WHAT'S NEW IN PLETT 19 JUNE 2025

HelenMelon

PROPERTIES PLETT'S EXCLUSIVE BOUTIQUE AGENCY

SEASIDE LONGSHIPS. Magnificent five bedroomed home with spectacular views of breaking waves, the ocean and Robberg Peninsula. 5 Bedrooms (5 en-suite); 5.5 Bathrooms; Open plan kitchen/TV room; Scullery/laundry; Living room; Dining room; Patio with built in braai; Infinity pool; 4 Garages; Flat bedroom, bathroom, kitchenette/living room. **R19 500 000.00. Web Ref: 115901650**

GRACIOUS RESIDENCE. This unique property offers gracious living in a secure lifestyle estate, and is the ultimate in country living, yet minutes from the town centre. This property offers sweeping views flowing from entrance hall to lush gardens with dam, home to an abundance of bird life.

4 bedroomed house plus 3 bedroomed cottage. **R17 500 000.00. Web Ref. 115206502**

LOWER ROBBERG. Elevated, stylish home with gorgeous sea and Robberg peninsula views. 4 bedrooms (all en-suite) 4 bathrooms; Open plan living/dining/kitchen. Patio; Built in braai; Double garage. Pool and garden. **R7 750 000.00. Web Ref: 115206380.**

CUTTY SARK. Well-presented double storey north facing home with sea views. Entrance hall; Open plan living/ dining/ kitchen; Scullery/laundry; 6 Bedrooms (3 en suite); 5 Bathrooms; Study; Covered patio; Double garage; Low maintenance garden. R8 250 000.00. Web Ref: 115604102

UPPER ROBBERG. Beautifully presented north-facing home with sea views set on one level with tasteful and contemporary finishes throughout. Open plan living/dining/kitchen; Scullery; Laundry; 5 Bedrooms (2 en-suite); 3.5 Bathroom; Covered patio; Built in Braai; Single garage; Pool. **R5 500 000.00. Web Ref: 116072964**

PLETTENBERG MANOR. Seldom do properties in Plettenberg Bay's most exclusive and highly sought after retirement village, come onto the market. Set over one level, this beautifully appointed north facing unit with solar and a 3kva inverter, comprises two bedrooms (m.e.s), 2 bathrooms, open plan living/dining/kitchen, scullery, study, enclosed covered patio, laundry, and single garage. **R4 725 000.00. Web Ref: 115943135**

SCHOONGEZICHT. Don't miss out on one of the last remaining stands in this highly sought after security estate. This 2059m² stand, with sea views is surrounded by indigenous fynbos. Bordering a green belt on its northern boundary it offers privacy, tranquillity, and a unique opportunity to design a north-facing home that captures sea views. **R1 900 000.00 Web Ref: 115869243**

WHALE ROCK. Luxurious home with breathtaking sea views in walking distance to the boardwalk. 6 Bedrooms (all en-suite); 6.5 Bathrooms; Study; Open plan living/dining/kitchen/braai area; cullery/laundry; TV/playroom; Covered patio; Swimming Pool; 3 Garages; Solar and inverter; Water storage. R13 850 000.00. Web Ref: 115790094.

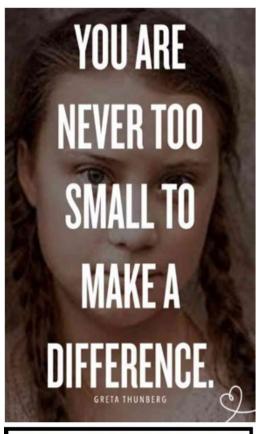
SCHOONGEZICHT. This prime, elevated vacant stand is not to be missed. 2080m² in extent the property overlooks a greenbelt which guarantees uninterrupted views of fynbos as well as sea views. R1 950 000.00. Web Ref: 116020378

WHALE ROCK. Newly built home with stunning views. Open plan lounge/dining /kitchen/TV; Scullery/Laundry; 4 Bedrooms (all en-suite); 4.5 Bathrooms; Study; Built-in Braai & swimming pool; Wooden deck with sea views. Double garage. R7 900 000.00. Web Ref: 113325718

WHALE ROCK HEIGHTS. Brand-new contemporary home with fabulous ocean views. Open plan Living/ Dining/ Kitchen; Scullery; 4 Bedrooms; 4 Bathrooms; Laundry; Double Garage; Covered patio; Built in braai; Pool. R8 200 000.00.00.

FURNISHED RENTAL IN LOWER ROBBERG. Available for a six-month rental, this neat and charming one bedroom cottage, is an ideal haven for anyone seeking a cozy home base that is character filled. Pretty ocean views can be enjoyed from a private wooden deck accessed from the living area. Open plan dining/kitchen/living: 1 bedroom: 1 bathroom: Private Deck: Solar. Pay as you go electricity. Water included. No pets. Monthly rental R10 000.00.

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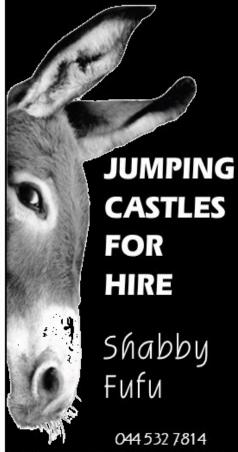
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MAAK 'N VERSKIL!

Elke mens op hierdie aarde is geskape met 'n doel in die lewe. Hetsy dit 'n klein aandeel is of 'n gesogde nalatenskap. Ons is deur God geskape met die opdrag: "Wees vrugbaar, word baie, bewoon die aarde en bewerk dit." (Gen. 1:28). Ons verantwoordelikheid en plig vanuit 'n Christelike oogpunt is dus om te leef dat ons elkeen 'n beduidende verskil maak gedurende ons bestaan hier op aarde. Uit genade is elkeen dus geroepe om as verteenwoordigers en medewerkers in Sy koninkryk te funksioneer waar ookal ons onsself mag bevind.

Dit behels bv. ons selfversorgdheid, liefde vir God en ons naaste, ekologiese verantwoordelikheid teenoor die natuur en diereryk in. Hierdie opdragte en uitdagings kan net geskied met die hulp en leiding vanaf God. Die geldige vraag ontstaan wel hoekom heelwat mense nie daama strewe om wel 'n positiewe verskil in hierdie donker wêreld gedurende hulle leeftyd te maak nie. Sommige voel dalk dat dit die taak en opdrag vir ander mense is en geld nie vir hulle nie, is dalk bang om betrokke te raak, twyfel oor hul eie vermoëns en talente om 'n veskil te kan maak en twyfel of die klein bietjie wat hulle wel kan bied 'n verskil sal maak.

Wanneer jy verkies om positief te wees, nie bang wees om dalk 'n fout te begaan en daaruit leer en voortbou daarop nie, moontlike terugslae in jou lewe te verwerk en staan by die beloftes in die Bybel en in geloof dus strewe om 'n veskil in die lewe te maak. "Maak die beste gebruik van elke geleentheid" (Efesiërs 5:16). Gedurende my daaglikse wandeling in die straat waar ek woon sien ek dikwels 'n bejaarde oom wat skuifel-skuifel vir oefening loop langs die straat. Hy tel elke



stukkie afvalpapier, plastiek, ens. op om dit in die traliehokke vir afvalgoedere te gooi. Hierdie man maak 'n verskil in die lewe hoe klein dit ook al mag wees in ons omgewing. Jou geloof in Christus bepaal ook hoe jy die lewe in al sy veskillende fasette kan hanteer om ook te poog om wel 'n veskil te maak in die lewe. Kol. 3: 23-24 stel dit so: "Wat jy ook al doen, doen dit van harte soos vir die Here en nie vir mense nie..... Christus is die Here in wie se diens julle staan". Jy kan 'n verskil maak!

"What you do, makes a difference, and you have to decide what kind of difference you want to make." (Jane Goodall)
Seenwense. Daan Ludik.

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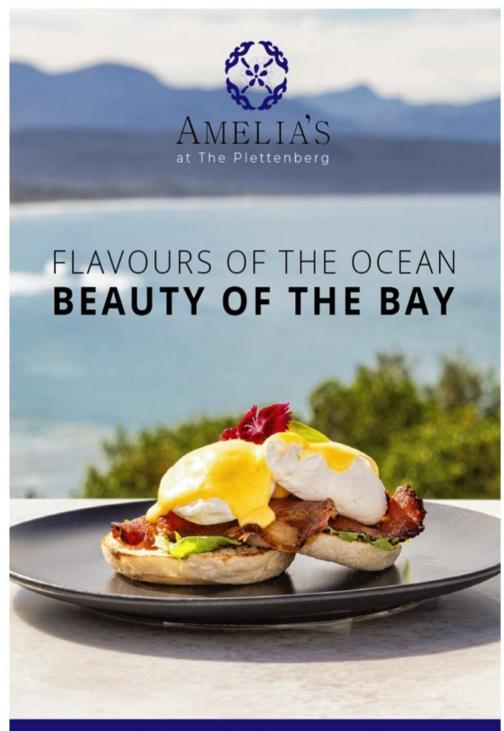
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Plett Shark Spotters

It's that time of year again when we start keeping our eyes peeled ((9) for the arrival of white sharks in Plettenberg Bay! In 2024, our first sighting was in May, with Robberg remains a truly special place (A), one of the few spots where you can witness these apex predators cruising just metres from shore, right alongside the mountain. Recently, four white sharks were tagged along the east coast and eight in Mossel Bay . Shark Spotters are now operating daily from 07:00 to 18:00 at five beaches: Lookout Beach, The Wedge, Central Beach, Robberg 1, and The Wreck, Lifeguards will raise the white shark flag | if a shark has been seen within the past hour.

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The above mentioned organisation is asking for your kind donations of stamp, mielies, bread, soup mix, pasta and veggies for ±150 children in KwaNokuthula. Kindly leave at Print Shop for collection. Thank you. Eng: Theodora Krabie (063 840 7154)

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Strandloper Project

Marine Wildlife Strandings in the Garden

If, while enjoying your time on the beach and shoreline, you encounter a stranded species of marine wildlife, please contact your local Marine Stranding organization. WHAT TO DO IF YOU FIND A TURTLE.

 Do not return it to the ocean. It has stranded as it is either weak, ill, tired or has ingested plastic. 2) Do not place it in a container of water. Turtles are air breathing and can drown if weak and tired. 3) Keep it in a dry, ventilated and room temperature box, preferably placing the turtle on a towel. 4) Contact the turtle rescue number or the local marine stranding organization.

5) Get a location pin WHAT TO DO IF YOU FIND A LIVE

 Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.

Take a location pin to share with the

WHAT TO DO IF YOU FIND A PENGUIN

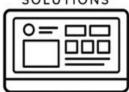
 Do not try and chase it into the water - it is either tired, undernourished or weak and wants to rest. 2) Create a safe zone around it and prevent dogs and crowds from approaching it. 3) Call your local marine stranding organization.

4) Take a location pin to share with the

rescuers. 5) After you have spoken to a marine animal rescuer, and they request you to collect the Penguin, follow their instructions on how to handle it and where to take it. Please be aware that they have extremely sharp beaks and need to be handled with care and cautiously.

WHAT TO DO IF YOU FIND A DOLPHIN

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 Check for any obvious injuries. Report to the local marine stranding organization and provide a detailed report of condition and location. 3) Unless advised by the stranding organization, do not attempt to return the dolphin to the ocean. Keep it cool by placing wet towels over it and wetting the towels about every 10 minutes. 4) Reduce any stress from dogs and crowds.

Plett area

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- Nature of casualty.

Give as much information as possible & stay in position and keep your telephone line open.

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Transforming Lives: FAMSA Knysna/ Plettenberg Bay/Sedgefield Offers Life-Changing Counselling Course for Volunteer Counsellors

For those with the passion to help others and the time to learn, a remarkable opportunity awaits. FAMSA (Families South Africa) Knysna/Plettenberg Bay/Sedgefield, a trusted name in strengthening families and communities, is offering a comprehensive counselling course that equips volunteers with the skills to support individuals through life's most challenging moments. The course, which is both transformative and practical, is open to individuals who are ready to dedicate their time and heart to making a difference. Designed with both theory and hands-on experience, this training prepares participants to become FAMSA volunteer counsellors — capable of providing emotional support, guidance, and practical tools to those in need. We believe that anyone with empathy, commitment, and time can become a powerful force for healing," said Karin, Director of FAMSA Knysna. "This course doesn't just

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teach counselling techniques — it shapes

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compassionate listeners who can help others rebuild their lives."

Participants learn about trauma support, relationship counselling, communication skills, crisis intervention, and more. The program includes supervised practical sessions, group work, and regular feedback, ensuring volunteers are confident and competent by the time they begin their service.

Graduates of the course not only gain invaluable skills but also join a community of dedicated volunteers who are changing lives every day. Whether you're looking to give back, explore a new path, or grow personally, this course is a stepping stone to meaningful impact.

One of our volunteer counsellors says:
We give our clients this safe place
(counselling room), we peel back the layers
to their gold centre and we are witness to
their struggles ... past and in recent years. It
is a privilege to walk a little way with our
clients ... we walk them to a place of healing C

The next intake is open, and FAMSA is encouraging all interested individuals to apply early as spaces are limited. If you have the time to learn and the heart to help, this may be your moment to make a real difference.

For more information or to apply, contact FAMSA at trainingknysna@famsa.org.za or visit our website: https://famsaknysnaplett.org.za/.

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To the WHOLE karate loving community of South Africa I have decided to write these words as a testament to a journey that has spanned ten long years—a journey filled with sacrifice, triumphs, setbacks, and relentless determination. There were many times I found myself wondering: Why were we led down this path? Why did it have to be so hard?

Ibelieve I finally understand the answer.

As I sat quietly, reflecting on all that my son has endured and achieved—the heartbreaks, the long flights, the lonely training sessions, the battles on the tatami and within himself—I felt a wave of emotion rise within me. And in that moment of deep gratitude and pride, one word came to me with clarity:

UNITY.
Tonight I am a very, very proud travel agent, baggage handler, financier, coach, mentor, punch bag and ultimatley father to have received notification earlier today that Galliano has been selected to the Protea Team to represent South Africa in both Kata and Kumite divisions at the UFAK All Africa Continental Championships, taking place in Abuja, Nigeria from 25–27 July 2025. A truly inspiring feat.

This moment is not just a milestone in his karate journey—it is the result of an incredible story of resilience, reinvention, and unwavering determination.

Galliano's journey in karate began on the world stage at just six years old, competing in the ISKA World Championships, where he made history as the first and only South African to win the Grand Champion Trophy at the Night of Champions, broadcast live on ESPN. Over the next few years, he amassed 9 ISKA World Titles and two more Grand Champion trophies, sharing the stage with karate greats like Sandra Sanchez and Anel

Alongside his ISKA success, he competed in 4 WUKF World Championships, winning 3 world titles, 2 silvers, and 3 bronze medals, along with 4 South American titles and 9 golds at the WUKF British Open—all by the age of 12. His MASA Protea Colours were awarded in 2022 for these achievements in Sport Martial Arts. Ironically he was competing in the same divisions as he did on the WUKF and current WKF circuit, which at the end of the day, is all the same karate. There is absolutely no difference.

confessed that he was losing motivation. He had achieved so much—but felt unchallenged. Everything changed when Galliano discovered that karate would be part of the Youth Olympics in Dakar 2026. To qualify, he would need to transition to the WKF (World Karate Federation) circuit. This was a daunting prospect. For years, WKF and KSA (Karate South Africa) were viewed as distant, dictatorial and unapproachable. But with support from WUKF officials, including Roy O'Kane, Fearing rejection from the WUKF fraternity Galliano finally made the leap—ironically the rejection came from the federation he joined, rather than the one he left. Initially representing FULKAM (Italy) due to his dual citizenship, Galliano competed in his first.

dual citizenship, Galliano competed in his first WKF tournament at the Elite Youth League in Fujairah, UAE, in 2023. Despite being a reigning WUKF World Champion, he exited in the first rounds in both kata and kumite. The reality hit hard: this was a different world. This was serious karate competition. A standard never experienced before. What the hell happened?

That moment became a turning point. He knew he had to start from scratch and rebuild himself in the WKE arena.

Over the next two years, Galliano faced isolation while training remotely from St Andrew's College in Grahamstown. His coaches—Michael du Plessis (Egypt), Mirio Mannini (Italy), and Morgan Moss (South África)—were his pillars, guiding him mainly via online sessions through every

challenge, injury, and doubt After a long discussion with karate legend Luca Valdesi following another early exit from the Elite Youth League tournament in Merida, Mexico in late September 2023 when Luca advised Galliano to compete for South Africa rather than Italy he returned home and began competing on the KSA circuit at the beginning of 2024. Despite controversial decisions time after time and mounting injuries during the course of the year including a serious thumb fracture at the Goju Ryu World Championships in Austria which led to him not being able to participate at the Commonwealth Games in late November - Galliano refused to give up and worked even harder than before. The tide turned in 2025. A strong showing at the WKF Youth League in Fujairah saw him reach the third round in kata and fight for a semi-final spot in kumite. He followed it up with a disappointing silver and bronze at the KSA Nationals, before making a

This earned him true Protea Colours—a distinction that reflects the highest level of competitive achievement in South African karate. He solidified his place by winning gold in both kata and kumite at the UFAK Region South Championships, even fighting through a painful quad tear in his kumite bouts. It was evident that he could not move very well but with utter determination and a clever mind he managed to clinch the gold medal.

statement at the Elite League Championships in

Bloemfontein, winning double gold in command-

ing fashion in both kata and kumite. He had

become the undisputed best cadet in South

This journey is not shared to boast, but to inspire. To show that true success in karate is not about quick wins or easy medals—it's about stepping onto the hardest stage, failing, and coming back stronger.

Galliano has walked this path. He has fallen, rebuilt, and risen again. And today, as the #1 cadet in South Africa, he wears the Protea colours

not just with pride—but with the knowledge that he earned them.

We are grateful to all who made this possible— His one and only Sensei Elrie, Coaches Mirio, Michael, and Morgan, as well as the friends and mentors from across the world who never stopped believing in him.

To our WUKF family: thank you for your continued support. If you really want to be a successful karateka and know that you have truly earned your colours and want to wear them with pride you have to compete against the best.

Galliano learnt it the hard way. He came crashing down from his pedestal and slowly built himself up again. Today he can hold his head up very high and knows that the number one ranking is a true ranking making him the best Cadet in South Africa. Believe me, any other colours other than Protea colours issued by the national federation means nothing. Galliano is living proof of that. You can fool yourselves and twist it the way you like. The term "Traditional Karate" is a farce and only a means to try and buck the system. Galliano has competed in both federations and succeeded in both. It is the exact same karate. There is no difference and I challenge anyone to prove us wrong. One only has to Took at the official WUKF web page. It is very clear, it describes itself as a "Sports Karate" federation.

I have worked tirelessly with the KSA President to ensure that we work towards a unified karate community. I took the time to get to know the man and to my surprise have found him to be a very reasonable, intelligent, pleasant and dynamic person whose heart is solely dedicated to his love for karate. This is contrary to the poison that I was fed for many years which has been utter rubbish. Sometimes we must stop judging the book by its cover and take time to read the chapters within. Undoubtably mistakes have been made and this has been acknowledged. We cannot live in the past, we need let go of all the baggage and move forward. We have come a long way from 2023, however, there is still a long way to go. There are amazing ventures on the horizon which all karateka in South Africa should participate in. Watch this space. Together we can definitely be stronger.

We must stop fighting and start talking to each other. Sit around a table and discuss resultions rather than bitter irresolutions. Let's all let go of our egos and humble ourselves to find solutions to what could be the biggest and best karate family in the world. I speak to both sides of the floor. Resolution starts with discussion. We are all wanting the same outcome, the best for all our athletes. I challenge both the KSA and WUKF members to find an amicable solution to this ongoing impasse which only results in bitterness and conflict and at the end if the day the only one that suffers is the athlete.

If there is one thing that has made Galliano's journey worth all the sacrifice it would be to see a united family of karateka in South Africa. He has walked both paths and has loved both. Why can we not walk a united path? Both federations have awesome people with so much to offer. It's time to set aside the egotistical differences and work together. Its time!

To the wider karate community: let this be a reminder that hard work, humility, and courage remain the truest hallmarks of any martial artist. Galliano's walk has matched his talk. And South Africa can be very proud of its chosen athlete. Roberto Boni