals and companies who made donations of prizes, boerewors, rolls, other foodstuffs and goods for the event. Sincere thanks also go to Nedbank staff who kindly manned the water point - again this year! You are all our Heroes because your contributions help to improve the lives of our less fortunate animals. Thank you!



**JUMPING CASTLE & Water Slide for hire.**  
 Anneré 082 499 1563

**VACANT LAND AT AMAZING PRICE!** R450 000. Stand close on 900m<sup>2</sup> in a peaceful residential area with Robberg Beach being its closest beach. The stand slopes from the street down to level ground and there are already slight views from ground level, from where you can build up to 8.5 metres. The stand is already enclosed on 3 sides - a big bonus. A great position and a truly wonderful piece of land at an excellent, affordable price. Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**HIGH PRESSUER CLEANING** of walls, roofs, paving and cleaning of windows, frames, gutters and building clean-ups. Squeaky clean window company contact Gary 083 516 2429 / Rish on 079 432 8727

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# Nolans

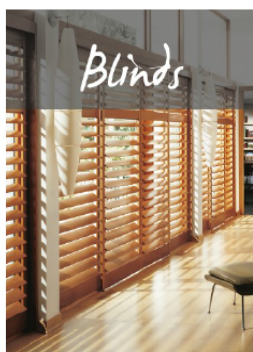
**Flooring & Blinds**

**Plett: 044 533 1252**

**St Francis Bay: 042 294 0089**

2 Boekenhout Centre  
 Piesang Valley Road  
 Plettenberg Bay  
**info@nolanssa.co.za**

**www.nolanssa.co.za**



*Many blessings on a fabulous birthday to the following people  
Wishing you beautiful things for your year ahead*



**24 October**  
Samantha de la Porte  
Nathan Hill  
Victoria Witbooi

Add yourself  
or others to  
our list!!!  
Lets spread  
the love on  
your special  
day

**26 October**  
Zanele Njoko

**28 October**  
Cheryl Hertzberg  
Maggie Barnard

**29 October**  
Kenny Krugel  
Lisa Chase  
Francina Oliphant  
Damale Jantjies

**30 October**  
Siyabulela Gova

**THE PRINT SHOP** for Posters, labels, copies, binding, laminating, scanning and all sorts of other printing too  
044-533 2530 [printshop@mweb.co.za](mailto:printshop@mweb.co.za)

**DRUG PROBLEM?**  
Narcotics Anonymous  
Helpline 083 900 6962 [www.na.org.za](http://www.na.org.za)

**BUYING OR SELLING PROPERTY?** 33 Years' experience in the Plett property market - Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**INTERCEDING PRAYER NETWORK/  
VOORBIDDING GEBEDSNETWERK**  
Enquiries/Navrae: Cell 0834792037  
Pastor Sam Fortuin

**Bee Removal**  
Bee Rescue

Arne Adler 076 112 3982  
Bruno Koch 079 526 4643

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plett

it's a feeling!

**Plettenberg Bay  
Miniature  
Railway Society**



## TRAIN RIDES

Visit Plett's Miniature Railway  
created & operated by local  
model engineering enthusiasts.

Come & take a fun ride  
on our miniature train.  
Open this Sunday  
from 2pm.  
Track at Plett Community Hall  
Grounds next to Wild Waters.

*\*also available for parties\**  
lan: 072 726 8046

## Shades of PINK Fun Walk / Run.

Friday 25 October  
17h00 - 18h30  
Longstone Park, Plett  
Come and make a difference!  
An easy 5km walk for the  
whole family. Doggies on leads are wel-  
come. Family special R120. Adults R50.  
Kids R30. **WEAR PINK**



**BEST BUY! JOINT MANDATE** - Reduced to sell @ R950 000. North facing, furnished 2 bedroom apartment measuring 101m<sup>2</sup>, with 2 bathrooms, open plan living leading out to covered patio. Magnificent mountain views. 24hr security, carport + open bay, pool & communal gardens. Close to all amenities - a perfect buy. Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**FRED THE FELLER** Tree Felling, WOOD-CHIPPER chips logs & brush to mulch . Personal Supervision, Fully Insured Fred 082 4489503

**NOW OPEN  
LANDSCAPERS YARD** Stonehouse  
060 806 9628. we sell compost, bark chips, plaster sand, bricks & blocks.  
You phone, we deliver. 082 551 2290

## ProCEILING

**Johan Krause**  
Cell 083 654 4339

For all your Ceiling,  
Bulkheads,  
suspended ceiling  
Dry walling, Skimming  
and cornices.

*Our limits have no ceilings*

### LAX WITH TAX?

Take part in being tax smart!  
Contact Sean M. Com ( Tax), CA ( SA)  
for professional advice 044 533 0598

## FOR ALL YOUR SWIMMING POOL REQUIREMENTS

- Maintenance
- Safety nets
- Pool blankets
- Chemicals
- Pump repairs
- Heaters,  
chlorinators  
& installations

## Arlene's Pool Services

Now at Unit 2 Greenpoint Ave

**Tel: 082 927 9557**  
[arlenespools@telkomsa.net](mailto:arlenespools@telkomsa.net)  
[www.arlenespools.com](http://www.arlenespools.com)

*Yummiest  
chicken livers*

at Mel's Place, Keurbooms.  
Have you tried them?



## Metamorphosis Massage

45min R450  
60min R550  
90min R650

Room deliciously cosy

**Ilse 082 422 1492** - 17 San Gonzales Street  
[www.metamorphosis.co.za](http://www.metamorphosis.co.za) [ilse@metamorphosis.co.za](mailto:ilse@metamorphosis.co.za)



## The Chap-man

- Garden refuse removals ✓
- Cow manure delivery ✓
- Firewood delivery ✓
- Mini-movers ✓



Call/WhatsApp

**078 775 8677**

**Masakhane Soup Kitchen,** is asking for your kind donations of rice, soup, bread, vegetables for ± 150 children in 11650 Pine Trees. Thank you and God bless you, please contact Lizzy : 064 089 7011 or Sheila : 083 543 1142

**ROOFS/ GUTTER/ HIGH PRESSURE** cleaning and, general handyman work.  
Call GreenSteam Frankie 074 133 9302

### FRED THE FELLER – HIRE

**WOODCHIPPER** Chips Logs & brush to mulch. Owner operator & staff, Hourly or Daily rate. Tree Felling offered. Fully Insured  
Fred 082 448 9503

**IF YOU SEE** a lost or injured animal, or suspect abuse,  
please call PAWS on 083 287 9917

**GARAGE DOOR OPENERS** Supply,  
Repair & Reset all doors. Great service -  
Quality products. 082 468 4760

**CASH** for your unwanted **GOLD AND DIAMOND** jewellery. Expert advice and discretion. No deal too big or small.  
083 266 2500

**SAN MARINO ESTATE**, situated on the banks of the Keurbooms river. Life can't get any better than this. Going, going, gone at only R1 275 000! Contact Lana Machado of RE/MAX Prime Properties on 072 119 5457

### PHOTOCOPIES —THE PRINT SHOP

20 High Street, Plettenberg Bay  
Phone 044 533 2530

### Thank You

I would like to take the opportunity to thank all our wonderful friends in Plett who visited us when I was recovering from my operation. It meant a lot to us.

Lots of love from Gerry & Alison Brink

# OPENING SOON



## Inara

### Designer Kaftans

@ Mel's Place,  
keurbooms

Ina Grobler

Mobile: +27 82 444 1228

Email: inara@plett.africa

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## PHYSIOTHERAPY

**Tracy De Necker**

**082 221 1302 / 044 533 4402**

[tracydenecker@telkomsa.net](mailto:tracydenecker@telkomsa.net)

42 Greenpoint Avenue - Unit 3, Piesang Valley, Cnr Robberg Road & Greenpoint Ave



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# NSRI

## CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

**Give as much information as possible & stay in position and keep your telephone line open.**

**If problems with above cell number try the below:**

**Deon Truter 082 569 5542**

**Marc Rodger 082 780 6427**

**Steff Le Roux 082 440 0932**

**Rob Gibson 083 277 0992**

Come and join the PBCPA and Gary Player on the 8th of November, at Gary Players Signature Golf Course in Plettenberg Bay, "Goose Valley," for an entertaining, educational and fun golfing day and stand a chance to win great prizes  
Don't miss out on this amazing opportunity to rub shoulders with Gary Player! Player

**PBCPA**  
PLETTENBERG BAY CRIME PREVENTION ASSOCIATION  
**082 251 8134**

## Nuweplaas Kennels

N2 Harkerville, Plettenberg Bay  
( between Plettenberg Bay & Knysna)

### SPECIAL CARE FOR SPECIAL PETS

Fully experienced in Kennel Management, Animal Welfare & Animal Handling. We take pride in making sure that your pet is always healthy, happy and safe while staying with us!  
**GROOMING OF YOUR PETS AVAILABLE ON REQUEST**

Please give us a call or just drop in!

We are open: Monday - Friday

8am - 11am & 3:00pm - 5pm

Weekends: 8am - 11am

Sunday: 8am - 10:30am & 3pm - 4pm

Carol 082 802 6127

Office: 044 532 7652

has won 167 tournaments over seven decades and was inducted into the World Golf Hall of Fame in 1974. He's one of only five players to achieve a career Grand Slam and was the third to do so. His victory at the 1965 U.S. Open made Player the only non-American to win all four Majors. During his career, Player won nine Major Championships on the Regular Tour and nine Major Championships on the Champions Tour. At the age of 29, Player won the 1965 U.S. Open and became the only non-American to win all four Majors in a career, known as the career Grand Slam. At the time, he was the youngest player to do this, though Jack Nicklaus and Tiger Woods subsequently broke this record. Player became the third golfer in history to win the career Grand Slam, following Ben Hogan and Gene Sarazen, and only Nicklaus and Woods have performed the feat since.

Plettenberg Bay is one of those very unique gems on this planet and certainly one of the most sought after places to visit or live in South Africa. One factor that has impacted enormously on its continued success as a highly desirable holiday and investment destination, is the very low levels of crime and, in particular, violent crime in the area making Plett a safe place to live and visit. For approximately nine years the PBCPA, (Plettenberg Bay Crime Prevention Association) has made a major contribution in ensuring that Plett is and remains a safe place in which the hard working and honest members of our society are able to flourish, prosper and live secure safe lives, and a difficult environment for criminals to operate in. The PBCPA is a voluntary association which constitutes an umbrella organisation under which committed organisations and individuals work together and commit their energy and resources towards ensuring that Plett remains the safe and secure paradise that we know so well, love and appreciate. In order to be effective, these endeavours cost a significant amount of money to fund both equipment and operational expenses and it is appropriate that members of the community who are the beneficiaries of all the hard work, make a contribution towards meeting these expenses. As part of the endeavours to raise the necessary funding, ongoing fundraising activities are necessary of which this event is a part. All funds go towards training, cameras, radio fees, dedicated vehicles and many other initiatives to ensure the continued success of the PBCPA.

Amongst many other operational resources, the PBCPA runs a 24/7 "all emergencies" hotline and reading the recent local newspapers reflects how busy and committed these volunteers are on an ongoing daily basis.



## RENTALS:

We have pre-qualified tenants looking for homes to rent in your area.

If you are interested in achieving a premium rental income every month and having it professionally managed, please call Pierre on 071 298 0000 email [judie.rentals@seeff.com](mailto:judie.rentals@seeff.com)

[www.seeff.com](http://www.seeff.com) private property ooba

Tel: 044 533 0311  
Fax: 044 533 0339  
Email [plett@seeff.com](mailto:plett@seeff.com)

The PBCPA is also actively involved in crime prevention in the form of Drug abuse prevention campaigns, Criminal Rehabilitation, and other projects to educate our future leaders of society in the form of the youth and reverse the moral decay of society by restoring trust and honesty. I dread to think what Plett would be like today were it not for the PBCPA.  
Bruce Richardson  
PBCPA Chairperson  
Date: 8 November 2019  
Shotgun start: 12:30  
Green fees: R490 per player  
Format: Betterball Stableford  
Bookings: only through the proshop. Tel: 044-533 5082, [bookings@goosevalleygolfclub.co.za](mailto:bookings@goosevalleygolfclub.co.za)  
m Golfers can book in teams or individually

**FIREWOOD FOR SALE** in Witterdrift. Blackwattle at R500.00 per bakkie load and Rooikrans braai wood at R 600.00 per bakkie load. Contact Louis on 071 555 8912

**G.I.A. & E.G.L. CERTIFIED DIAMONDS**  
**SOLD** at wholesale prices at Gold Trader, 34 Main St., Knysna (oppos. FNB) Phone Glen on 082 7888 700 or 044 - 382 0417.

**WINDOW CLEANING-** Frankie@GreenSteam 074 133 9302

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**Sunday Services: 09h00 & 18h30**

**Address: End of Bowtie Drive**

**Tel: 044 533 5035**

**[www.plettcommunitychurch.co.za](http://www.plettcommunitychurch.co.za)**

Children's Church and Toddlers facility available

**Advancing the Kingdom by raising up Disciple Makers**



## It's Roasting at The Plettenberg

Spend quality time with friends and family  
whilst enjoying a traditional Sunday Roast

Every Sunday from 12h00, at R155 per person  
Bookings essential. Terms & Conditions apply

40 Church Street, Plettenberg Bay, Garden Route  
044 533 2030 - [restaurant@plettenberg.co.za](mailto:restaurant@plettenberg.co.za) - [theplettenberghotel.com](http://theplettenberghotel.com)

## Sunday Lunch Roast Special R155 per person

### Mrs & Mr Dolphin 2019

26 October 2019  
Kranshoek Multipurpose Centre  
18h00.  
R20 Kids, R50 Adults.  
Contact Elsie 082 434 8731

**JILL SKOWNO PSYCHOLOGIST** (Plett)  
044-533 2897 / 083 268 5402

### COMPUTER SUPPORT.

Internet Connectivity  
VOIP - Voice over IP.  
Backup Solutions / Cloud Services.  
VPN - Virtual Private Networks.  
Hardware & Software Solutions.  
Enterprise Email.  
Call Jaco at Perfect Systems  
082 676 2390

### HOME FOR HOPE SOUP KITCHEN

The above mentioned organisation is asking for your kind donations of stamp, mie-lies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Enq: Theodora Krabie (073 816 9021)

**COUNSELLING** for teens/adults  
and **PLAYTHERAPY** for children.  
Experienced psychotherapist  
Teresa Angless 0829203696

**ADD0 BREAKAWAYS -  
ZUURBERG MOUNTAIN VILLAGE**  
offers less 40% for senior citizens.  
Tel 042 2338300. [www.addo.co.za](http://www.addo.co.za)

*Thank you,* Mazars

Plett, for always taking care of our financial statements in such a professional manner! Our 'Born in Africa' team appreciates is immensely!"



**WOODCHIPPER FOR HIRE –**  
Fred the Feller 082 448 9503

**PINEDENE STORAGE** Safe, secure, easy access on tar road near Airport. Store anything from Household goods to boats and cars. Dave & Jacky Martin Phone/Fax 044 533 9119 Cell 082 849 5011

### COAST2COAST ALUMINIUM

We as an accredited supplier and installer of aluminium, offer you:

\*Windows \*Doors \*Showers \* Folding/Stacking Doors \* Ballustrades (NB! Testing done)  
\*Frameless Glass (Neofold, Sunflex) \*Security Shutters \* Window Replacement

*Are you getting the best possible prices??? Give us your WRITTEN quotation and we will endeavour to better the price, without compromising on quality!*

**CALL ETTIENNE 073 329 4442 TODAY!**

**TIRED of stressing about your SAFETY and SECURITY???**

Aluminium security shutters could be your solution. We have sourced quality shutters at the best price. Call us today to get your free quotation.

Email: [coast2coastaluminium@gmail.com](mailto:coast2coastaluminium@gmail.com)

Address: 10 Rugby Drive, Plett Alt No.: 078 850 7826

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## Red Shed

Nursery  
& Landscaping



Old Nick Village, 084 727 1777

### SPECIALS this week

- White gaura R18 each
- Iceberg Rose's only R50 each
- Verbena R20 each
- Statice only R25 each
- Cascading petunias R18 each
- Our jumbo bags (50kg) of compost, potting soil, mulch and lawndressing

Here in Plett our coastline plays a vital role top many of us in the Community. We challenge you to get involved and come and join this months clean-up on the 25th October in Nature's Valley (bags will be provided) Hel to keep our Bay beautiful and plastic free. **Nature's Valley Trust** upcoming Pick 'n Pay People 'n Planet Beach Clean up in Natures Valley this Friday at 3pm. We are looking forward to an awesome start to the week-end, cleaning our beautiful Nature's Valley Coastline. We supply gloves, buckets and bags for collecting rubbish, all you need to do is be there.

**NEW ON THE MARKET! SOLE MANDATE** - R1 495 000. Duplex 2 bedroom townhouse in Dunes Resort, furnished and ready to move in or let out! Pool, playground & restaurant in this 24 hour secured complex. Direct access down to the beach through the property! Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**HUGE CLEARANCE SALE!!** 50% off everything at The Dancing Faun Antiques in Harkerville, just off the N2 right below the Sasol. Everything must go!! Opening hours: Tuesdays to Fridays 9:00-16:30 Saturdays 10:00-15:00 see all of you there!!

**GET FIT GET HEALTHY**  
Have fun ! Zumba Fitness  
Call Merle 081 580 5520  
Eray 083 2508 669

**CCTV CAMERA'S** installations, repairs, service. Commercial & domestic systems. Call 0824684760

**IF YOU SEE** a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

WHAT'S NEW IN PLETT - 24 OCTOBER 2019  
[www.helloplett.co.za](http://www.helloplett.co.za)

## HAVE YOU LISTED YOUR BUSINESS

[www.helloplett.co.za](http://www.helloplett.co.za)

Hello Plett Business Directory

Your directory of businesses,  
services, restaurants  
& entertainment venues in our area.

Printed annually and available online.

Make sure your business is listed

A Print Shop Publication

20 High Street - 044 533 2530  
[printshop@mweb.co.za](mailto:printshop@mweb.co.za)



### Your blood can save lives

If you are in good general health aged between 17 and 65 years weight more than 50 kilograms and lead a safe and healthy lifestyle; you can become a regular blood donor.

**Dates for Plett:**  
28 October

St Peters Anglican Church Hall.  
14h00 - 18h00

#### Tips for donating blood:

- remember to eat in the four hours prior to donation.
- Drink extra fluids ( water/fruit juice) after your donation session.
- Keep the dressing on your arm in place for at least five hours.

Queries: 044 874 2074



**DEFY REPAIRS** to stoves, washing machines, dishwashers, tumble driers & microwaves. Prompt service + Guaranteed repairs. Call Jon CX Appliance Plett 0721493351

**GATE MOTORS** Centurion motors & other quality motors installed & repaired. Best Prices. 082 468 4760

**RESIDENTS AND VISITORS:** Please do not put out your garbage bags until the morning of collection. There are baboons in the area, as well as seagulls which tear open the bags

#### VOLUNTEERS NEEDED

for two hours a week to teach young people to sew, knit or crochet.  
Call Rita Hardaker 082 5602 606

**Differently-Abled Awareness Campaign**

#### NOW OPEN

**LANDSCAPERS YARD** Stonehouse  
060 806 9628. we sell compost, bark chips, plaster sand, bricks & blocks.  
You phone, we deliver. 082 551 2290

**DR HANNA GROTEPASS-MD-HOMEOPATH** diagnosing + clearing hidden gut parasites. Gibb St Plett.  
076 1054 666



**BRUNCH  
DINNER  
PIZZA  
TAKEAWAY**

**2 for 1**

**Pizza**

**Madness  
Saturdays**

**12 - late**

**Sit-down only**

**SENIORS' (60+)  
TUESDAYS**



**All Meals  
All Day  
&  
All Night  
(Sit-down only)**

Applicable to Standard Menu Items Only

**Rugby WC Specials Daily**

**Monday - Saturday 12 - late**

**82 Longships**

**083 378 5212**



# POP IT INN

## A-GRADE SAFE SELF STORAGE

New state of the art  
security system allows for  
convenient key card  
access to suit your  
individual needs

For more information contact:  
Rina van Huyssteen  
Office: 044 535 9361  
Cell: 079 268 2306  
[www.popitinn.co.za](http://www.popitinn.co.za)

**SOMETIMES MISS  
THE WHAT'S NEW IN PLETT ?**  
Don't be sad... We're also on the Web.  
[www.helloplett.co.za](http://www.helloplett.co.za) Read the whole  
publication on your computer.

*The Happy Smoker*  
tobacconist  
Market Square

## Iqos Heated Systems

### NOW AVAILABLE

**Trading Hours:**  
Mon - Fri 7:30 - 19h00  
Sat 08:00 - 17h00  
Sun 09h00 - 14h00

**044 533 0625**

## DAILY YOGA

Strong, soft, flow classes  
Kiddies Yoga  
Monthly Women's gatherings  
Much more  
Join our community  
Come and meet our teachers  
Yellowwoods Centre, Main Street, Plett  
[www.kulayogaspace.co.za](http://www.kulayogaspace.co.za)  
Ros: 082 370 0939  
Join our Facebook Page to get updated studio events



**BELL LOGGER**, crane truck & woodchipper  
for hire - 082 901 3444 / [www.treepro.co.za](http://www.treepro.co.za)

**PSYCHOLOGIST, DR JANE LUCK**,  
Plett/Crags, 083 256 0841.

## St Thomas Methodist Church

1 Muller Street (off Marine Drive) Telephone 044 5333430  
Website [www.plettmethodist.co.za](http://www.plettmethodist.co.za) Minister: Rev Timothy Rist

**Sunday Services**  
**Communion Service 08h00**  
**Worship Service 09h30** (Communion on 1st Sunday each month)  
**Youth Church & Children's Church 09h30** (except during school holidays)  
*'Shaping Tomorrow Today'*

## PANTS Rule

- P** - Private parts are private!  
**Nobody is allowed to touch or see them!**
- A** - Always remember, **your body is yours and only yours!**
- N** - **NO means no**, don't give in to pressure
- T** - There are no secrets from Mommy.  
If anyone tries anything  
**Always tell Mommy!**
- S** - **Say something** so I can do something about it!

*Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear - Nelson Mandela*  
Child Welfare Plett Tel 044 533 2257

**ALCOHOLICS ANONYMOUS.**  
Call 079 956 3908

**UNBEATABLE VALUE - R280 000.** Your own private Garden of Eden! Woodlands Country Estate offers the unique combination of relaxed, carefree living in a rural atmosphere. Buy your own plot with a sea and mountain view at only R280 000. Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**HÉLÈNE SERFONTEIN** Physiotherapy.  
084 514 7098

**SUMMER MASSAGE** Promotion 60 minutes R400. Heather 082 550 3299.  
[www.heathersbodyworks.com](http://www.heathersbodyworks.com)

**.BODYWORKS MOBILE** Fitness Yoga & Massage. Heather 082 550 3299.  
[www.heathersbodyworks.com](http://www.heathersbodyworks.com)

**WINDOW CLEANING-** Frankie@  
GreenSteam 074 133 9302

**GARDEN / RUBBLE** removal one and a half ton truck services. Garden clean-up's and maintenance, Roll-on lawn, tree felling and landscaping Smart Garden Company. Contact: Gary on 083 516 2429 or Rish 079 432 8427

**BOOKS—I BUY** Books, esp SA History, Art, Biogr, War, Good fiction 7 Non-fiction.  
Ph Tony 073 220 6015

**FRED THE FELLER** Tree Felling Services, Garden & Plot Clear up's, Bush Clearing & Pruning. Personal Supervision. Fully Insured Fred 082 4489503

**CASH IN** on your old gold jewellery, silver ware, Krugerrands, diamonds and top quality watches at Gold Trader, 34 Main St., Knysna (oppos. FNB) Tel. Glen on 082 7888 700 or 044 - 382 0417.

WHAT'S NEW IN PLETT - 24 OCTOBER 2019  
[WWW.HELLOPLETT.CO.ZA](http://WWW.HELLOPLETT.CO.ZA)

## Differently - Abled Awareness Campaign.

The Season is upon us.

Suggestions to make your Universal Access (UA/special needs) guests' stay more comfortable

Christmas Decorations are on the shelves in some stores - Are you ready for that "special" guest, family or friend?

It is understood that in general, up to 20% of a population can be "disabled". This could cover someone with a hearing or visual disability right up to someone who makes full time use of a wheelchair. The following (inexpensive and easy to do) tips are recommended to make that person's stay a little more comfortable. Many of these suggestions can be implemented in a "regular" guest room. It is suggested that a UA pack/kit is prepared, stored and replenished after use. See items below. Consider the availability of inter leading rooms if the guest is travelling with a carer. Draw up a checklist for each stay to determine the nature of the disability and if assistance is required.

If so, what assistance?

Ensure that all staff are aware of the guests' needs, especially in the case of an emergency. Meet and greet - is parking available? Does the guest need assistance with luggage? Have you provided the name of a contact person/phone number for the duration of their stay? Remove excess furniture from the room if requested. Is there sufficient space for the guest to transfer from a wheelchair on to the bed? Does a wheelchair fit under the table/desk?

Offer to relocate items on the desk to a bedside table or supply a duplicate set.

Tissues? Pen and paper? Bottle of water?

Compendium? Room service menu?

Provide appropriate sized toiletries in suitable packaging (large size, pump action bottles are easier to manage than individual sachets or small bottles with lids). Are these accessible? Wall mounted for easy use?

Provide clothing and towel hooks/rails at a convenient height. Would a fold up clothes horse be a better option? Ensure a full length mirror is available and accessible from a wheelchair. Is the hairdryer conveniently placed for use at the mirror?

Can power points be easily accessed?

Install a second set of brackets in the wardrobe at wheelchair height. The clothing rail can be moved lower for the use of a guest in a wheelchair.

Install a peephole at wheelchair height.



## POSITION AS KITCHEN/ADMIN MANAGER

### Franchise restaurant in Plettenberg Bay

#### DUTIES:

- Daily ordering, receiving, issuing and control of stock.
- Management of stock to ensure minimum wastage.
- Daily input of stock intakes to inventory management system.
- Managing and reporting stock usage deviations.
- Daily hygiene inspections and training of staff in hygiene.
- General management of staff.
- Weekly/monthly rostering.
- Ensuring quality output from kitchen.
- Daily cash up and Point Of Sale recons.
- Any other admin tasks that may be required.

#### WORKING HOURS

- The person will be required to work flexible hours and over most weekends.
- Day restaurant.
- 15 working days leave per annum.
- One weekend off per month.
- One additional day off per week.

#### EXPERIENCE REQUIRED

- Minimum of 10 years' experience with administrative tasks such as bookkeeping, stock control, cost reporting, financial management.
- Familiar with and able to work on Excel.
- The following are not required but will be beneficial: Experience with management, restaurant business, health and safety systems.

**Starting Date: 1 November 2019**

**PLEASE CONTACT OWNER AT 082 444 8480**

Provide the use of a walking stick, walker, or plastic chair (to be used in a regular shower), I have one that I could show you, it is not as wide, has holes and the legs can be adjusted. Supply a mobile, wedge shaped mat to cover the lip of the door frame. Is this required on the deck? Balcony? Offer to punch a hole in a key card and attach this to a lanyard for guests with coordination difficulties.

You can make a difference this Season, if you are not quite satisfied with your arrangements, let me know what you feel which area can be improved upon and I will work out something, make some suggestions, the Differently-Abled Awareness Campaign is always ready to assist where we can.

Call Rita Hardaker - 082 5602 606 or email ritav@global.co.za

**AL ANON.** Is your home unhappy because someone drinks/drugs too much? Al anon is for the families and friends of problem drinkers/users. Meetings on Thursdays 1:00 pm at The House of Steps. Call: 083 256 0841.

#### DO YOU NEED BUSINESS CARDS

Small or large quantities @ Great prices, good quality. Single, 2, 3 or Full Colour at The Print Shop 20 High Street, Plettenberg Bay Your local printers.

**IF YOU SEE** a horse, mule or donkey in need of help please phone 072 370 2830 (Plett)

**EXCELLENT BUY! BIG 5 MANDATE -** R2 995 000. Large, double storey 7 bedroom home, ideal for the larger family or to AirBnB. The home consists of 3 bedrooms and 3 bathrooms plus two 2 bedroom flat-lets. The garden is pretty, private and enclosed. The open plan living area leads out to a private patio and entertainment area. Not far from Robberg Beach! Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

## EMPLOYMENT WANTED

**WEDNESDAY AND FRIDAY**

**HOUSE WORK**

**MY NAME IS CYNTHIA GROOTBOOM**

Current employment / reference: Brenda Scott

Call: 082 566 0138

# SUPERSPAR



Melvilles Corner, Main Street, 044 533 2020

## CRAZY SPECIALS



+



Tastic Rice 2Kg  
Plus B-Well Oil 2L

= **R60.00**  
per combo



+



All Gold Tomato Sauce  
700ml  
Plus Nola Mayonnaise 750ml

= **R50.00** per  
combo



+



+



SPAR Sugar 10Kg,  
White Star Maize Meal 10Kg,  
Sasko Cake Flour 10Kg

= **R290.00**  
per combo



Weet-Bix

**R 69.99** 1.35



MILK  
Leeuwenbosch

**R 21.99** 2L



Eggs Day-  
break  
XL

**R37.99** 30s

Specials Available from 24 October 2019 up to 27 October 2019, while stocks last. We reserve the right to limit quantities.

## SCAN - EMAIL & PHOTOCOPY



Let us scan & save / scan & email your documents.

**PHOTOCOPIES**  
ENLARGEMENTS - reductions -  
Same size - A4 & A3

# THE PRINT SHOP

20 High Street, Tel: 044 5332530 / email: printshop@mweb.co.za

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[www.helloplett.co.za](http://www.helloplett.co.za)

## KING OF PIE

From 1st November 2019  
we'll be opening  
on Sundays too.  
9am - 2pm.

**POP IN FOR LOADS OF  
IN STORE SPECIALS.**

*Remember to order your  
6mix family packs*

**Soft Serve Ice creams - R5**

**Melville's Corner, Plett  
044 533 0734**

**DO YOU NEED BUSINESS CARDS?**  
COME TO THE PRINT SHOP  
20 HIGH STREET PLETTENBERG BAY  
044-533 2530

**INTERNET CONNECTIVITY**  
Call Jaco at Perfect Systems 082 676 2390

**REACH FOR RECOVERY** - Breast Cancer  
Support Group. Phone June 044-533 3062

**CIGARS-CUBANS** and other available  
at Happy Smoker, Market Square

**ELECTRIC FENCES** Domestic &  
Commercial. Repairs & Installation.  
Registered Installer. Call 082 468 4760

**JACQUI BOTHA**  
PHYSIOTHERAPY  
0826562979

**PRIVATE TEACHER** Spanish and English  
lesson contact 082 051 7352

### Plett Open Gardens for PAWS

The ever-popular Plett Open Garden Day will take place at gardens in and around Plett on Saturday 9 November, from 10:00 to 16:00. This year our visitors can look forward to viewing a beautiful flower farm as well as an unusual roof garden. Ouland Royale will play host to our famous plant and cake sales, as well as providing welcome rest and refreshments during the course of the day. Watch local media for details and locations of gardens. Maps will be available at Barney's Kiosk (next to Mugg & Bean) from Monday 4 November onwards. This is an enjoyable outdoor event for garden and plant lovers definitely not to be missed. Call Marsja Hall-Green for info 073 645 9476/044 533 4578.



**PLETT HANDYMAN** - General Home Maintenance. 072 477 3230

**SOLE MANDATE - HOUSE IN GREAT POSITION** - R1 900 000. Good, solid 4 bedroom home on a corner stand within close walking distance of Robberg Beach, in need of a refurb. Best position! Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**FAMSA** provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief. call 044 533 0515.

  
**Plett Evangelical Fellowship**

*As for me and my house,  
We will serve the Lord. Joshua 24:15*

**St Christophers Hall**  
(Behind Shoprite)

**Sundays at 10.00am**  
(except for the last Sunday of the month when we meet at 8:30 am)

**Anton: 082 878 4193 / Graeme 083 628 1648**

## HARKERVILLE



## Saturday Market

N2 halfway between Plett and Knysna

Every Saturday 8-12  
Dew-drop fresh vegetables  
+100 speciality food and craft stalls

A sight to behold

Gentle music

Ample parking. Info 0845109939

## Harkerville Parkrun

5km run/walk  
Every Saturday at 08:00  
Opposite the Harkerville Market  
[www.parkrun.co.za/harkerville](http://www.parkrun.co.za/harkerville) to register.

**ELDERS DO YOU NEED SHOPPING** done or to get to town for appointments but have no transport or are unable to drive? Call Carol 082 6411 803 to assist

**CLINICAL PSYCHOLOGIST** Dr. Ilza Botha. Tel: (Knysna) 044-382 3518/ cell: 076 116 1132.

**Plettenberg Bay  
Miniature  
Railway Society**



## TRAIN RIDES

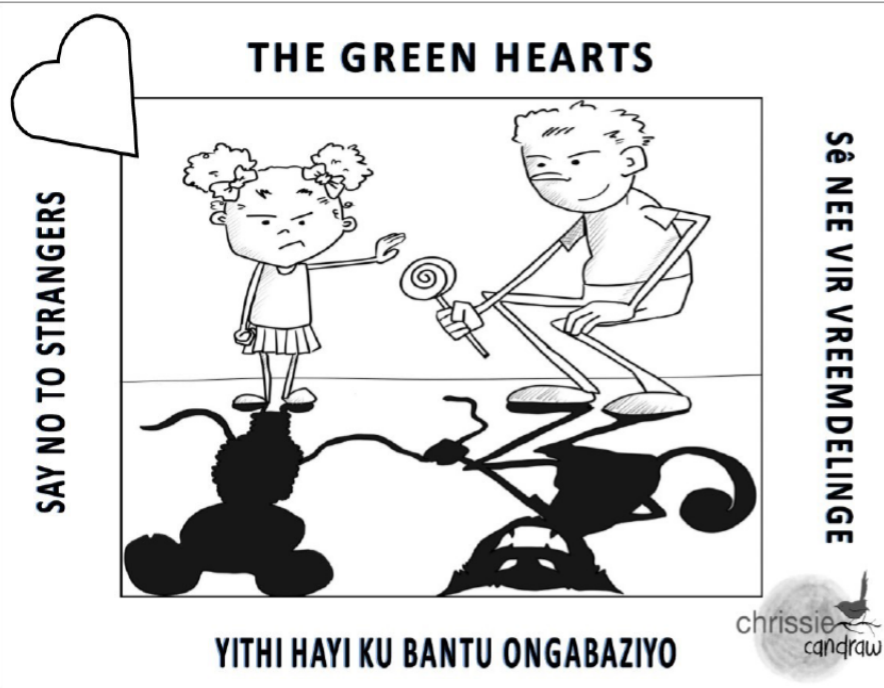
*Visit Plett's Miniature Railway  
created & operated by local  
model engineering enthusiasts.*

Come & take a fun ride  
on our miniature train.

**WE'RE AVAILABLE  
FOR  
KIDDIES  
PARTIES!!!**

Track at Plett Community Hall  
Grounds next to Wild Waters.

**Ian Wild: 072 726 8046**



WINDOW CLEANING- Frankie@  
GreenSteam 074 133 9302

*In memory of our precious*  
**Charmaine Wild,**  
*please help Hospice  
/ Plett Aid Foundation  
to continue doing the amazing  
job they do for our  
Plett Community.*  
**Plett Hospice Banking Details**  
**FNB, Plett branch, 210514**  
**Acc no: 62048095063**  
**Acc name:**  
**The PlettAid Foundation.**

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Registered gas installers

Contact **GASJAC**  
for **ALL** your  
Gas installations,  
services, sales and  
Gas conformity certificates  
**GAS - free delivery**  
Call us on 082 296 4908

H2O-Project Dance  
Presents  
My World Need You  
A Dance production,  
not to be missed.  
Saturday 02 November  
@ 19:00  
New Horizons Civic  
R50 & R20  
Refreshments will be sold.  
We are really looking forward to  
having all of you there. Our regular  
spectators can testify to the excel-  
lence and quality of our produc-  
tions. Be sure not to hear after-  
wards, but to experience it. Our  
team has suffered much loss during  
this year and I am very proud on  
them for what we are still able to  
present and give back. Salute  
Chrystal 082886258



Unplanned Pregnancy **HOPE CENTRE**  
can help. 078 177 5119

**SPORTS MASSAGE** - recovery |  
maintenance | pre-event | pre-clinical  
injuries | fascia release @ the Bikeshop,  
Piesang Valley Rd | mobile/home visits.  
Book online [https://](https://sportmassagegardenroute.setmore.com)  
[sportmassagegardenroute.setmore.com](https://sportmassagegardenroute.setmore.com) |  
Monica 076 637 1115.

**JUMPING CASTLE & Water Slide** for hire.  
Anneré 082 499 1563

**WAITERS PADS  
AVAILABLE**  
@ **The Plett Print Shop**  
**20 High Street**  
**044 533 2530**



The 176 000 hectare  
Greater Addo Elephant National Park  
is the third largest National Park  
in Southern Africa.  
The variety of wildlife found in the Park  
is astounding, with 417 species of birds,  
95 kinds of mammals, including the Big 5  
and of course the 600 elephants  
that roam there,  
it is an absolute treat for nature lovers.

#### MORNING GAME DRIVE

Collection from Guest House in Summer-  
Strand P.E between 06h00 - 06h30

Duration of Game Drive 07h00 - 12h00  
We enter the Park through the Addo  
Colchester Gate, Camp Matyholweni.  
The first few hours are good to see ante-  
lope, zebra and some of the cats. Between  
09h00 and 09h30 we serve a delicious  
continental breakfast in the picnic area.  
Usually one has good sightings  
of elephants and buffalo after 10h00  
nearer the waterholes. We return to the  
Gate around 12h00 and then back to the  
Guest House. Refreshments are available  
throughout the drive.

#### AFTERNOON GAME DRIVE

Collection from Guest House in Summer-  
Strand P.E between 13h00 - 13h30

Duration of Game Drive 14h00 - 18h00  
We enter the Park through the Addo  
Colchester Gate, Camp Matyholweni.  
The early afternoon is good for elephant  
and buffalo sightings, near the water holes,  
as well as some antelope and zebra. We  
stop mid-afternoon at a disembarkment  
point or picnic area for teas, coffee,  
refreshments, scones and snacks. The  
latter part of the afternoon is usually good  
for antelope and the elusive rhino.  
The Park has thick bush and offers an  
abundance of birds, tortoise, dung beetles  
and other creatures.

drive and narration will be done by our  
very knowledgeable guides.

**INCLUDED IN GAME DRIVE**  
An experienced Guide |  
All drinks and snacks | Blankets

Contact Clint Wild to book a drive  
066 1799 170

[reservations@addogamedrives.co.za](mailto:reservations@addogamedrives.co.za)  
[www.addogamedrives.co.za](http://www.addogamedrives.co.za)



Plettenberg Bay Sea Scouts  
will be having a  
**Street Awareness Campaign**  
next weekend  
so be sure to support them:

**Date: 2nd November 2019**  
Locations: BI Circle by Total  
Garage, Dolphin Circle  
near the table as well as the  
Traffic lights by Market Square.

Time: 9am-13:00  
Contact: Matuschka 082 7743942

**PLEASE NOTE:** Disclaimer:  
The views expressed in What's New in Plett  
are not necessarily those of the Editors or  
Staff of What's New in Plett.

**ZUMBA FITNESS**, a Latin inspired dance  
fitness programme, designed to enhance  
flexibility, an excellent cardio workout,  
strengthening the core, and all this whilst  
having fun. Call Merle 081580 5520

#### The Old Apostolic Holy United Church in Zion of S.A

Sazisa ngenkonzo yokwaxiswa kukabawu  
gwambi esaziselwa uBishop Kunye  
Namadoda Akhoyo le nkonzo izakube  
ingomhla we 26 October ebusukuku  
ngentsimbi ye 21h00. siyaxolisa kakhulu  
kubantu abaquala ukuvu ngalenkonzo kuba  
izaziso zihambile. Enkosi 073 350 9356

**INTERCOMS** Repairs, Service &  
Installations. Quality products.  
Contact 082 468 4760

**SEKANI MALAWIAN LADY** is looking for 3  
days domestic work. Good experience.  
References Available.  
074 290 8906 or 073 6305835

#### SOMETIMES MISS THE *WHAT'S NEW?*

Don't be sad... We're also on the Web.  
[www.helloplett.co.za](http://www.helloplett.co.za) Read the whole  
publication on your computer.

**SPORTS, NEUROMUSCULAR AND  
THERAPEUTIC MASSAGE** with Rosemary  
Codron. Tel 044-533 0620/082 369 7219.

#### HOUSE & PET SITTERS

**AVAILABLE:** Retired couple. Excellent  
contactable references.  
Call Anne 072 0401987

**ECO RUBBER** for all your waterproofing  
needs Peter 0832667016  
[www.ecorubber.co.za](http://www.ecorubber.co.za)

**ADDO BREAKAWAYS -**  
ZUURBERG MOUNTAIN VILLAGE  
offers less 40% for senior citizens.  
Tel 042 2338300. [www.addo.co.za](http://www.addo.co.za)

#### C&B CONSTRUCTION.

Quality alterations, additions, renovations,  
carpentry and tiling. No Job too big or small.  
Call 044 533 0630 or 083 286 1195

## NOW OPEN LANDSCAPERS YARD

Stonehouse

060 806 9628.

We sell compost,  
bark chips, plaster sand,  
bricks & blocks.

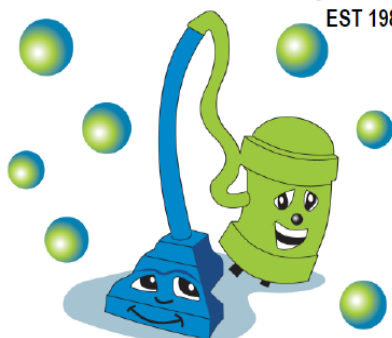
**You phone,  
we deliver.**

**082 551 2290**

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# Plett Carpet Cleaners

EST 1986



We clean carpets, upholstery, blinds, curtains, rugs & mattresses. We clean & seal tiles! **Professional & Reliable Services. Alison Bryant**

**082 572 1027**

**The Experts in Carpet & Upholstery Care!**

**THE POTTER** - The studio Shop with a difference! Quality Ceramics and a vast range of Olives. situated on the N2 between Plett & Knysna. Tel 044 532 7735

**PEST CONTROL & WOODBORER**  
Government registered. Same day service. 044 533 6022/ 083 228 9031

## DANIE ERASMUS MAKELAARS BROKERS

Approved Financial Service Provider  
FSB 6288

**For Life insurance, Investments,  
Retirement, Medical Aids,  
Household/Business Insurance**  
- Contracted with all major product providers-

Contact Danie on:  
Tel: 044 533 0980 Fax: 044 533 3668  
Cell: 082 923 5480

Email: danie@debrowsers.co.za

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**Robberg**  
VETERINARY CLINIC

Your best friend's friend

**Dr Brendan Tindall  
Dr Stephan Nell**

**Tel: 044 533 0124**  
A/H: 076 909 2577  
E-mail: robbergvet@vodamail.co.za  
56 Longships Drive PLETTENBERG BAY

The Resource class at Formosa Primary would like to thank The Differently Abled Awareness Campaign for their assistance Edward Alant for servicing the sewing machine, Fransie van Zyl for her creative lessons, Alan and Gladys Hartley for weaving lessons. The Principal and staff thank you for your contributions and commitment to our school



Those who are interested to attend a learning and inner development meditation program, in Plettenberg Bay, at designated times and venue, at no charge, voluntary donate to pay service providers and suppliers in need. The teachings are based on core principles all religions teach, centered on volunteerism. Bookings contact 081 318 9193

**DIAMOND EXPERT** - I will buy your diamonds or provide professional advice and valuations if you want to keep them. 083 266 2500

**REACH FOR RECOVERY** - Breast Cancer Support Group. Phone June 044-533 3062

**GARDEN / RUBBLE** removal one and a half ton truck services. Garden clean-up's and maintenance. Roll-on lawn, tree felling and landscaping Smart Garden Company. Contact: Gary on 083 516 2429 or Rish 079 432 8427

**ALCOHOLICS ANONYMOUS.**  
Call 079 956 3908

**YELLOW FEVER VACCINATION** ph 082 557 5255 Eden Travel

**RIVER CLUB VILLA** - R1 695 000. Sunny North facing 2 bedroom upstairs apartment in popular River Club, with open plan living leading out to balcony. Contact Lisa Ritchie of RE/MAX Prime Properties on 082 490 7035

**ZUMBA FITNESS**  
Classes daily, Monday to Friday  
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Call Merle 0815805520

**RECENTLY RETRENCHED ADULT MALE** urgently seeking employment. Experience in frail care, general farm work and all round general maintenance. Valid Code 8 drivers' license. Louis on 071 555 8912

**CX APPLIANCE** Plett Prompt service + Guaranteed repairs to DEFY & most leading brands of kitchen appliances. Call Jon CX Appliance Plett 0721493351

**FRED THE FELLER**- Tree Felling services. Fully Insured  
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**Plettenberg Bay  
Miniature  
Railway Society**



## TRAIN RIDES

*Visit Plett's Miniature Railway  
created & operated by local  
model engineering enthusiasts.*

Come & take a fun ride  
on our miniature train.

Open this Sunday  
from 2pm.

Track at Plett Community Hall  
Grounds next to Wild Waters.

*\*also available for parties\**  
lan: 072 726 8046

## *The Van Plettenberg Historical Society*

**20 years of conservation in Plett  
– the developing role of the  
Nature's Valley Trust.**



Dr Mark Brown will be addressing the Van  
Plettenberg Historical Society on Thursday  
14th November 2019.

Mark is a well known figure in our area and  
works tirelessly on all aspects of conserva-  
tion work. He is perhaps best known in  
Plettenberg Bay for his efforts to raise  
awareness and protect the fragile breeding  
grounds of our shorebirds. As the Nature's  
Valley Trust approaches its 20<sup>th</sup> anniver-  
sary, Mark will be speaking about how this  
Non Profit Organisation has evolved over  
the years to become what it is today.

Dr Brown is the Program Director of the  
Nature's Valley Trust, but also holds a  
position as honorary researcher at the  
School of Life Sciences, University of Kwa-  
Zulu-Natal. He has published over 80  
scientific publications, was a contributing  
author to Robert's VII Birds of Southern  
Africa, and has presented research papers  
at national and international conferences.  
After working on the staff at the University  
of KwaZulu-Natal for over 12 years, while  
volunteering with several prominent conser-  
vation NGO's, Mark stepped across the  
gap and moved full-time into the NGO  
environment. He currently sits on the Board  
of Directors of Plettenberg Bay Tourism,  
and is an Associate Editor for the Journal

## JUMBLE SALE SATURDAY

Good quality clothing and  
household items for sale  
on Saturday 25<sup>th</sup> October  
from 10am to 12pm.

Where? "the space"  
7 Gibb St, Plettenberg Bay

## SOUTH CAPE TVET COLLEGE BITOU CAMPUS

### COURSES 2019

**Report 191: N4 – N6 (Nated)**  
**Minimum entry requirements: Grade 12**

Human Resource Management  
Tourism  
Intro to Management Assistant

**National Certificate Vocational (NCV)**  
**Minimum entry requirements: Grade 9**

Office Administration

**Online Distance Learning**  
**Minimum entry requirements: Grade 12**

Public Management  
Human Resource Management

NSFAS bursaries available

Email: [bitou@sccollege.co.za](mailto:bitou@sccollege.co.za)

Or

044 533 2388

Ostrich (African Journal of Ornithology).  
Mark has won numerous national and  
international awards for his research and  
conservation work.

He has co-supervised over 30 postgraduate  
students, and is passionate about  
mentoring young conservationists.

Venue: Formosa Garden Village,  
Ferdinand Street, Plett

Date: Thursday November 14<sup>th</sup>, 2019

Time: Doors open at 17.30 for a prompt  
start at 18.00

Price: R30 per head – all welcome

For further info email:

[info@pletthistory.org](mailto:info@pletthistory.org)

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BEACON ISLAND, PLETT

## MIDWEEK AVAILABLE

18 - 23 November '19  
4 sleeper

R4600 - bargain

Contact Andrie  
082 920 1737

### *The Green Hearts*

#### Children's Fear

As adults, we know that life can sometimes seem like a maze filled with danger, anxiety, disaster and heartache lurking around every corner. Almost every day we are faced with situations that elicit fear, of varying degree. Fortunately, as adults we have acquired tools to understand and regulate these fears. These tools however are not developed in adulthood. At 4 months, babies can already distinguish between different emotions; and at age 5, children become aware that emotions, such as fear, can be regulated.

But how is your child regulating fear?  
And how can you help?

You can begin by talking to them about fear. This is important, as your child will feel supported and safe. Ideally, fear should be acknowledged, regulated and released. Talking about fear in this way also gives you the opportunity to determine how serious or concerning their fear is - only fears that persist or interfere with a child's life should be considered abnormal.

Typical fears according to developmental stages:

**Toddlers:** separation, noises, falling, animals and insects, using the potty, bathing and bedtime.

**Pre-school children:** fear of animals and insects, monsters and ghosts, getting lost, divorce, loss of a parent, and bedtime.

**Primary school children:** separation, noises, falling, new situations (especially starting school) and



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bedtime in younger children; social rejection, war, new situations, and burglars in older children.

**Adolescents:** burglars, new situations (going to college, etc.), war, divorce, and sexual relations.

You can support your child by respecting and listening to their feelings and fears. Allow them to describe and explain the fear, without judging or disregarding their experience.

Teach your children how to deal with fear - start off by acknowledging it. Regardless of what they are afraid of and why, to them it is real. Emphasise that it's not wrong to be afraid or fearful. In an appropriate context, explain to your children how you as an adult can relate to feeling unsure, scared or fearful.

Understand the fear - fear is ultimately a way or need to protect yourself from a potential risk, and an attempt to take care of yourself. Fear tells you that something doesn't feel or isn't right.

Try not to be overprotective by allowing your child to avoid all of the things that they are afraid of. And try not to overreact - this might reinforce and worsen the fear. However, avoid forcing your child to face their fears - a hidden threat may still be present.

Determine the level or seriousness of the fear. If your child's fear is persistent, influences their functioning, elicits concerning behaviour such as bedwetting/soiling, avoidance, panic, recurring nightmares, to name a few - ask for help. Be aware of potential risks and sources of fear in and around your home, school and social environments. Do as much as you can to provide your child with a safe and comfortable space wherever they may be. They deserve it.

For further support with your child's experience of fear and/or other behavioural concerns, contact Erika Revington, Educational Psychologist (HPCSA Reg No: PS0130451), Plettenberg Bay. 076 225 2204 / erikarevington@gmail.com

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**SOUP KITCHEN:** The weekly Soup Kitchen in New Horizons at present, serves approx 75 - 80 hungry children (and adults). Donations of dry/ soup goods needed as it is fully sponsored by the St. Vincent de Paul Society. Goods may be left at the Print Shop. Thank you and Bless you. Enquiries Sylvia 083 470 4790

**GARAGE DOORS** installed, repaired, serviced. Quality products - Good advice. Call 0824684760

**SUSPECT DOG FIGHTING ?**  
Phone Manager Public Safety/Law Enforcement all hours. You can stay anonymous. Tel. 044 533 5000

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## SEPTEMBER SPECIALS

Full Body massage	R350
Spa pedicure OR Spa Manicure	R200
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044 533 1494 OR 083 251 1355. [thegardenspa.plett@gmail.com](mailto:thegardenspa.plett@gmail.com)

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Call Jaco at Perfect Systems 082 676 2390

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We need your help with wages please Plett!!!  
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Had the most fantastic day out at the  
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## TRAINING & WORKSHOPS 2019

*FAMSA will be presenting  
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### Workshops include:

- Counselling,
- Depression,
- Grief,
- Trauma,
- Parenting,
- Abuse,
- Addiction,
- Anger management,
- Stress management & Mental health,
- Divorce,
- Relationships.

*This training is for those who are interested in potentially becoming voluntary FAMSA lay counsellors or for personal growth.*

**For more info, please phone  
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## SNAKES ALIVE - REPTILE RESCUE.

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**ZIPPO LIGHTERS** now available  
@ Happy Smoker, Market Square

## Plett Sea Scouts

Please be on the lookout and support our Plett Sea Scouts on Saturday the 2nd November who will be doing a street awareness fundraiser.

Locations: BI Circle by Total Garage, Dolphin Circle near the table as well as the Traffic lights by Market Square.  
Time: 9am-13:00



**CLINICAL PSYCHOLOGIST** Dr. Ilza Botha. Tel: (Knysna) 044-382 3518/cell: 076 116 1132.

**YOGA CLASSES** Private or Group.  
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**ALCOHOLICS ANONYMOUS.**  
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**IF YOU SEE** a lost or injured animal, or suspect abuse, please call PAWS on 083 287 9917

**IF YOU HAVE ANY BOOKS TO GIVE AWAY.** Please contact Wil Hiemstra on 084 584 7729 or visit the Saturday Harkerville Market. This is in aid of FAMSA

**JUMPING CASTLE & Water Slide** for hire.  
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### WORK WANTED

The following people are all looking for work, let's support where we can:



**BRAVE** is looking for a job as a gardener or general worker for Tuesdays only contact me 078 702 1292  
**NEESHA** is looking a job for 2 days Wednesday and Saturday call on 063 924 2929

**GLORIA** is looking for a job as a house keeper for 3 Mondays, Wednesdays and Saturdays call 083 687 5150

**CYNTHIA** is looking for a job for 2 days only any kind of domestic work please contact 063 927 2929

**SUZEN** is looking for work as a housekeeper or babysitter for 3days 083 687 5150

**FRANK** looking for a job, experience in painting, plumbing and gardening contact 062 242 7387

**MEMORY** for Malawi looking for a job as a cleaner contact 061 846 7501 / 062 242 7387

**JILL SKOWNO PSYCHOLOGIST** (Plett)  
 044-533 2897 / 083 268 5402

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### FISANTBOSCH INDIGENOUS TREE

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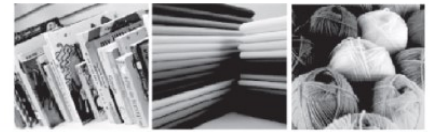
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✉ [amanda@sparklesplett.co.za](mailto:amanda@sparklesplett.co.za)

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Plettenberg Bay Sea Scouts will be having a Street Awareness Campaign next weekend so be sure to support them:

Date: 2nd November 2019

Locations: BI Circle by Total Garage, Dolphin Circle near the table as well as the Traffic lights by Market Square.

Time: 9am-13:00

Contact: Matuschka 082 7743942



**FARM SMALLHOLDING** looking to rent have 4 hours & 3 dogs urgent as from 1/11/19 tel 076 5876 661 or 081 747 9563 very very urgent



# NSRI

## CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

**Give as much information as possible & stay in position and keep your telephone line open.**

**If problems with above cell number try the below:**

**Deon Truter 082 569 5542**

**Marc Rodger 082 780 6427**

**Steff Le Roux 082 440 0932**

**Rob Gibson 083 277 0992**

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## WORK WANTED

The following people are all looking for work, let's support where we can:



**AUBREY** a Malawian guy looking work / any kind of work if any one has anything available please call 074 796 0713

**STEVE** is a Malawian young guy looking for work as a general worker I can also do painting and carpentry I also have class 1 driver's license please call 064 481 4268

**ADOW** Malawian looking for work as a house keeper or gardener 063 568 4076

**MERCY** is a young lady for Malawi looking for domestic worker call 063 025 1704

**LINDA** is looking for a job as a domestic worker 2 years experience 063 051 1617

**ANNEY** a Malawian lady looking for work as a house keeper for 3 days per week please contact 083 480 2017

**MONICA** is looking for a 2 day job please call 063 051 1617

**AGNES** Malawian lady looking for work as a domestic worker from Monday - Friday contact 061 007 3531

**WINNIE** a Malawian lady is looking for full time domestic worker, speak well English, hard worker and honest call 078 936 5642

**JEFFERSON** a Malawian man age 30 looking for work as a gardener or any kind of work from Monday - Friday speaking English very well, hard working and honest call 063 848 2083 or 061 894 5586

**DAVID** is looking for work as a gardener or general worker call 064 268 5446

**WEZZIE** is looking for work as a gardener or general worker call 063 963 4217

**JUSTICE** is looking for work as a gardener or general worker call 074 068 7899

**ANNA** is looking for work for 3 days 065 641 0373 or 074 068 7899 ref 066 238 8897

**PHILLIP** Malawian is looking for work as a gardener 074 068 7899 /061 888 7204

**LÉNNOX** is looking for work as a gardener for Wednesdays and Saturdays phone 063 164 8800 ref no 078 729 2252

**BRIGHT** is looking for work contact 073 6102754

**SIMON** is looking work as a sub-contractor, I have experience in paving, painting & waterproofing contact 076 788 0234

**ZUKISA** looking for a gardener job Mondays to Saturdays contact 078 283 0651

**GRACE** is looking for work as house keeper or general work call 061 668 2324



## DONATE AND SUPPORT THOSE IN NEED

Are you \*Clearing Out\*, \*Moving\*, \*Emigrating\*, or just \*Downsizing\*? Do you want to donate your gently used unwanted kitchenware, appliances, bedding, clothing and furniture to a worthy cause? We will collect or you can drop them at the Hospice Plett Charity Shop in Crescent Street (below Checkers car park).

Contact us on 044 533 5616 or email [info@plettaid.org](mailto:info@plettaid.org) for further details.

Help us to provide holistic palliative care to more patients who, together with their families, are facing life-limiting illness.

**JOYLEEN** is looking for work as house cleaner or babysitter aged 30 from Zimbabwe contact 061 255 0908

**KUDAKWASHE** looking for work as gardener aged 26 from Zimbabwe contact 062 848 4018

**ANTONY** looking for work as a gardener contact 061 380 6541

**MARY** is looking for a job as a domestic worker for Monday to Friday, so many years experience and a contactable ref call 065 691 3179

**PILIRAN** looking for a job as a gardener contact 065 519 7019

**SARAFINA** from Malawi is looking for a work. She has experience in typing contact 071 962 1820

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