



What's New in PLETT

aka

WHAT'S THE BUZZ IN BITOU

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with our
WHOLE community!

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Email: printshop@mweb.co.za
Website: www.helloplett.co.za



WHAT'S NEW IN PLETT 13 FEBRUARY 2020

Helen Melon

PROPERTIES

WHALE ROCK. This simply magnificent north-east facing home has uninterrupted views stretching from the Robberg Peninsula across the Bay to Formosa Peak and the Tsitsikamma Mountains. Entrance hall; Open plan lounge/kitchen/dining; Study; Scullery & laundry; Walk in pantry; TV lounge with kitchenette; Covered patio with braai; 4 bedrooms (2 en suite); 3.5 bathrooms; Double garage; Rim flow pool.
R9 250 000.00. Web-Ref: 3787467

CASTLETON. Immaculate, modernised front row unit with mesmerising views. 3 Bedrooms (2 en-suite); 3.5 Bathrooms; Study/4th bedroom; Open plan living/dining; Kitchen; 3 Patios; Single covered carport. **R1 850 000.00. Web-Ref: 3786811**

LOWER ROBBERG. Simply magnificent home with superb sea views. 4 Bedrooms (2 en-suite); 4 Bathrooms; Open plan living/dining/kitchen; Hobby room/5th bedroom; Pyjama lounge; Covered patio; Built in braai; Double garage with storage area; Swimming pool. **R6 400 000.00. Web-Ref: 3787692**

SEASIDE LONGSHIPS. Large, immaculate home with income potential in walking distance of the beach and shul. 5 bedrooms (all en-suite); 5 bathrooms; 2 cloakrooms; 5 Open-plan TV lounge/kitchenettes; Dining room; Lounge; Kitchen; Entrance lobby; Patio; Secure off-street parking. **R4 750 000.00. Web-Ref: 3804746**

LOWER ROBBERG. Elegant & gracious home with sweeping sea views. 3 bedrooms (m.e.s.); 2.5 bathrooms; Entrance hall; Study; Open plan living/dining/kitchen/bar; Scullery/laundry; Covered patio; Balcony; Double garage; Workshop.
R4 250 000.00. Web-Ref: 3786863

VERDE. A small exclusive private estate of 24 pristine plots, Verde is the only remaining luxury secured estate within walking distance of Solar Beach. 3 bedrooms (3 en-suite); 3 bathrooms; Open plan living/dining/kitchen; Entrance foyer; Covered patio; Open patio; Single automated; Covered porch.
R2 790 000.00. Web-Ref: 3764630

UPPER CENTRAL. Large home with lots of accommodation and private garden. 4 bedrooms (2 en-suite); 3 bathrooms; Study; Open plan living/dining; TV room; Kitchen; Patio; Laundry; 3 Garages. **R2 250 000.00. Web-Ref: 3786856**

CUTTY SARK. Immaculate home with breath-taking all-encompassing views of the lagoon, bay and mountains. 3 Bedrooms (m.e.s.); 2.5 Bathrooms; Guest loo; Open plan living/dining/kitchen; Kitchenette; Study; Sitting room; Double garage; Storeroom; Workshop; Staff facilities; Covered & open patios; Enclosed yard.
R3 250 000.00. Web-Ref: 3824944

WATERBERRY RIDGE. Modern 4 bedroom home with sea and mountain views in secluded gated estate. 4 Bedrooms (2 en-suite); 3 ½ Bathrooms; Open plan Kitchen, dining area; Separate scullery & laundry; 2 Lounges; Partially undercover balcony with wooden deck; Partially undercover patio; Plunge pool; Double Garage.
R2 950 000.00. Web-Ref: 3786850

CASTLETON: Immaculate, modernized duplex unit. 3 Bedrooms (m.e.s.); 2.5 Bathrooms; Open plan living/dining; Kitchen; 2 Patios; Single carport.
R1 380 000.00. Web Ref: 3931960

VACANT STANDS. We have a large range of prime vacant stands in the suburbs, secure gated estates and the airport business park.
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Valentine's Day is precisely what the spirit needs. It is hot chocolate for the soul. It is a bright splash of color on a stark white canvas.

The day reminds us to reaffirm our love, or perhaps to give voice to that which has remained unsaid.

DOROTHY DENNEEN VOLO



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WHAT'S NEW IN PLETT - 13 FEBRUARY 2020

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POLICE: 10111 / 044 501 1900/1907/1908
DOCTORS: 044 5332415 / 044 5330186 /
044 5330933 / 0445330400
AMBULANCE - Govt. 10177
Baycare Private 072 054 9110 / 044 533 6444
ER 24 hrs - 083 320 1199
Town Clinic 044 501 3700
MEDI CLINIC Plett 044 501 5100
FIRE/RESCUE EMERGENCY - 044 533 5000,
24 hrs / Office hrs 044 501 3230
SEA RESCUE - 044 533 2744 / 082 990 5975
ANIMAL WELFARE - PAWS - 083 287 9917
VETS - 044 533 3100 / 044 533 0124 /
044 533 9019
DENTISTS - 044 533 2318 / 533 2734 / 533 3446 /
533 0961 / 533 6363 / 533 0911
PHYSIOTHERAPISTS
044 533 6999 / 044 533 6966 / 044 533 3123
BODY STRESS RELEASE 072 791 7008
CHEMIST - 082 852 4696 / 044 5014620
/ 044 5331370 / 044 5332278
LOCKSMITHS - 044 533 3013 / 044 533 2370 /
083 701 3434
MUNICIPALITY - 044 501 3000
MUNICIPAL HELPLINE 0861-248-686
SECURITY GUARDS-081 325 7385
/ 044 533 1691
VEHICLE BREAKDOWN - 044 5359303 /
083 269 8958 / 0445333259 / 0825682479
OPTOMETRISTS 044 5331335 / 044 533 2191 /
044 533 5195
CANSAS CARE - 044 533 1813
CHIROPRACTOR - 044 533 4113 / 533 0230
HOMOEOPATHS - 082 788 1550 / 082 728 7161
MOUNTAIN RESCUE: 082 339 1240 / 076 734 3119
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*nail art

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info@kurland.co.za

CLINICAL PSYCHOLOGIST Dr. Ilza
Botha. Tel: (Knysna) 044-382 3518/cell:
076 116 1132.

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offers less 40% for senior citizens.
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*Safety and security don't just happen, they are
the result of collective consensus and public
investment. We owe our children, the most
vulnerable citizens of our society, a life free of
violence and fear – Nelson Mandela*
Child Welfare Plettenberg Bay Tel 044 533 2257

WHAT'S NEW IN PLETT - 13 FEBRUARY 2020
www.helloplett.co.za



Restaurant



Spend a romantic

Valentines Dinner



on the waters edge of the Beautiful
Keurbooms River.

Join us for our amazing cocktails
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Plettenberg Bay Angling Club
072 704 1501

The Van Plettenberg Historical Society

invite you to join us on
Thursday 12th March 2020
Subject: "Memes and
Memetics - Nature versus
Nurture"
Speaker: Len Swimmer
Venue: Formosa Garden Village,
Ferdinand Street, Plett.
Date: Thursday 12th March 2020
Time: Doors open 17:30 for prompt start at
18:00. Entrance fee: R30 - all welcome
Refreshments will be available after the
talk - R30. For further information please
email : info@plethistory.org
The next talk hosted by the Van
Plettenberg Historical Society will take
place at Formosa Garden Village on
Thursday 12th March.
The speaker will be Len Swimmer and his
topic "Memes and Memetics - Nature
versus Nurture"
promises to be extremely interesting.
We are all born with a life script, originat-
ing in our DNA and refined by family value
systems and the environment in which we
live. Major disruptions and perturbations
may bring about meme change - but this
is not pre-determined by creed, colour or
race.
Early in South African history for instance
- before external influences were felt, we
can trace the most basic Memes in the life
script of the Bushmen - known today as
the Khoisan people.
This is where we begin.



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Plettenberg Bay

SAPS

Firearm Amnesty

The firearm amnesty was declared by the Minister of Police by publication in the Gazette on 27 November 2019 and it commenced on 01 December 2019 and will end 31 May 2020.

Members of the public may during this period hand in firearms which they are in possession of with no valid licence, permit or authorization to do so, without being prosecuted for the illegal possession thereof.

Unlawful possessed firearm, unwanted firearms, unregistered firearms, firearm parts and ammunition may be surrendered during the period of amnesty.

The amnesty provides indemnity from prosecution to any person for the unlawful possession of a firearm, firearm parts and ammunition.

The amnesty Firearm Control Act, 2000 (Act No 60 of 2000) further allows the person surrendering a firearm, to apply for a licence for such a firearm in terms of section 139(4) (a) of the act.

Firearms may be surrendered at the nearest Police Station between 08:00 and 17:00, including weekends.



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WHAT'S NEW IN PLETT - 13 FEBRUARY 2020

www.helloplett.co.za



IN SUPPORT OF CONSERVATION

Beach Clean Up

9am. 15th Feb @ Waves Beach

Join us for our monthly Beach Clean Up to help protect our coastline. Reusable bags and gloves will be provided.

ADDO BREAKAWAYS - ZUURBERG MOUNTAIN VILLAGE
offers less 40% for senior citizens.
Tel 042 2338300. www.addo.co.za

Pssst! Mungo Sale coming soon.
Save the date: 28 Feb - 2 March

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REACH FOR RECOVERY - Breast Cancer Support Group. Phone June 044-533 3062

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POP UP IN PLETT

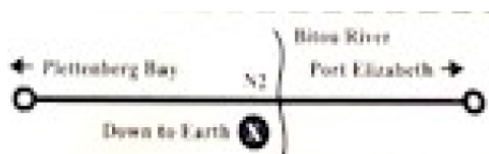
23 & 24 February . 10am till 4pm

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- Blink and co jewellery
- Exotic kashmir
- Vintage clothing and more

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Sharidickinson@gmail.com

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PLEASE NOTE: Disclaimer:
The views expressed in What's New in Plett are not necessarily those of the Editors or Staff of What's New in Plett.

BETREKKING IN REGS-PRAKTYK

Aansoeke word ingewag om die betrekking van 'n Administratiewe Klerk in die Akte-afdeling van 'n Regs-praktyk te Plettenbergbaai. Die geskikte kandidaat moet goed tweetalig wees, praktiese ondervinding hê ten opsigte van liasering, hantering van pos/fakse/e-posse in alle afdelings van die praktyk.

Goeie mense-verhoudinge is van grootste belang, asook akkurate werkslewering, en moet onder druk kan werk.

Voorsien asseblief volledige CV en getuigskrifte aan:

jordaanatt@mweb.co.za

Of Posbus 57, PLETTENBERGBAAI, 6600

voor of op 28 Februarie 2020

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Stay Safe while on holiday:

We encourage visitors at B/B's and Guest Houses to observe reasonable safety precautions while on holiday.

On arrival at your Holiday destination, don't leave your bags, cell phones, briefcases, clothing or other valuables that is visible, inside the vehicle. Take all your belongings with you.

Lock all valuables in the boot of your car or behind the seat if it is a bakkie.

Do not leave your belongings unsupervised on the beach.

Never swim alone on a deserted beach or walk alone in deserted areas or bushes.

Close all windows and lock all doors and security gates when leaving your holiday accommodation.

Thieves target car parks. Always park your car in attended parking lots.

Be constantly on the look-out for suspicious-looking characters.

GET IN SHAPE, Lose weight, have fun.
ZUMBA FITNESS, Merle 0815805520

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Enquiries/Navrae: Cell 0834792037 Pastor
Sam Fortuin

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Sunday: 8am - 10:30am & 3pm - 4pm

Carol 082 802 6127

Office: 044 532 7652

CLINICAL PSYCHOLOGIST Dr. Ilza
Botha. Tel: (Knysna) 044-382 3518/cell: 076 116 1132.

ADDO BREAKAWAYS -
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044-533 2530

Safety and security don't just happen, they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens of our society, a life free of violence and fear - Nelson Mandela
Child Welfare Plettenberg Bay Tel 044 533 2257

TIPS to Avoid Being a Victim of Cash Robberies

If you need to pay accounts consider options that are lower risk instead of withdrawing large Sums of money. Apply the following tips
Carry as little cash as possible
Consider the convenience of paying your accounts electronically (consult your bank to find
Out about other available options)
Consider making use of cell phone banking or internet transfer or ATMs to do your banking.



SOMETIMES MISS THE WHAT'S NEW?

Don't be sad... We're also on the Web.
www.helloplett.co.za Read the whole publication on your computer.

WHAT'S NEW IN PLETT - 13 FEBRUARY 2020
www.helloplett.co.za



Sunday Services: 09h00 & 18h30

Address: End of Bowtie Drive

Tel: 044 533 5035

www.plettcommunitychurch.co.za

Children's Church and Toddlers facility available

Advancing the Kingdom by raising up Disciple Makers



On the weekend of the 21-23 February 2020, Plettenberg Bay Sea Scouts Group and 1st Knysna Sea Scouts will be heading to the Eastern Cape to take part in the **Kontiki**

(Raft Building Competition)

BUT WE NEED YOUR HELP...

We are urgently looking for more blue drums as we are aiming to send approximately 17-20 scouts from our group (4 teams) and 2 teams from Knysna Sea Scouts...

This is a great opportunity for our scouts to meet other scouts and have FUN, so if you are able to assist, *PLEASE LET US KNOW...*

We would like to once again thank Offshore Adventures for donating our drums last year ... If you would like to know more about our group, email

plettseascouts@gmail.com
or speak to our Scout Group Scout Leader
on 081 724 5366

St Thomas Methodist Church

1 Muller Street (off Marine Drive) Telephone 044 5333430
Website www.plettmethodist.co.za Minister: Rev Timothy Rist

Sunday Services

Communion Service 08h00

Worship Service 09h30 (Communion on 1st Sunday each month)

Youth Church & Children's Church 09h30 (except during school holidays)
'Shaping Tomorrow Today'

www.helloplett.co.za

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116 Longships Dr, Plett

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is asking for your kind donations of rice, soup, bread, vegetables for ± 150 children in 11650 Pine Trees. Thank you and God bless you, please contact Lizzy : 064 089 7011 or Sheila : 083 543 1142



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ROTARY ANNS thank all who knitted for our blankets. Please keep knitting and deliver to Joy at 36 Thulana Hill just leave with gateman. Thank you



NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open.

If problems with above cell number try the below:

Deon Truter 082 569 5542

Marc Rodger 082 780 6427

Steff Le Roux 082 440 0932

Rob Gibson 083 277 0992

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MERC BENZ 2000 E204 MODEL good condition. New tyres in front licenced for 2020 silver R5900. call 074 1036 730

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for two hours a week to teach young people to sew, knit or crochet.
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please call PAWS on 083 287 9917

INTERNATIONAL TAI CHI SOCIETY
PLETTENBERG BAY daily Tai chi training
Mon-Fri Jennie 072 128 7424

Pssst! Mungo Sale coming soon.
Save the date: 28 Feb - 2 March

FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships.
Also for depression abuse, trauma, parenting and grief.
Please call 044 533 0515.

I AM LOOKING for a plumbing job very good exp phone 065 703 8663

MARIA IS LOKING FOR domestic work for 3 days Tue, Wed, Friday 078 416 5017

DEFY REPAIRS to stoves, washing machines, dishwashers, tumble driers & microwaves. Prompt service + Guaranteed repairs. Call Jon CX Appliance Plett 0721493351

DOLLS DRESSES COMPATIBLE to fit Barbi and fashion dolls @ Harkerville Market @ Stall No.57 Saturdays 8h00-12h00

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WHAT'S NEW IN PLETT - 13 FEBRUARY 2020
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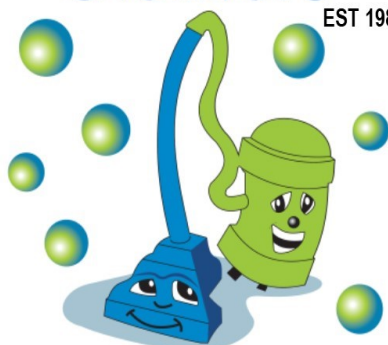
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Fortunately, as adults we have acquired tools to understand and regulate these fears. These tools however are not developed in adulthood. At 4 months, babies can already distinguish between different emotions; and at age 5, children become aware that emotions, such as fear, can be regulated. But how is your child regulating fear? And how can you help?

You can begin by talking to them about fear. This is important, as your child will feel supported and safe. Ideally, fear should be acknowledged, regulated and released. Talking about fear in this way also gives you the opportunity to determine how serious or concerning their fear is - only fears that persist or interfere with a child's life should be considered abnormal.

Typical fears according to developmental stages:

Toddlers: separation, noises, falling, animals and insects, using the potty, bathing and bedtime.

Pre-school children: fear of animals and insects, monsters and ghosts, getting lost, divorce, loss of a parent, and bedtime.

Primary school children: separation, noises, falling, new situations (especially starting school) and bedtime in younger children; social rejection, war, new situations, and burglars in older children.

Adolescents: burglars, new situations (going to college, etc.), war, divorce, and sexual relations. You can support your child by respecting and listening to their feelings and fears. Allow them to describe and explain the fear, without judging or disregarding their

experience.

Teach your children how to deal with fear - start off by acknowledging it. Regardless of what they are afraid of and why, to them it is real. Emphasise that it's not wrong to be afraid or fearful. In an appropriate context, explain to your children how you as an adult can relate to feeling unsure, scared or fearful.

Understand the fear - fear is ultimately a way or need to protect yourself from a potential risk, and an attempt to take care of yourself. Fear tells you that something doesn't feel or isn't right.

Try not to be overprotective by allowing your child to avoid all of the things that they are afraid of. And try not to overreact - this might reinforce and worsen the fear.

However, avoid forcing your child to face their fears - a hidden threat may still be present. Determine the level or seriousness of the fear. If your child's fear is persistent,

influences their functioning, elicits concerning behaviour such as bedwetting/soiling, avoidance, panic, recurring nightmares, to name a few - ask for help.

Be aware of potential risks and sources of fear in and around your home, school and social environments. Do as much as you can to provide your child with a safe and comfortable space wherever they may be. They deserve it.

For further support with your child's experience of fear and/or other behavioural concerns, contact Erika Revington, Educational Psychologist (HPCSA Reg No: PS0130451), Plettenberg Bay, 076 225 2204 / erikarevington@gmail.com

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24-27 Feb. Personal growth Self-Esteem and Boundaries R560

2-5 March. Family Foundation 1: Active Listening Skills R560

16-19 March. Family Foundation 2: Advanced Active Listening Skills R560

7-8 April. Anger, Conflict Management and Assertiveness R320

Should you wish to be part of the Volunteer Trainee FAMSA Counselling Team please register with the Counselling Skills Development Group through the office. No extra fee.

22 April. Addictions R180

6-7 May. Intimate relationships - Marriage & Divorce R320

19-21 May. Parenting Skills (Equipping for Life) R480

10 June. Trauma R180

22 July. Gerda Marx (NPA) on Sexual Offences Act 08h30 - 11h00

11h30-13h30 Human Trafficking R180

23 July. Supporting victims and families of sexual assault R180

4-6 Aug. Dealing with Grief R480

19 Aug. Intimate Partner Violence R180

2 Sept. Child Abuse R180

16 Sept. Depression + Suicide R180

7 Oct. Mental Health R180

Dates, times & venue subject to change - please check and book for training workshops 3 days in advance for the training taking place.

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12 Feb - Knysna. Understanding & managing stress (CPD pending)
24-27 Feb - Knysna. Personal growth self-esteem & boundaries (CPD pending)
2-5 Mar - Knysna. Family foundation
1: Active listening skills
16-19 Mar - Knysna. Family foundation
2: Advanced active listening skills
7-8 Apr - Knysna. Anger, conflict management & assertiveness
22 Apr - Plett. Addictions
6-7 May - Knysna. Intimate relationships - Marriage & Divorce
19-21 May - Plett. Parenting skills (Equipping for life)
10 Jun - Knysna. Trauma
22 Jul - Knysna. Gerda Marx (NPA) on Sexual offences Act 08:30 - 11:00
11:30 - 13:30 Human trafficking
23 Jul - Plett. Supporting victims and families of sexual assault
4-6 Aug - Knysna. Dealing with grief
19 Aug - Plett. Intimate partner violence
2 Sept - Knysna. Child abuse
16 Sept - Knysna. Depression & suicide
7 Oct - Knysna. Mental health

This training is for those who are interested in potentially becoming voluntary FAMSA lay counsellors or for personal growth.

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Arne Adler

14 February
Lilitha Ngwalangwala

15 February
Jody Marais
Arabella van der Merwe
Kim Greybe Boyd

16 February
Willie Gouws

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Join The Plettenberg and Carrol Boyes for a zany Leap Day Mad Hatter's High Tea

29 February comes around only once every four years, which makes it a day worthy of recognition. It's time to make the general nuttiness that is Leap Day even zanier with the Mad Hatter's Leap Year Tea Party at The Plettenberg in association with Carrol Boyes.

This wonderfully (and deliberately) bonkers affair is like something straight out of Alice in Wonderland. There's a Mad Hatter dress theme, of course, with prizes for the smallest, largest and maddest hats – so start designing your headwear now! Tables will be adorned with beaded traditional African craft sculptures by Monkeybiz, Carrol Boyes' charity beneficiary. After a refreshing welcome drink, high tea will be served and guests will get to play some fabulous outdoor party games, like hat throwing (unless you prefer to hold on to yours!), pin the Cheshire Cat Smile and Queen of Cards Flamingo Croquet (no flamingos will be harmed during this event!). There are prizes to be won, so be ready to put your best foot forward.

The Plettenberg's high teas are scrumptious, generous affairs and this chocolate-themed repast, which includes luxurious Carrol Boyes chocolates, will be

no different – keep coming back for more at our goodies-laden tables! Each guest will go home with a surprise gift, rounding off a Leap Day to remember.

The fabulous day of organised mayhem priced at R295 per person will kick off at 1.30pm for 2pm and will be held in the Garden Room– the Red Queen herself would have approved! You won't lose your head at the Leap Day Mad Hatter's High Tea, but you will have a rollicking good time

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APPLES OF GOLD

A word fitly spoken is like APPLES OF GOLD in a setting of silver-Proverbs 25v11

We constantly make decisions -some are straightforward, but others are life-changing.

Unfortunately our feelings and emotions can cloud our judgement with 'if I think it will make me happy it must be right'. Committed Christians seek God's Will because they realise wrong decisions have consequences not only in this life, but also for eternity. The Bible tells us how we can know His Will.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will- *Romans 12v2*.

The original Greek word translated 'transformed' in our Bibles is 'metamorphoo' from which we get the word metamorphosis which describes the amazing and irreversible process by which a caterpillar changes into a pupa and then into a beautiful butterfly. Similarly for us to be transformed we have to renew our minds from being only concerned with the 'here and now' which has 'me' as its focus to a God centred eternal perspective with Jesus Christ as Lord of our lives.

But practically how do we renew our minds? This verse is written to Christians who though they are spiritually alive still have their minds, attitudes and emotions influenced by this secular world of materialism, humanism and celebrity worship. Only by a conscious desire to permanently reject the superficial and temporary nature of this world's moral and value system and replace it with a mind-set based on Biblical values can we be transformed and thus know God's Will. If we are constantly and prayerfully being saturated with God's Word by reading and studying the Bible our minds will be renewed and we will automatically have a Godly influenced common sense and a Godly sensitised conscience and thus

make good decisions. However there are times when we need extra special guidance and 'metamorphosed' believers will have God's Will revealed in some or all of the following ways- through a passage of scripture they are reading prayerfully, sometimes when the Holy Spirit prompts us by bringing Scripture verses to our remembrance at the appropriate moment, sometimes the Holy Spirit gives us peace as we continue in a certain direction and sometimes God uses spiritually mature and wise Christians to give guidance. Part of being 'metamorphosed' is to have a teachable and humble spirit which listens and obeys even though the message is not what we want to hear. Never forget we must always test and approve what we are convinced is God's Will by ensuring it is not in conflict with Biblical teaching. One aspect of God's Will that is never in doubt though is His desire for a spiritual awakening in our community and throughout the world.

He wants all people to be saved and to come to a knowledge of the truth

-1 Timothy 2v4

God Bless. Graeme Greenwood

Ian Michler fundraising talk for EDEN TO ADDO

The Anthropocene

Ian Michler of the award winning feature documentary Blood Lions will be giving a talk at the Lagoon Room, Beacon Island Hotel. LAGOON ROOM, BEACON ISLAND on the 19th February 2020

at 7pm doors open at 6pm

Tickets R150 from Barney Barnard, Market Square Info tel 044 533 3219

The Anthropocene is the new epoch in which WE live. Michler a highly regarded investigative journalist, will explain in detail what is happening to our planet and despite the obvious need for transformation, we seem unable to react. You are urged to attend this highly topical and thought-provoking talk.

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On the weekend of the 21-23 February 2020, Plettenberg Bay Sea Scouts Group and 1st Knysna Sea Scouts will be heading to the Eastern Cape to take part in the **Kontiki**

(Raft Building Competition)

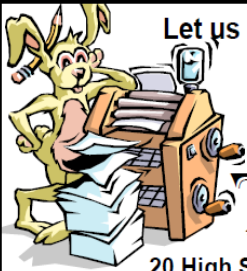
BUT WE NEED YOUR HELP...

We are urgently looking for more blue drums as we are aiming to send approximately 17-20 scouts from our group (4 teams) and 2 teams from Knysna Sea Scouts...

This is a great opportunity for our scouts to meet other scouts and have FUN, so if you are able to assist, **PLEASE LET US KNOW...**

We would like to once again thank Offshore Adventures for donating our drums last year ... If you would like to know more about our group, email plettseascouts@gmail.com or speak to our Scout Group Scout Leader on 081 724 5366

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Western Cape Government Media Release

Love yourself FIRST this Valentine's Day.
Cupid is doing his rounds in the Garden Route, and couples all around are celebrating their love on the 14th. Make yourself a priority this Valentine's Day. Be the best partner you can be – a healthy one! Go for that STI test that you have been putting off, book that medical male circumcision(men) and stock up on condoms available free of charge from your local clinic, hospital and many public areas.
Sexually Transmitted Illnesses (STI's)

These are infections passed from one person to another through unprotected sex or genital contact. If you have an unexplained itch in your genital area, warts, a rash, sores or blister visit a health care worker.

Condoms

Male and female condoms are available free of charge from your local clinic or hospital as well as many public areas. The Garden Route District distributed almost 9 million male condoms between April 2018 and December 2019. What is your reason again for not using one?

HIV

You should know your HIV status and get tested regularly if you have more than one sexual partner. HIV knows no barriers of race, religion, gender, economic status and even age. Testing is free at the local clinic and can also be done at most general practitioners and often at pharmacies too. The Garden Route had 23 009 patients on antiretroviral (ART) treatment by December 2018 and 24 254 patient on ART as of December 2019.

Medical Male Circumcision

Medical Male Circumcision is the complete removal of the foreskin. The head of the penis is exposed.

Benefits:

It reduces the risk of HIV infection
It is one of the best methods to reduce your risk of sexually transmitted infections such as syphilis, etc.. It eliminates bruising and tearing during sex which means less risk of STI's and diseases. It is easier to keep the penis clean. Garden Route District

performed 1967 MMC's in 2019. We actively campaign for this and remind men that this service is free of charge. Contact your nearest clinic to make a booking.

Mental Health

Mental Health is just as important as physical health. Mental Health is a term used to describe a person's emotional wellness and their ability to enjoy life. It is more than just the absence of illness. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others and make choices. Positive mental health allows you to connect

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www.parkrun.co.za/harkerville to register.

meaningfully with others, cope with the stresses of life, work productively and realize your full potential. Mental health is important at every stage in life, from conception right through to end of life. Speak to your partner, a trusted friend or family member should you need to discuss your feelings. You can also visit your local clinic where, if referred, you will see a mental health nurse who will assist you.

Plettenberg Bay Miniature Railway Society



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PANTS Rule

- P** - Private parts are private!
Nobody is allowed to touch or see them!
- A** - Always remember, **your body is yours and only yours!**
- N** - **NO means no**, don't give in to pressure
- T** - There are no secrets from Mommy.
If anyone tries anything
Always tell Mommy!
- S** - **Say something** so I can do something about it!

FAMSA provides support & counselling in a safe environment for folk experiencing challenges with relationships. Also for depression abuse, trauma, parenting and grief.
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MARIA IS LOKING FOR domestic work for 3 days Tue, Wed, Friday 078 416 5017

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Letter via the Editor

Disabled Parkings – disregard for the needs of the Differently-Abled and lack of monitoring by the Traffic Department.



After continual reminders regarding the procedure to be followed should a person require either a temporary or permanent Disable Sticker, those who are Differently-Abled have been well informed and are, I am sure obtaining their stickers as laid down by the law.

However, the lack of consideration for those who are permitted to utilise the limited parkings that are available is, to say the least, shocking in the extreme.

My volunteers have identified at least 4 centrally located and one on Lookout Beach that are constantly being taken up by those who are NOT in need of them.

I am currently awaiting feedback and times for a meeting with the Heads of the Traffic Department, not only regarding the lack of supervision of the Disable Parking bays accompanied by heavy fines but also how to make the obtaining of Disable Stickers less stressful. Should you have been following

the articles regarding the Differently-Abled and how we are trying to organise not only accessibility but also integration into society by way of sports and more you will know that it is an ongoing mission.

Being "Differently-Abled" means just that, you may be restricted in some way from functioning perfectly but are brilliant in other aspects and need to be treated the same as everyone else. Do not be too complacent, the law of averages decrees that somehow, in some way, it is going to happen to YOU – WITHIN SECONDS, and you will need those same facilities that we are trying so hard to make accessible for all. So, next time you think you are just going to "run in quickly it will not matter" think again, it DOES MATTER.

Rita Hardaker - ritav@global.co.za
Differently-Abled Awareness Campaign.

WORK WANTED

The following people are all looking for work, let's support where we can:



HELLEN is looking for job as a cleaner or domestic work for 3 days call 065 2544 619

QUEEN is looking for job as a domestic work, baby sitter call 083 5982 849

SEBASTIAN is looking for job as a gardener call 063 924 7438

TAMALA is looking for job as a domestic work or baby sitter call 063 544 3625

MATSHOBA is looking for job as a driver with code 10 licence and G4S Security call 063 283 1422

GLORIA is looking for housekeeping with exp 3yrs call 073 334 9457

CHRISTINA is looking for housekeeping job ref avail call 078 934 274

NOZIPHO is looking for housekeeping job call 071 5015537 / 071 047 0099

SUZANE is looking for job call 063 856 978

PETRENCE is looking for domestic work with exp call 078 9754 542

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KAREN is looking for cooking job call 062 737 4490

LOVENESS is looking for housekeeping for 5 days call 073 181 2813

EDSON is looking for gardening job for 3 days call 073 181 2813

EDITH is looking for permanent or temporally 3 days in a wk as a domestic work well trained at Bitou Centre ref and Cert avail call 073 511 2899

TARIRO is looking for housekeeping job call 076 413 06760

MARCY is looking for job as a housecleaner baby sitter call 073 901 9229 / 071 087 5782

GRACE is looking for 4 days domestic work with exp ref avail call 071 087 5782

HENRY is looking for job as a painter or gardener with exp call 073 901 9229

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WYFORD is looking for job as a gardener with 3yrs exp call 073 9019 229

DAFRESS is looking for job as a domestic work for 5 days with 3yrs exp call 073 9019 229 / 071 087 5782

ESTER Malawian lady is looking for domestic work with exp ref avail call 064 451 0381

PATRICIA Malawian lady is looking for domestic work ref avail call 064 451 0381

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NSRI

CALL OUT PROCEDURES TO CONTACT SEA RESCUE

Phone the NSRI emergency tel number **082 990 5975**

give the the following info:

1. Your name and telephone number.
2. Your Position
3. Position of casualty.
4. Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open.

If problems with above cell number try the below:

Deon Truter 082 569 5542

Marc Rodger 082 780 6427

Steff Le Roux 082 440 0932

Rob Gibson 083 277 0992

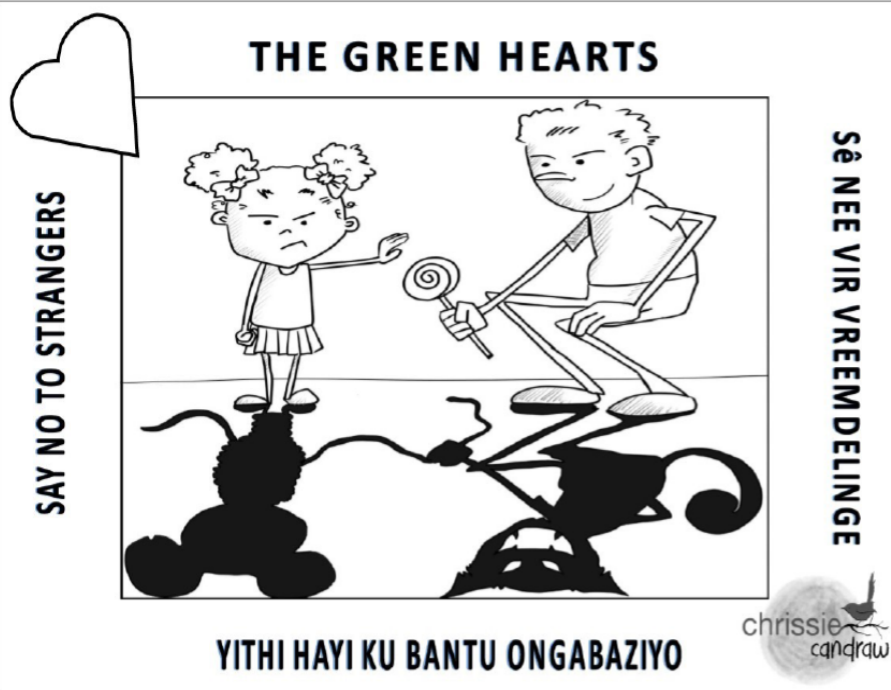


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Differently-Abled Awareness Campaign.

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is the third largest National Park
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that roam there,
it is an absolute treat for nature lovers.

MORNING GAME DRIVE

*Collection from Guest House in Summer-
Strand P.E between 06h00 - 06h30*

Duration of Game Drive 07h00 - 12h00
We enter the Park through the Addo
Colchester Gate, Camp Matyholweni.
The first few hours are good to see ante-
lope, zebra and some of the cats. Between
09h00 and 09h30 we serve a delicious
continental breakfast in the picnic area.
Usually one has good sightings
of elephants and buffalo after 10h00
nearer the waterholes. We return to the
Gate around 12h00 and then back to the
Guest House. *Refreshments are available
throughout the drive.*

AFTERNOON GAME DRIVE

*Collection from Guest House in Summer-
Strand P.E between 13h00 - 13h30*

Duration of Game Drive 14h00 - 18h00
We enter the Park through the Addo
Colchester Gate, Camp Matyholweni.
The early afternoon is good for elephant
and buffalo sightings, near the water holes,
as well as some antelope and zebra. We
stop mid-afternoon at a disembarkment
point or picnic area for teas, coffee,
refreshments, scones and snacks. The
latter part of the afternoon is usually good
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BITOU MUNICIPALITY



APPLICATION FOR REZONING AND PERMANENT DEPARTURES: ERF 2976, 3 TOPLIS STREET, PLETTENBERG BAY, BITOU MUNICIPALITY

APPLICANT: Ms Nicolette Gericke, G2 Planning,
nicolettegericke9@gmail.com / 071 297 3603.
OWNER: Jones Louis Martin.

Notice is hereby given that Bitou Municipality has received the following applications in terms of Section 15(2)(a) and (b) of Bitou Municipality By-law on Municipal Land Use Planning (2015) for the following:

1. Rezoning from 'Single Residential Zone' to 'General Residential Zone' to allow a block of flats consisting of four (4) units;
2. Permanent departure to relax the eastern and rear building lines from 4.5m to 1.5m;
3. Permanent departure to relax the southern lateral lines from 4.5m to 3m.

A copy of the application and supporting documentation is available for viewing at the Municipal Town Planning Office (Melville's Corner Shopping Centre, Unit 50, Cnr Main & Strand Street, Plettenberg Bay) during normal office hours. Enquiries may be directed to the Municipal Town Planner, Mr. Marius Buskes at 044 501 3436/ mbuskes@plett.gov.za.

Any comments/ objections to the application, with reasons therefor, must be lodged in writing to the abovementioned official, or be hand-delivered at the abovementioned office, within 30 days of the date of this notice, and must include the name and contact details of the person concerned. Comments/ objections received after 30 days may be disregarded. A person who cannot write may visit the Town Planning Office, where a staff member will assist to transcribe their comment.

Adv. LMR Ngoqo
Municipal Manager

Notice number 394/2019

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barryricketts48@hotmail.com



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DANIEL is looking for job as a gardener, painting, welding call 078 1045 981

MARIA is looking for job Tues, Wed, Fri call 078 4165 017

INNOCENT is looking for job as a gardener and housekeeper call 064 061 6054

EDWARD is looking for job as a gardener, painting call 064 3595 263

GLORIA is looking for work as a housekeeper call 073 3349 457 / 083 3317 176

SIPHIWO is looking for work with drivers licence, security cert and fire arm cert call 063 555 0476 / 083 363 8215

ENIFA is looking for job as a house cleaner call 062 4892 935 / 084 475 2124 for ref call 064 661 3694

FORTUNE Malawian is looking for 2 days work as a gardener with exp call 073 691 0862

GRENA Malawian lady is looking for job call 060 3355 296

LWANJA is looking for job as a driver call 076 8481 569

WILSON is looking for domestic work call 078 412 9261

FORTUNE is looking for gardening job for 2

days call 073 691 0862

SARAH is looking for housekeeping work with 4 yrs exp call 060 4002 703/ 060 396 4072

WILLIAM is looking for job as a gardener 3yrs exp plus irrigation system call 063 0197 253

ALICE is looking for job as a housekeeper with exp in baby sitting call 063 416 567

JOHN is looking for work call 078 380 9352

REJOICE is looking for job as a baby sitter ref avail call 065 6865 148

MOREEN is looking for job as a housecleaner with exp call 071 068 9855

MARIA is looking for job Tue-Thus, Friday call 078 416 5017

WITNESS is looking for domestic work for 3 days Min, Tues, Thus with ref call 071 7816 286

ZIGGY is looking for job as general admin clerk with exp call 073 2256 558

HUMPHREY is looking for chainsaw operator with exp in cutting firewood call 082 0072 381 / 078 8535 465

WILSON is looking for driving job with exp and housekeeping call 073 3809 200



DONATE AND SUPPORT THOSE IN NEED

Are you *Clearing Out*, *Moving*, *Emigrating*, or just *Downsizing*? Do you want to donate your gently used unwanted kitchenware, appliances, bedding, clothing and furniture to a worthy cause? We will collect or you can drop them at the Hospice Plett Charity Shop in Crescent Street (below Shoprite car park). Contact our office on 044 533 5616 or email info@plettaid.org or Lynn on 072 783 8307 for further details.

Help us to provide holistic palliative care to more patients who, together with their families, are facing life-limiting illness.

MEFFA is looking for job as a domestic work baby sitter ref call 078 301 6776

MOLISA is looking for housekeeping or baby sitting job with exp and ref call 061 183 8717

GOODSON is looking for painting job or gardening call 078 657 6205

MOLINE Zimbabwean lady is looking for housekeeping or baby sitter ref avail call 074 939 775

THANDEKA is looking for domestic work call 072 519 7978 ref avail

ENIFA is looking for job as a housekeeper or call 062 489 2935 ref avail 064 661 3694

JANE is looking for job as a cleaner call 078 279 2058

LINDA is looking for job as a domestic work or baby sitter call 063 924 7438

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2.5 bathrooms

2 garages

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Web ref: 3767706

3 bedrooms

2 bathrooms

2 garages

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SHOWHOUSE OF THE WEEK

10 Serendipity, R 3.75mil, 15th & 16th February 2020, 4 - 5 pm, Only a very short stroll to Plett's golden beaches you will find this comfortable family home in a quiet cul-de-sac. **Susan 072 968 0779**

13 Serendipity, R 4.5mil, 13th & 14th February 2020, 4 - 5 pm, Situated in a cul-de-sac, this home is the perfect lock up and go and just a short stroll to Plett's famous beaches. **Susan 072 968 0779**

10711 Whale Rock Verde, R 6.95mil, 13th February 2020, 4 - 5pm, This is a truly beautiful home with fabulous views across natural Fynbos towards the iconic Robberg Nature Reserve. **Connie 083 353 5971**

11 Skerry Vore, R 2.5mil, 14th & 17th February 2020, 4 - 5pm, Situated in the sought-after Seaside Longships area, this delightfully spacious 3-bedroom, 2-bathroom home is in pristine condition and in a great location. **Connie 083 353 5971**

26 Pachena Place, R 1.75mil, 13th & 18th February 2020, 3 - 4pm, Situated in the most sought after suburb in Plettenberg Bay, this beautiful unit also has the best position available in the complex, on the North West corner. **Greg 073 767 6892**

30 Hill Street, Keurbooms, R5.7mil, 13th, 14th & 15th February 2020, 3 - 4 pm, This special property is new on the market, in the center of the Keurbooms beach village. **Dirk 082 814 4508**

31 Strand Street, Keurbooms, R4.85mil, 13th, 14th & 15th February 2020, 3 - 4 pm, This corner stand property is newly listed in Keurbooms. It is a medium-size house on a 634 m2 corner stand. **Dirk 082 814 4508**

33 Main Street, Keurbooms, R5.45mil, 13th February 2020, 3 - 4 pm, This property is well allocated in the center village of Keurboomstrand. This Colonial style property is a double story house. **Elize 072 119 3710**

10 Read Street, Keurbooms, R3.98mil, 14th & 15th February 2020, 3 - 4 pm, You will love the stunning views over the ocean and Robberg from this double storey face brick home nestled in the heart of the ever-popular Keurbooms Beach. **Elize 072 119 3710**

9394 Whale Rock Hill, R 6.2mil, 13th & 14th February 2020, 3 - 4 pm, This magnificent home in the private and gated estate of Whale Rock Hill offers the very best of upmarket Plett living along with endless views across the bay, quality, top-end finishes and security. **Hannetjie 072 185 4487**

4239 River Club, R 4.5mil, 14th & 16th February 2020, 4 - 5 pm, A dream come true! This charming double-story home is situated on the riverfront with beautiful views of the river and mountainside and the beach in the distance. **Carol 083 300 1121**

53 Eddystone Drive, R 3.65mil, 14th February 2020, 12 - 1 pm, This light and bright North-facing home is in a very popular street in Plett. **Carol 083 300 1121**

Tel: 044 533 0311

Fax: 044 533 0339

Email plett@seeff.com